

The Care Wear Newsletter

A Quarterly Publication for Care Wear Volunteers, Inc.

June 2000

Greetings to all of the Care Wear volunteers across the country. I hope that you are well. As I write this (May 6th), it feels as if summer has arrived in Maryland.

Lots of information to share with you in this issue. First, for anyone who has a computer and has “bookmarked” patterns on the Care Wear web site, please be advised that the page codes will soon change. Hood College has granted permission for the Care Wear web site to move from a computer in the Computer Science Department to Hood’s main server. The benefit will be that we will be able to post newsletters on the web site. Special thanks to Care Wear’s volunteer web manager, Cory Swire, who spent many hours reformatting the old web site. The transfer of files will take place very soon. Then, Cory will begin work on getting this newsletter on the “new” site. In preparation for this, I have already purchased Adobe 4.0 and will save this newsletter in a “pdf” file and give that file to Cory. Hopefully, he will then be able to add this newsletter and previous newsletters to the site. Keep fingers crossed.

Barbara Brewster has begun a file of your e-mail addresses. As soon as this newsletter is posted on the web site, she will send out a brief message to all. That message will simply announce that the June ’00 newsletter is on the web site. Please let her know if your e-mail address has changed or if you now have one. Her e-mail address is:

bbrewster@lintonshafer.com

For this newsletter issue, I will print and mail out hardcopies to everyone. Of course, the hardcopies will always be available to those who prefer it or do not have a computer. I will

try to do a better job sealing this issue of the newsletter. I may resort to using the heavy duty stapler or wider tape. My apologies if either of these methods makes it more difficult to open a newsletter. But, a number of you did not receive the March ’00 newsletter or received the cover or received a pile of shredded pages!! A few of you sent me the shreds and requested a replacement. WOW! Another alternative is to put the newsletter in an envelope, but that adds to the cost and the time to stuff and seal all 1400 envelopes! I thought about asking a local store for a donation of 1400 envelopes for the newsletter. If successful, maybe more newsletters will arrive in good condition. If not, I will try staples or wider tape.

Regarding Make A Difference Day. We did not win any prize money for our efforts last year. As I read the April 7 issue of *USA Weekend* magazine, I realized that our efforts did not appear as “dramatic” as the award winners. So, I plan to enter again for the coming October, but will focus on burial outfits (gowns, hats, booties, blankets, and any other memory items that hospitals request). I will write a compelling description of the alternatives of burying infants in a diaper or going to a toy store to buy doll’s clothing!!

In preparation for next Make A Difference Day, please stop by your local Wal-Mart and apply for the funding that they have set aside for this annual event. I am not sure when they will begin to accept applications, but I plan to check the Frederick Wal-Mart sometime soon. I believe that you can request fabric, yarn, fiberfill or other supplies to help make the items donated or mailed on the October Make a Difference date. I will not miss this opportunity to get

flannel and other supplies for the local Care Wear group.

From time to time I receive thank you letters addressed to individual Care Wear volunteers. Here is a list of what I have received:

From: Bronx Lebanon Children's Hospital
To Barbara Reiman

From: St. Joseph Hospital (Houston) to:
Joie Haviland Cindy Thomas
Debbie Thomson Therese Honey
Tara Blenderman Denise Stolts
Karen Consijio Paige Merritt

If any of you have not received a copy of these thank you letters, please let me know. I can forward the copy that I received. (These letters did not appear to be copies of letters sent to you.)

FYI: A website that may be of interest is: <http://www.preemieawareness.org>

I sent out almost 40 additional letters requesting donations from manufacturers of fabrics. Well, I am sorry to report that the response has been limited, but I will not be discouraged. I am thankful for all that arrived.

SINCERE THANKS TO:

1. Patricia Whitney, Owner
Willie's Woolen Works

100 Mass Avenue
Lunenburg MA 01462

Patricia is moving to a new location and sent three large cartons of yarn. I have distributed the yarn from one of the cartons and will work next week to sort and send out the remainder.

2. **Butterick Company, Inc.**

After cleaning out their samples and supply cabinets, I received several large cartons of fabrics, including white & pastel fabrics for burial gowns, fake furs, plush fabrics, and cottons for quilts.

A few weeks later another carton of brushed knit fabrics arrived.

With the help of two student workers, I was able to develop and send out "special forms" to all of the volunteers who request donated

supplies. My goal is to update my records and learn all that is needed. As I receive those forms, I have "filed" them in a loose-leaf binder. Those forms were mailed via bulk-rate mail. If you did not receive one or if you would like to receive donated supplies, please let me know and I will send you a copy. I have no idea what will be donated to Care Wear. I cannot guarantee that I will be able to send out all that you need, but I will certainly make an effort to send only what you can use. And, I now know what to ask for when writing to manufacturers!

SINCERE THANKS TO:

Burlington Industries, Inc. for sending four rolls of fabric to Care Wear. Many of you have already received pieces of the white fabric for burial gowns from Burlington. Others have received pieces of the two woven green fabrics for quilts. As I receive the forms back, I will continue to send out these fabrics.

Hospital updates:

Shortly after printing the January 2000 Hospital list, I received a few corrections. Student workers helped me to correct many of the new lists. If we missed yours, here are the two major corrections:

Frederick Memorial Hospital
Attn: Director of Volunteers
400 West Seventh Street
Frederick, MD 21701

Also,

Valley Childrens Hospital
9300 Valley Children's Place
Madera, CA 93638-9762

MY THANKS TO:

Marcus Brothers Textiles, Inc. for another delivery of white on white printed burial gown fabric. The President of the Retail Division wrote that she and others in the company were touched by the effort to provide burial gowns to families of preemies who did not survive.

Notice of needs:

Seton Network Parent Educational Services
Seton Medical Center
Attn: Cricket Chappell, RN, Manager
1201 West 38th Street
Austin, TX 78705-1056
Need: blankets, caps, booties, gowns, etc.

I am delighted to share the information that one of the Care Wear participants (Jean C.) will be teaching knit and crochet to 4H students in Montgomery County, MD. The first projects will be premie hats! What a marvelous project that encourages community service and helps students to learn valuable skills! THANKS TO JEAN!

A Helpful Suggestion:

When inserting ribbon or other ties into booties, take a moment to stitch the ties to the back of the bootie with a needle and thread. Just a few stitches will prevent the ties from pulling out of the booties.

A Request:

When submitting patterns, be sure to check that the pattern has the amount of yarn needed to complete the project and the specific type or ply of yarn needed. Also, the needle or hook size. THANKS.

A Reminder from Care Wear volunteer Bev B:

When donating hats to hospitals, don't forget the cancer patients in chemotherapy. Knitted hats in bright colors can be made for those in chemo who lose their hair. Losing their hair is devastating to most people, especially kids. These caps can be made up of scrap yarn in bright, crayon colors, in all sizes from child to teen to adult. Cancer isn't choosey about who it preys on!

Also, lap robes & shawls to wrap around older patients sitting in wheelchairs are appreciated by hospices and nursing homes. These would be good projects for beginning knitters who need practice getting their stitches even, and they are done in flat square or rectangular pieces.

Additional hospitals revisions:

Goodall Hospital
Attn: Sue Fox, Director of Women's Health
The Women's and Birthing Center
Sanford, ME

Maine Hospital Center
Portland, ME
Needs: Full-term hats, booties, sacque/sweater sets, crib blankets, full-term dresses

Rumford Community Hospital
Rumford, ME
Needs: Full-term hats & sacque/sweater sets

NEW HOSPITALS:

Valley Regional Hospital
Attn: Tamara Simpson, RN, Maternal Child Health
41 Elm Street
Claremont, NH 03743
Needs: Full-term (a few premie) hats, booties, sacque/sweater sets, blankets, quilts.

Parkland Medical Center
Attn: Tamara Simpson, RN, Family Birthing Ctr
1 Parkland Drive
Derry, NH 03038

Care Wear received an e-mail thank-you note from Dawn Andrews, RN, MS, NICU Nurse Manager, Women & Infants Hospital, Providence, Rhode Island. Dawn told me that her hospital has a 60 bed NICU!!! Babies range from one pound to 13 pounds and are on ventilators or in isoletts or cribs. They use blankets to cover their heads from the light and to shelter from noise. Dawn sent thanks for the blankets/quilts that she received from volunteer Jeanne A. Dawn wrote, "Just wanted to thank your group for the wonderful blankets we received. We give them to the babies in our NICU to cover the heads of their beds from the light. They look beautiful in the unit. Thank the entire group for all of their hard work and love that went into them."

Dawn's email address is dandrews@wihri.org

Another Hospital in need:

West Jefferson Medical Center
Attn: Newborn Nursery NICU
(Rachel Rabalais, RN)
1101 Medical Center Blvd
Marrero, LA 70072

Currently need BLANKETS

I received a request from one of the volunteers for a crochet pattern for boys' burial outfits. If anyone has suggestions, please send me a photocopy. THANKS.

Special thanks to Care Wear volunteer Heather Rinkel for her help with knitting questions. I appreciate her time and dedication.

MY THANKS TO:



Coats & Clark

Special thanks to Martha for all of her efforts to help Care Wear.

FYI: A volunteer asked about finding 12" circular knitting needles (cuff needles). Coats & Clark does not distribute 12" circular needles. Their smallest circular needles are 16 inches. For 12, 14, 24, 32, & 47 inch circular needles, contact: **American School of Needlework**
1455 Linda Vista Drive
San Marcos, CA 92069
1-800-379-9627

Their catalogue is quite awesome!! They carry crochet hooks in hardwood, rosewood, gold-tipped, and with easy-grip handles. They carry tatting shuttles in regular steel, bone, and sterling silver!!

A volunteer wrote that she was making burial gowns in pastel colors and was surprised to learn that some hospitals request only white. When the hospital that she contacted saw the pastel gowns that she had made, they decided that pastels were OK. The volunteer suggested that others make "samples" for their local hospitals to review. Maybe those hospitals will also revise their preferences to include pastels.

I know that some of you trim burial gowns in pastel colors. I have seen a few with pink, blue, yellow, etc...ribbons and trims on white gowns. Again, check with the local hospital to learn if they absolutely MUST have all white gowns.

BABY AFGHAN (REVERSIBLE)

Crochet Pattern

About seven (2 ounce) skeins baby yarn
Steel hook D or E

Chain 182—sc in 2nd chain from hook, skip 2, 5 dc in 3rd, skip 2, sc in next, continue across chain ending with sc in last ch. Ch 3, turn.

(R 2) 2 dc in back loop of last sc, then sc in 3rd dc under both loops. 5 dc in next sc in back loop only. Continue across row (always put the 5 dc in the next sc in back loop only) end with 3 dc in last sc, ch 1, turn, (R 3) Make a sc in top of first dc, then 5 dc in next sc and continue in pattern, (end with sc in top of ch 3)—until it looks square or longer.

Make 3 rows of sc around, increasing in corners.

Then make dc, ch 1, skip 1 sc, dc in next to make beading for ribbon insert.

Then, make two rows of sc.

Then, make two rows of pattern.

Weave a length of ribbon through spaces.

Bonnie K. Hagerman
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USEFUL INFORMATION.

Wool Thicknesses	
Australian	American
2 ply	2 ply fingering
3 ply	3 ply fingering
4 ply	4 ply fingering
5 ply	

Knitting needle sizes		
Metric (mm)	Imperial	American
2.0	14	0
2.5	13-12	1
3.0	11	2-3
3.5	10	4
3.75	9	5
4.0	8	6
4.5	7	7
5.0	6	8
5.5	5	9
6.0	4	10
6.5	3	--
7.0	2	10 ½
7.5	1	--

Crochet hooks		
Metric (mm)	Imperial	American
2.0	14	B/1
2.5	12	C/2
3.0	10	D/3
3.5	9	E/4
4.0	8	F/5
4.5	7	G/6
5.0	6	4/8
5.5	5	I/9
6.0	4	J/10
7.0	2	--

Equivalent crochet terms	
Australian/European	American
ch (chain)	ch (chain)
sl st (single crochet)	sl st (slip st)
dc (double crochet)	sc (single crochet)
tr (treble)	dc (double crochet)

Abbreviations and Terminology	
* *	Repeat instructions between * *
****	Refer back to previous section of pattern
alt	alternate
beg	beginning
C	contrast, or lesser colour used in two-colour knitting
dec	decrease – work 2 sts tog to from 1 st
g	gram/s
garter st	work every row in knit stitch
inc	work twice into st to make 2 sts
in	inch(es)
k	knit
ml	make a stitch by placing wool over needle before the next st
MC	main colour used in two-colour knitting
mm	millimetre
ms	moss stitch – work k1, p1, alternately in following rows to give a broken rib effect; usually worked on an uneven no of stitches
no	number
oz	ounce/s
p	purl
psso	pass the slipped stitch over
rep	repeat
rib	usually either k1, p1, or k2, p2, normally worked on an even no of stitches, repeated to end of row
rib	in the case of garter st, the number of raised rows showing on one side of knitting
sl or sl st	slip the stitch onto needle
st/s	stitch/es
st st	stocking stitch – working one row in knit st and following row in purl st
tog	working 2 sts together to form 1 st
turn	reverse the way of knitting by working back on the needle just worked
wl fwd	bringing wool to front of work, before working next st, thus making a st; used in patterns and for small buttonholes.

An e-mail message that I received in January:

Thanks so much to you and all of the wonderful people who have helped you get started. I am the mother of 5 beautiful children and all of them are healthy and alive. I thank God everyday and when I found your site, I found a wonderful opportunity. My 15 year lod needed something to do . She now is knitting baby hats and I have added to the pile with other items we contacted a hospital on your list and will mail out soon. You have been a blessing to many I am sure. Thanks again, Mitzie

I first heard about your group from 'Sewing with Nancy' and was delighted when I found you on the Web. I've been knitting since 1986 and have mostly been a custom knitter. I had a club until '98, when I couldn't anymore but the gals still come over for help or to order, etc.

I made copies of your patterns and handed them out. One of the women makes hats and blankets for preemies and donates to 'Mary Bridge Hospital' in Tacoma, Wa. Alice had a little great grand son born about last November. He died within days and everyone was naturally sad. Then it was disclosed he was being buried wearing a hat and a blanket that Alice had donated to the hospital. He was sent on his way wrapped in love.

This tugged at my heart when she told me and I thought that one more email to you with all I'm sure you get, wouldn't be one too much.

Thank you for starting this kind of giving as it is much appreciated.

Thelma V. Chaffin

Knit Picker



Regional Perinatal Center, St. Vincent, 835 South Van Buren Street, Green Bay, WI 54301

Notes from Naomi

By NAOMI BARROW
Neighbors Correspondent

Noddie is going to tell you of the need of the Care Wear Program in Jefferson County.

Presently they are looking for volunteers. The Care Wear



Naomi Barrow

Program provides blankets, booties, teddy bears, bibs, finger puppets or other related items for premature and low birthweight infants undergoing

treatment in neonatal intensive care units at Jefferson Memorial Hospital in Ranson.

There is a high demand for premie-sized items.

Volunteers meet every other week at the Wal-Mart Supercenter in Charles Town where they make these items.

They met March 28 and another meeting was set for April 11.

After that, they plan to meet every other Tuesday throughout the year in the Wal-Mart sewing department.

If you could or would like to



Neighbors photo by Naomi Barrow

Displaying homemade items created for the Jefferson County Care Wear Program are, from left, Debora Breeden, a Care Wear volunteer and employee of the Wal-Mart Supercenter in Charles Town; Mary Welsh, Care Wear Program group leader; and Sue Jordon, a Wal-Mart Supercenter sewing department employee. The Jefferson County Care Wear Program provides items for premature and low birthweight infants at Jefferson Memorial Hospital in Ranson.

join this group, just stop by the sewing department and ask any of the clerks there, and they will be happy to help you in becoming a volunteer of this group.

The only thing one has to do is knit, sew or crochet. This will give you the opportunity to share a little bit of yourself and your talents with babies in need

of extra special care.

It is a great way to recruit and alert others, and because the demand is great in Jefferson County, it would be a good time to start volunteering your service and time.

The purpose of this is to make people in Jefferson County aware of this worthwhile program.

Care Wear began in 1991, and was organized by Bonnie K. Hagerman. It is growing, and they feel people should be made more aware of this program.

They never ask for donations, but supplies are always welcome.

They have another Care Wear Program at Baker Heights. Mary Welsh is the Group Leader for this area, and she knows what is most needed for the Jefferson Memorial Hospital.

If ever there is anything left over, the items are distributed in the surrounding area

So if you knit, sew or crochet, why not stop by the sewing department at Wal-Mart, and one of the ladies will be happy to help you in becoming a volunteer for Care Wear.

You may also call Mary Welsh, the group leader, at 725-8550, and she will be happy to help you become a volunteer.



Riviera Care Wear Volunteers of Naples, Florida
First donation to Birth Place, North Collier Hospital (Naples, Florida)

This is another version of the SIDEWAYS SWEATER that appeared in the December '99 issue of the Care Wear Volunteers quarterly newsletter. A sideways hat pattern was printed in the March '00 issue. This is a LOVELY sweater. Now you have booties & mittens to match!



Garter Stitch Set for 3 Months

MATERIALS:

Here is a useful baby set consisting of jacket, bonnet, booties and thumbless mitts, all in easy plain knitting. Beehive Baby Yarn is the yarn to use and you will need:- 5 (25 g) balls. Two No. 11 (3 mm) knitting needles or whichever needles you require to produce tension given below.

TENSION: 8 1/2 sts. and 10 rows = 1 inch (2.5 cm) in stocking st.

MESAUREMENTS: Jacket: To fit 18 inch (46 cm) chest. Length at centre back 8 1/2 ins (22 cm). Sleeve seam 5 ins (13 cm). Bonnet: Width all around at face edge 11 1/2 ins (29 cm). Depth 6 ins (15 cm).

COMPLETE SATISFACTION AND PERFECT RESULTS ARE ONLY GUARANTEED WHEN YOU WORK TO EXACT TENSION WITH THE SPECIFIED YARN.

THE JACKET

LEFT FRONT: Cast on 60 sts. Knit 7 rows even in Garter st. (plain knitting every row). Proceed:-

1st row: K48. Turn. (The remaining 12 sts. are for yoke).

2nd row: K48.

3rd and 4th rows: K60.

Repeat these 4 rows until 20 ridges have been worked in yoke ending at yoke edge with 3rd row. Note: 1 ridge equals 2 rows of plain knitting.

****To make sleeve:** K22. Slip remaining 38 sts. onto st. holder. Cast on 38 sts. for sleeve. (60 sts. on needle).

1st row: K48. Turn.

2nd row: K40. Turn. (The remaining 8 sts. are for cuff).

3rd row: K52.

4th row: K60.

Repeat these 4 rows until 19 ridges have been worked at cuff edge, ending with 4th row.

Next row: Cast off the 38 sleeve sts. K10. Turn.**

BACK: K10. Pick up and knit the 38 sts. from st. holder. (60 sts. on needle).

Continue knitting as given for Front until 73 ridges have been worked in yoke ending at yoke edge with 3rd row.

Repeat from ** to ** for other sleeve.

RIGHT FRONT: K10. Turn. Pick up and knit the 38 sts. from st. holder. (60 sts. on needle).

Continue knitting as given for Left Front until 109 ridges have been worked in yoke, ending at lower edge. Knit 8 rows even. (4 ridges). Cast off. Do not break wool.

(Continued on page 8)

Garter St. Set (Continued from page 9)

NECKBAND: Having 1.st. on needle, pick up and knit 1.st. in each ridge around neck. (114 sts. on needle).

1st row: K6. *K1. K2tog. Repeat from * to last 6 sts. K6. (80 sts. on needle). Knit 4 rows even.

6th row: (eyelets). *K2. Wl.fwd. K2tog. Repeat from * to end of row. Knit 3 rows even. Cast off.

TO MAKE UP: Sew sleeve seams. For the cord, cast on 140 sts. loosely, then cast off loosely and thread through eyelets at neck. If desired, make and sew a small tassel to each end, see page 11.

THE BONNET

Cast on 78 sts. and knit 12 rows Garter st. (plain knitting every row).

13th row: K3. *Inc. 1.st. in next st. K5. Repeat from * to last 3 sts. Inc. 1.st. in next st. K2. (91 sts. on needle).

Continue even in Stocking st. until work measures 5 ins. from beginning, ending with purl row.

To shape crown: 1st row: (K2tog. K28)3 times. K1. (88 sts. on needle).

2nd and alternate rows: Knit.

3rd row: *K9. K2tog. Repeat from * to end of row.

5th row: *K8. K2tog. Repeat from * to end of row.

7th row: *K7. K2tog. Repeat from * to end of row.

Continue decreasing 8 sts. in this manner, that is, having 1.st. less between decreasings every alternate row to 24 sts. on needle. (K2tog.)12 times. Break wool. Thread end through remaining sts. Draw up and fasten securely. Sew up back seam for 3 ins. from base of crown.

To make neckband: With right side of work facing, pick up and knit 63 sts. along lower edge of bonnet inside Garter st. borders. Knit 2 rows.

Next row: (eyelets). K2. *Wl.fwd. K2tog. Repeat from * to last st. K1. Knit 2 rows. Cast off loosely. For the cord, cast on 110 sts. loosely then cast them off loosely and thread through eyelets at neck. If desired, make and sew a small tassel to each end, see page 11.

THE BOOTEES

Cast on 36 sts.
Work 4 rows Garter st. (plain knitting every row).

5th row: K2. *Inc. 1.st. in next st. K5. Repeat from * to last 4 sts. Inc. 1.st. in next st. K3. (42 sts. on needle).

6th row: K1. Purl to last st. K1.

7th row: Knit.

Repeat 6th and 7th rows 12 times then 7th row once.

Next row: (eyelets for ribbon). *K1. Wl.fwd. K2tog. Repeat from * to end of row.

Next row: Knit.

To make foot: (K4. K2tog.)twice. K15. Turn. K12. Turn.

Working on centre 12 sts. work 22 rows Garter st. for the flap. Break wool.

With right side of work facing, join wool to remaining 13 sts. and using this needle, pick up and knit 13 sts. evenly along side of toe flap.

Knit across the 12 sts. of toe flap then pick up and knit 13 sts. evenly along other side of toe flap. K3. (K2tog. K4) twice across remaining sts. (64 sts. on needle).

Work 15 rows Garter st.

Next row: K1. K2tog. Knit to centre 4 sts. (K2tog.)twice. Knit to last 3 sts. K2tog. K1.

Next row: Knit to centre 4 sts. (K2tog.)twice. Knit to end of row.

Repeat last 2 rows once then 1st. row once. Cast off. Sew back and sole seam. For the cord, cast on 80 sts. loosely, then cast them off loosely and thread through eyelets at ankle. If desired, make and sew a small tassel to each end, see page 11.

THE MITTS

Cast on 38 sts. and work 2 ins. (K1. P1) ribbing, inc. evenly across last row to 42 sts. on needle.

Next row: (eyelets). K1. *Wl.fwd. K2tog. Repeat from * to last st. K1.

Knit 8 rows Garter st. (plain knitting every row).

Next row: K4. P12. K26. Knit 1 row.

Repeat last 2 rows 8 times then knit 5 rows Garter st.

Next row: K1. (K2tog. t.b.l.). Knit to centre 6 sts. K2tog. K2. K2tog. Knit to last 3 sts. K2tog. K1. Knit 1 row.

Repeat last 2 rows 3 times. Cast off. Sew seam. For the cord, cast on 80 sts. loosely, then cast them off loosely and thread through eyelets at wrist. If desired, make and sew a small tassel to each end, see page 11.

IMPORTANT INFORMATION

The designs in this book, when made to exact tension with the yarn specified in the instructions, will produce garments with the same measurements as given at the top of each instruction and thus fit an average baby of the given age. There is, however, such variation in size between one baby and another that age is not, of course, a completely accurate guide.

The chest measurement and weight of baby for each size as used in this book are as follows:—

AGE	WEIGHT	CHEST
3 months	11½ lbs.	18 ins.
6 months	16 lbs.	19 ins.
9 months	19 lbs.	19½ ins.
12 months	20 lbs.	20 ins.

CHECK TENSION

The garments in this book are worked to the exact tension given. They are closely knitted to ensure a firm fabric that will wear better and keep its shape longer than a loosely knitted fabric. *Check your tension.* Before beginning your garment take the yarn and needles specified. Cast on 20 stitches. Work 20 rows stocking stitch. Lay work flat on a table and place a ruler across the stitches. Count the number of stitches to measure at least two inches and compare with the tension given in the instructions. All given tension in Beehive instructions is measured over stocking stitch. If your tension is too loose try a size smaller needle. If your tension is too tight try a size larger needle. *Be sure to work to exact tension given if you want your garment to work to correct size.*

A Care Wear volunteer stopped by my office and brought the following blanket pattern with a sample of the finished blanket. First, I was surprised to see a round blanket. Then, I was amazed to learn how easy a blanket this one is to make. ENJOY!

Round Wrapping Shawl

36½ ins. in diameter with Win-Tot or Winsom
32 ins. in diameter with Win-Sport

MATERIALS: BUCILLA WIN-TOT, 1 oz. skeins
Color A-6 Color B-4 Color C-4
or BEAR BRAND, FLEISHER'S or BOTANY WINSOM, 2 oz. skeins
Color A-3 Color B-2 Color C-2
or BEAR BRAND, FLEISHER'S or BOTANY WIN-SPORT, 2 oz. skeins
Color A-2 Color B-1 Color C-1

*fine
Baby yarn - size 6 needles*

"BOYE" or "DIANA" NEEDLES: For Win-Tot or Winsom—Size 10½ — OR SIZE YOU REQUIRE TO OBTAIN GAUGE.
For Win-Sport—Size 8—OR SIZE YOU REQUIRE TO OBTAIN GAUGE.

GAUGE: Size 10½ Needles— Win-Tot or Winsom —4 sts = 1 inch 15 rows = 2 inches To check gauge, see page 63.
Size 8 Needles— Win-Sport —9 sts = 2 inches 9 rows = 1 inch

NOTE: The same number of stitches are used for either yarn.
With A, cast on 73 sts. Work garter st as follows:

FIRST SECTION—Row 1—wrong side—K 1, k 2 tog., yo, k to within 2 sts of end.

Row 2—Turn, with yarn at back, sl first st as to p, k to end — outside edge.

Row 3—K 1, k 2 tog., yo, k until 4 sts remain on left needle.

Row 4—Repeat row 2.

Row 5—K 1, k 2 tog., yo, k until 6 sts remain on left needle.

Continue in this way to work 2 sts less every 2nd row until there are 5 sts worked in the 67th and 68th rows. End at outside edge.

Row 69—K 1, k 2 tog., yo, k all sts to end. Do Not Break A.

SECOND SECTION—Row 1—With B, K to outside edge.

Row 2—K 1, k 2 tog., yo, k to within 2 sts of end.

Row 3—Turn, sl 1 st as before, k to end.

Row 4—K 1, k 2 tog., yo, k until 4 sts remain on left needle.

Continue to work 2 sts less every 2nd row until there are 5 sts worked in 68th and 69th rows, end at outside edge.

Row 70—K 1, k 2 tog., yo, k all sts to end. Do Not Break B.

THIRD SECTION—With A, repeat 2nd section.

FOURTH SECTION—With C, repeat 2nd section.

FIFTH SECTION—With A, repeat 2nd section.

Repeat 2nd, 3rd, 4th and 5th sections once.

TENTH SECTION—With B, repeat 2nd section. Break B.

ELEVENTH SECTION—With A, repeat 2nd section. Break A.

TWELFTH SECTION—With C, work as for 2nd section, end with 69th row at outside edge. Bind off.

FINISHING — Weave bound-off and cast-on edges tog. and draw sts at center tog. Steam lightly.

Basketweave Baby Hat

Cast on 60 stitches

After one inch of ribbing (k1,p1)

k4, p4 to end of row

k next row (right side)

k4, p4 to end of row

k next row

k4 p4 to end of row

k next row

k4, p4 to end of row

k next row

p4, k4 to end of row

k next row

p4, k4 to end of row

k next row

p4, k4 to end of row

k next row

p4, k4 to end of row

k next row

Materials: Size 6 needles and Baby Yarn

Repeat pattern for about 6 inches.

bind off, sew seam, gather top and with a length of yarn, secure with a bow.

Or,

fold top in half, tack, fold other side, tack, making for corners. Add bow if desired.

Dear Bonnie,

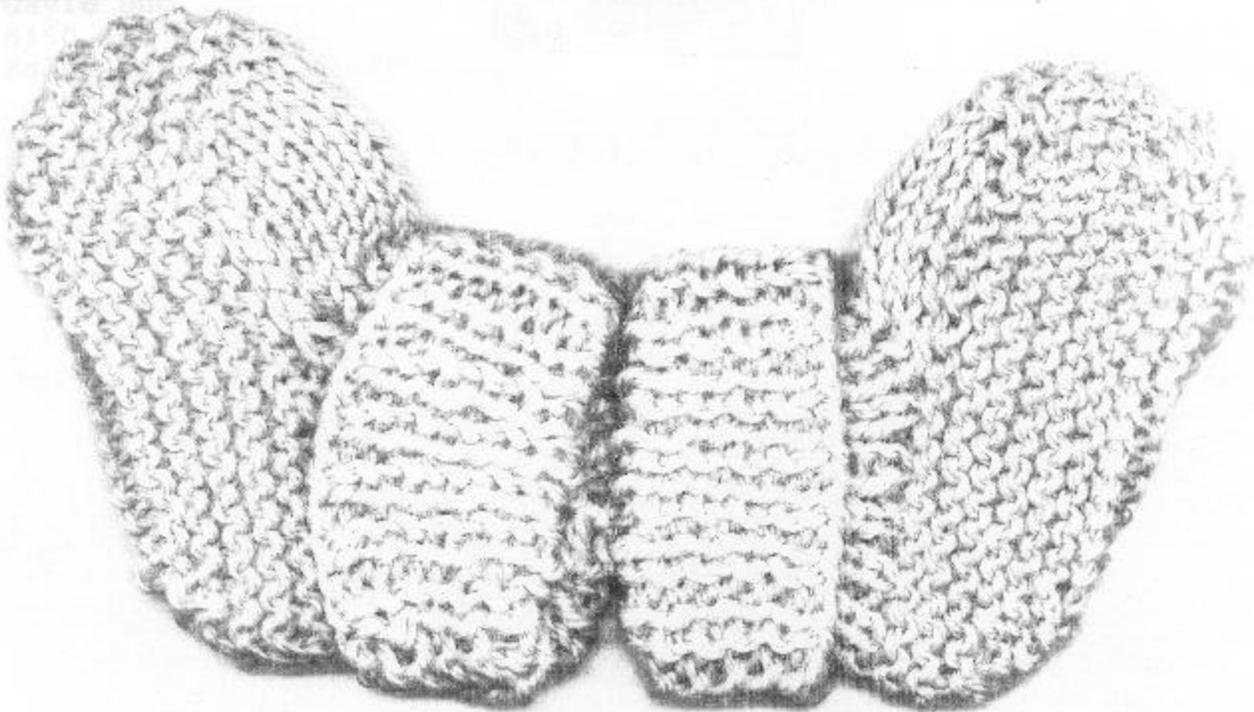
Greetings! When I joined CARE WEAR I sent you a pattern called: Bottom Up Preemie Bootie. Since then I have made several pairs and delivered them to a local hospital. Once when I was at the hospital a nurse put a pair on a new-born girl and the father thanked me...I almost cried with joy!

Enclosed is a revised version of that pattern. The bootie is the same, only the instructions have changed...hopefully they are easier to understand. You're welcome to print it in your wonderful newsletter and/or website.

I am delighted to be a part of CARE WEAR and I hope it will continue for many years to come. Enclosed is a small check to help this worth-while cause. Also enclosed is a pair of the booties, maybe someone there can take a picture of them to use in the newsletter and/or website (if you have the space that is). It helps a lot when a photo accompanies a pattern.

Sincerely,

Gayle



This is a photocopy of the sample booties that Gayle sent to me. I agree that a photo is always helpful when knitting, crocheting, sewing, cooking, etc.

The pattern follows on the next page.

(Many hospitals prefer to have a ribbon threaded through the ankle area of booties so that they will stay on the infant. Not a problem to add a narrow ribbon or yarn chain.)

Bottom Up Preemie Bootie (revised)

MATERIALS: 1 skein of baby or fingering weight yarn and size 2 knitting needles. (For full-term baby use size 3 needles; for small preemie use size 1.)

NOTE: When binding off use a knitting needle one size larger to keep top edge stretchy.

Starting at sole, cast on 28 sts.

Row 1: K1, inc 1, K10, inc 1 in each of the next 4 sts, K10, inc 1, K1 (34 sts).

Rows 2 & 4: Knit all sts.

Row 3: K1, inc 1, K13, inc 1 in each of the next 4 sts, K13, inc 1, K1 (40 sts).

Row 5: K1, inc 1, K16, inc 1 in each of the next 4 sts, K16, inc 1, K1 (46 sts).

Rows 6 - 11: Knit all sts.

TOE:

Row 12: K17, K2 tog, K8, K2 tog, Turn.

Row 13: Sl 1, K8, K2 tog, Turn.

Rows 14 - 16: Repeat row 13.

INSTEP:

Row 17: Sl 1, P8, P2 tog, Turn.

Repeat rows 13 & 17 until 10 sts are left on each end, ending with row 13. Do not turn, Knit remaining sts. (30 sts.)

CUFF: K1, P1 Ribbing for 20 rows.

Bind off in ribbing leaving a long tail, (see NOTE above). Using the tail, weave a flat seam down the back and sole. Weave in tails.

Did you ever wonder who wears the tiny hats that Care Wear donates to hospitals?????



Care Wear donations really do make a difference!

Laura;

I read your post and when you said "sometimes it's hard to keep going"...I thought of when my daughter was a preemie and a little hat was placed on her head. I still have the hat in her memory box. We sometimes do things where we never see the outcome, or hear about it or hear from the recipients.

However, I did appreciate the hat for my daughter. I do knit (when I have time-my daughter is an active toddler) and I did make her hats. I never dreamed she'd be a preemie and when the time came for her to make her entrance into this world I lost my vision and hence was unable to knit the hat for her. It eventually came back but I did appreciate the tiny hat that was given to her.

As she grew she stretched it (it was crocheted and it seemed to give a little more than a knit hat) and we marvelled at how that little hat marked her growth! When she first wore it it had to have a cuff and we would roll that little cuff down when we took her out of the incubator as it helped shield her eyes from the harsh light. My husband and I chuckled as she looked so cute and the hat looked so big. As she grew, ounce by ounce...the hat slowly stretched and the hat soon became more decorative than functional.

I would say use the softest yarn you can afford. These tiny babies cannot say thank you themselves but someday when she is an adult and looks at her tiny hat when she is ready to have her own children she too will marvel at this tiny knitted garment and be glad someone made it for her. Sometimes the mommies get to select their own hat and they most likely will use the ones they like the best. My daughter loves hats today (I don't know if there is any connection to wearing a hat as a preemie).

I just wanted to add a little dimension to your story with mine being the recipient side. I never knew who knitted my daughters hat, but I was grateful. (Had I known I probably would have paid her to make a coordinating sweater, booties, etc... (only joking)) Your efforts do not go unnoticed and is well appreciated!

Information about St. Vincent Hospital, P.O. Box 13508, Green Bay, WI 54307-3508 (920-433-8307)

Among the many services available to patients in the Green Bay area, St. Vincent Hospital has their "Stork Station" which is a small shop, located in the hospital that is supplied with donated, new baby items. The Stork Station provides incentives for teens to make healthy choices, by allowing them to earn points that they can use to "buy" baby items, such as clothing, blankets, strollers, safety supplies, etc. Clients can earn points by choosing a healthy lifestyle and making positive choices, such as abstaining from smoking, alcohol and drugs; attending appointment (physicians, medical assistance and WIC); and attending school. Supplies for the shop are donated by the March of Dimes, Gymboree, Inc, local schools and church groups, community members, and St. Vincent employees.

Another facet of the Stork Station is that they have grocery items available to clients who need some extra food.

Their telephone number is 1-800-2326-3030—and just ask for the Stork Station.

LETTER FROM MARY THOMAS @ GREEN BAY

Received April 15, 2000

April 12, 2000

Dear Jeanne, Lois, and Friends,

Mary Case was here this past weekend and delivered the 2 large boxes of items for our NICU and the Stork Station. What an array of beautiful hand-made baby items—thank you so much for your generosity!!

I gave Mary a tour of the Stork Station and the NICU on Saturday, so I'm hoping she can share some details with you. I'm hoping that some day several of you can visit St. Vincent's and see our NICU and the Stork Station for yourselves, as you are all making such a special contribution to both areas.

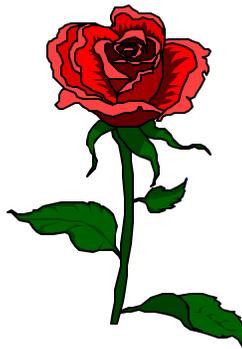
We use your handmade items in the unit and also give them to families at the time of discharge from NICU----sometimes it can be the only really nice blanket, sweater, cap & booties the baby may have. How wonderful it is for them and for us to go to our cupboard and be able to give them these beautiful items for their baby. It means so much to them and to us. It is through your efforts and generosity that we are able to do these things.

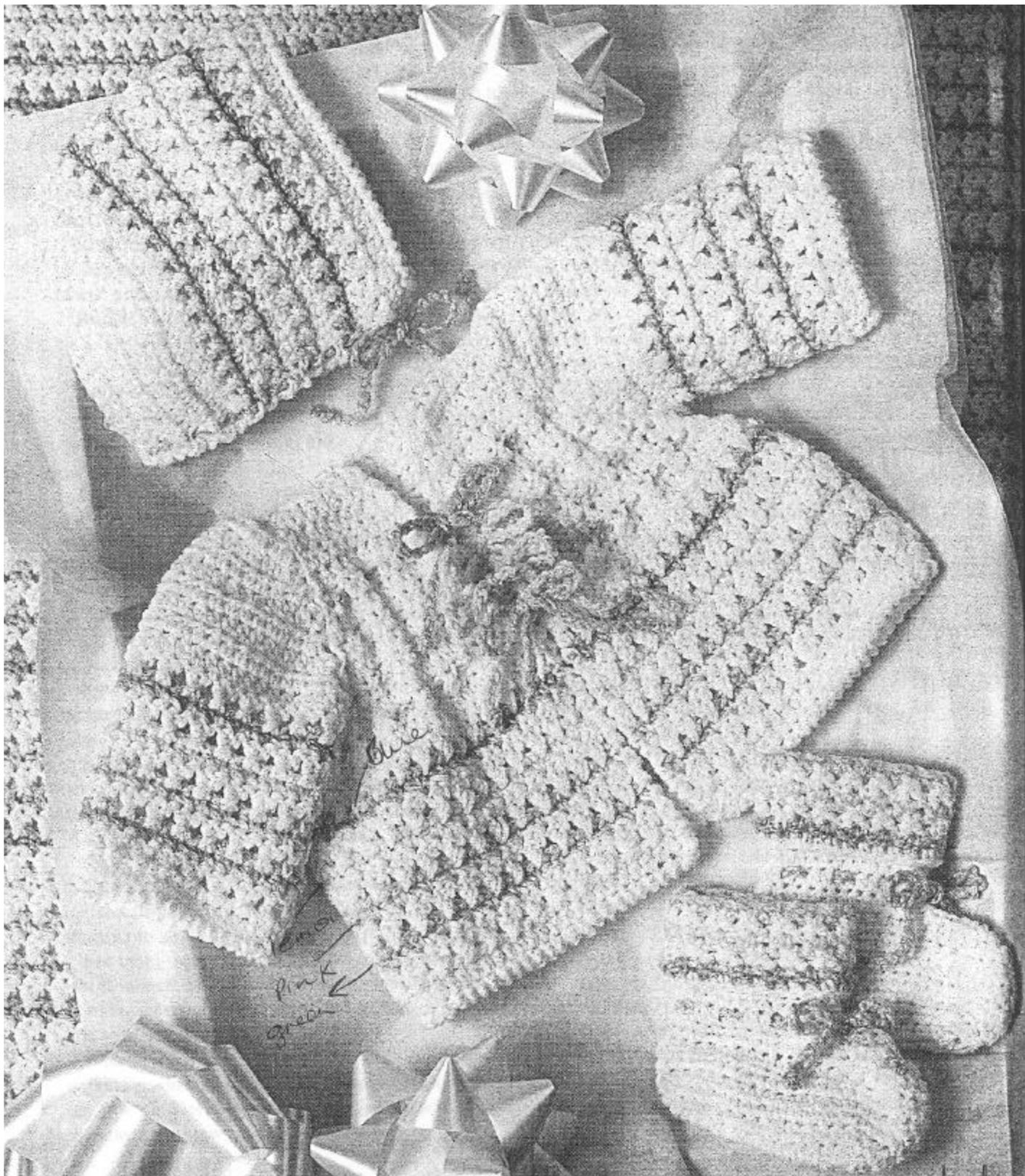
**

Care Wear participants are very special people.

IN MEMORY OF

Faye E. Huber and Jean A. Bonde





Denny Kelly (Newborns in Need/Australia) sent me this pattern. It is an American pattern for infant sizes. (newborn to three months/ three to six months/ six to nine months)

Perhaps you would like to have a beautiful pattern for larger infants.

Bring Me Home

Designed by Carol Smith

Sweater, Bonnet & Booties

Sizes: Instructions given are for 0-3 mos. Changes for 3-6 mos. and 6-9 mos. are in [].

Materials For One Set: Pompadour baby yarn — 4 [5, 6] oz. white, 2 oz. each lt. green, lt. blue, pink and yellow; tapestry needle; F crochet hook or size needed to obtain gauge.

Gauge: 9 hdc = 2"; 7 cross sts = 3"; 2 (sc, hdc) rows and 1 cross st row = 1"; 7 hdc rows = 2".

Skill Level: ☆☆ Average

SWEATER

Row 1: Starting at **bottom edge**, with white, ch 101 [113, 121], hdc in 3rd ch from hook, hdc in each ch across, turn (100 hdc) [112 hdc, 120 hdc].

NOTE: For *cross st*, skip next st, dc in next st, working over last dc made, dc in skipped st.

Row 2: Ch 2, cross st across to last st, hdc in last st, turn, fasten off (49 cross sts) [55 cross sts, 59 cross sts].

Row 3: Join lt. green with sc in first st, hdc in same st, *skip next st, (sc, hdc) in next st; repeat from * across to last st, sc in last st, turn, fasten off.

Row 4: Join white with sl st in first st, ch 2, skip next st, cross st across to last st, hdc in last st, turn, fasten off.

Row 5: With pink, repeat row 3.

Row 6: Repeat row 4.

Row 7: With yellow, repeat row 3.

Row 8: Repeat row 4.

Row 9: With lt. blue, repeat row 3.

Row 10: Repeat row 4, **do not** fasten off.

Row 11 [11-13, 11-15]: Ch 2, hdc in each st across, turn.

Row 12 [14, 16]: Ch 2, hdc in next st, hdc next 2 sts tog, (hdc in each of next 2 sts, hdc next 2 sts tog) across, turn (75) [84, 90].

Row 13 [17]: For 0-3 mos. and 6-9 mos. only, repeat row 11 (75) [90].

Row [15]: For 3-6 mos. only, ch 2, hdc next 2 sts tog, hdc in each st across to last 2 sts, hdc last 2 sts tog, turn [82].

Row 14 [16, 18]: For **right front**, ch 2, hdc in next 15 [17, 19] sts leaving remaining sts unworked, turn (16) [18, 20].

Row 15 [17, 19]: Ch 2, hdc next 2 sts tog, hdc in each st across, turn (15) [17, 19].

Row 16 [18, 20]: Ch 2, hdc in each st across to last 2 sts, hdc last 2 sts tog, turn (14) [16, 18].

Rows 17-18 [19-22, 21-26]: Repeat rows 15 and 16 [17 and 18, 19 and 20] alternately, ending with 12 [12, 12] sts in last row.

Row 19 [23, 27]: Ch 2, hdc next 2 sts tog, hdc in each st across to last 2 sts, hdc last 2 sts tog, turn (10) [10, 10].

Rows 20-22 [24-26, 28-30]: Repeat rows 15 and 16 [17 and 18, 19 and 20] alternately, ending with 7 [7, 7] sts in last row.

Row 23 [27, 31]: Ch 1, sc in each of first 3 sts, hdc in last 4 sts, turn.

Row 24 [28, 32]: Ch 2, hdc in each of next 3 sts, sc in each of last 3 sts, **do not** turn, fasten off.

Row 14 [16, 18]: For **armhole**, skip next 4 sts on row 13 [15, 17]; for **back**, join white with sl st in next st, ch 2, hdc in next 34 [37, 41] sts leaving remaining sts unworked, turn (35) [38, 42].

Rows 15-16 [17-18, 19-20]: Ch 2, hdc next 2 sts tog, hdc in each st across to last 2 sts, hdc last 2 sts tog, turn (31) [34, 38].

Row 17 [19, 21]: Ch 2, hdc in each st across, turn.

Rows 18-21 [20-23, 22-25]: Repeat rows 15-17 [17-19, 19-21], ending with 25 [28, 32] sts in last row.

Rows [24, 26-28]: For sizes 3-6 mos. and 6-9 mos. only, ch 2, hdc in each st across, turn.

Rows 22-24 [25-28, 29-32]: For all sizes, ch 1, sc in each of first 3 sts, hdc in each st across to last 3 sts, sc in each of last 3 sts, turn. At end of last row, **do not** turn, fasten off.

Row 14 [16, 18]: For **armhole**, skip next 4 sts on row 13 [15, 17]; for **left front**, join white with sl st in next st, ch 2, hdc in each st across, turn (16) [18, 20].

Rows 15-18 [17-22, 19-26]: Repeat rows 16 and 15 [18 and 17, 20 and 19] of right front alternately, ending with 12 [12, 12] in last row.

Row 19 [23, 27]: Repeat same row of right front.

Rows 20-22 [24-26, 28-30]: Repeat rows 16 and 15 [18 and 17, 20 and 19] of right front alternately, ending with 7 [7, 7] sts in last row.

Rows 23-24 [27-28, 31-32]: Repeat rows 24 and 23 [28 and 27, 32 and 31] of right front, **do not** fasten off until end of last row.

continued on page 56

Holding wrong sides of last rows together, sew sts of each front to matching sts of back for shoulder seams.

Sleeve (make 2)

Rnd 1: With white, ch 34 [36, 38], sl st in first ch to form ring, ch 2, hdc in each ch around, join with sl st in top of ch-2, **turn** (34) [36, 38].

Rnd 2: Ch 3, working over ch-3, dc back into last st of last rnd, cross st around, join with sl st in top of ch-3, **turn**, fasten off.

Rnd 3: Join lt. green with sc in first st, hdc in same st, skip next st, *(sc, hdc) in next st, skip next st; repeat from * around, join with sl st in first sc, **turn**, fasten off.

Rnd 4: Skip first 2 sts, join white with sl st in next st, ch 3, working over ch-3, dc back into 2nd skipped st, cross st around, join, **turn**, fasten off.

Rnd 5: With pink, repeat rnd 3.

Rnd 6: Repeat rnd 4.

Rnd 7: With yellow, repeat rnd 3.

Rnd 8: Repeat rnd 4.

Rnd 9: With lt. blue, repeat rnd 3.

Rnd 10: Repeat rnd 4, **do not** fasten off.

Row 11: For 0-3 mos. only, sl st in next st, ch 2, hdc next 2 sts tog, hdc in next 27 sts, hdc next 2 sts tog leaving last and first st unworked, **turn** (30).

Row [11]: For 3-6 mos. only, sl st in next st, ch 2, hdc next 2 sts tog, hdc in next 31 sts leaving last and first st unworked, **turn** [33].

Row [11]: For 6-9 mos. only, sl st in next st, ch 2, hdc in next 35 sts leaving last and first st unworked, **turn** [36].

Rows 12-19 [12-20, 12-21]: For all sizes, ch 2, hdc next 2 sts tog, hdc in each st across to last 3 sts, hdc next 2 sts tog leaving last st unworked, **turn**, ending with (6) [6, 6] sts in last row. For 0-3 mos. only, fasten off.

[Row 21, 22]: Ch 1, sc in first st, hdc in each st across to last st, sc in last st, **turn**. For 3-6 mos. only, fasten off.

[Row 23]: Ch 1, sc in each of first 2 sts, hdc in each st across to last 2 sts, sc in each of last 2 sts, fasten off.

For **trim**, working in starting ch on opposite side of row 1, join white with sl st in first ch; working from left to right, **reverse sc** (see page 159) in each ch around, join with sl st in first sc, fasten off.

With skipped sts of row 11 matching center sts of skipped sts on row 14 [16, 18] of Sweater and 6 sts of last row on Sleeve matching 3 rows on each side of shoulder seam, sew Sleeves to armholes.

Finishing

1: For **Sweater trim**, join white with sl st in last ch at bottom left edge of Sweater, reverse sc in each ch, in each st and in end of each sc row around with 2 reverse sc in end of each hdc row, join with sl st in first sc, fasten off.

2: For **waist tie**, with lt. green, ch 100 [110, 120], fasten off. Weave through sts of row 12 [14, 16].

3: For **2nd tie** (make 2), with pink, ch 50 [55, 60], fasten off. Sew one end of each tie to last st (next to Sleeve) of row 14 [16, 18].

4: For **3rd tie** (make 2), with yellow, ch 45 [50, 55], fasten off. Sew one end of each tie to last st of row 16 [18, 20].

5: For **4th tie** (make 2), with lt. blue, ch 40 [45, 50], fasten off. Sew one end of each tie to last st of row 18 [20, 22].

Weave all ties through sts to center front.

BONNET

Row 1: With white, ch 55 [59, 63], hdc in 3rd ch from hook, hdc in each ch across, **turn** (54 hdc) [58 hdc, 62 hdc].

Rows 2-10: Repeat rows 2-10 of Sweater.

Row 11 [11-12, 11-13]: Ch 2, hdc in each st across, **turn**.

Row 12 [13, 14]: Ch 2, hdc in next st, (hdc next 2 sts tog, hdc in each of next 2 sts) across, **turn** (41) [44, 47].

Row 13 [14, 15]: Ch 2, hdc in next 6 [9, 13] sts, (hdc next 2 sts tog, hdc in next st) 9 [8, 7] times, hdc in last 7 [10, 12] sts, **turn** (32) [36, 40].

Row 14 [15, 16]: Ch 2, hdc in next 7 [9, 11] sts, (hdc next 2 sts tog, hdc in each of next 2 sts) 4 times, hdc in last 8 [10, 12] sts, **turn** (28) [32, 36].

Row 15 [16, 17]: Ch 2, hdc in next 7 [9, 11] sts, (hdc next 2 sts tog) 6 times, hdc in last 8 [10, 12] sts, **turn** (22) [26, 30].

Row 16 [17, 18]: Ch 2, hdc in next 7 [9, 11] sts, (hdc next 2 sts tog) 3 times, hdc in last 8 [10, 12] sts, join with sl st in top of ch-2, fasten off (19) [23, 27].

Finishing

1: For **trim**, with right side of row 1 facing you, join white with sl st in last ch at left corner, ch 1, reverse sc in each ch and 2 reverse sc in end of each row around leaving remaining sts of last row unworked for back opening, join with sl st in first sc, fasten off.

2: For tie, with lt. green, ch 100 [110, 120], fasten off. Weave through ends of rows.

BOOTIE (make 2)

Rnd 1: With white, ch 9 [11, 13], 3 sc in 2nd ch from hook, sc in each of next 3 [4, 5] chs, hdc in each of next 3 [4, 5] chs, 8 hdc in last ch; working on opposite side of ch, hdc in each of next 3 [4, 5] chs, sc in each of next 3 [4, 5] chs, 3 sc in same ch as first 3 sc, join with sl st in first sc, **turn** (26) [30, 34].

Rnd 2: Ch 1, sc in each of first 2 sts, 2 sc in next st, sc in next 4 [5, 6] sts, hdc in next 4 [5, 6] sts, 2 hdc in next st, hdc in next st, 2 hdc in each of next 2 sts, hdc in next st, 2 hdc in next st, hdc in next 4 [5, 6] sts, sc in next 4 [5, 6] sts, 2 sc in last st, join, **turn** (32) [36, 40].

Rnd 3: Ch 1, 2 sc in first st, sc in next 9 [11, 13] sts, 2 sc in next st, sc in each of next 2 sts, 2 sc in next st, sc in next st, 2 sc in each of next 2 sts, sc in next st, 2 sc in next st, sc in each of next 2 sts, 2 sc in next st, sc in next 9 [11, 13] sts, 2 sc in last st, join, **turn** (40) [44, 48].

Rnd 4 [4-5, 4-6]: Ch 2, hdc in each st around, join with sl st in top of ch-2, **turn**.

Rnd 5 [6, 7]: Ch 2, hdc in next 11 [13, 15] sts, (hdc next 2 sts tog, hdc in each of next 2 sts) 2 times, (hdc in each of next 2 sts, hdc next 2 sts tog) 2 times, hdc in last 12 [14, 16] sts, join, **turn** (36) [40, 44].

Rnd 6 [7, 8]: Ch 2, hdc in next 13 [15, 17] sts, (hdc next 2 sts tog, hdc in next st, hdc next 2 sts tog) 2 times, hdc in last 12 [14, 16] sts, join, **turn** (32) [36, 40].

Rnd 7 [8, 9]: Ch 2, hdc in next 11 [13, 15] sts, (yo, insert hook in next st, yo, draw through st) 8 times, yo, draw through all lps on hook, hdc in last 12 [14, 16] sts, join, **turn** (25) [29, 33].

Rnd 8 [9, 10]: Ch 2, hdc in next 9 [11, 13] sts, hdc first and last of next 5 sts tog, hdc in last 10 [12, 14] sts, join, **turn** (21) [25, 29].

Rnd 9 [10, 11]: Ch 2, hdc next 2 sts tog, hdc in each st around, join, **turn** (20) [24, 28].

Rnds 10-17 [11-18, 12-19]: Repeat rnds 2-9 of Sleeve.

Rnd 18 [19, 20]: Join white with sc in first st, sc in

each st around, join, fasten off. Turn right side out.

For tie, with lt. green, ch 70 [75, 80], fasten off. Weave through sts of rnd 8 [9, 10].

Afghan

Size: 32" x 33".

Materials: Pompadour baby yarn — 8 oz. white, 3 oz. each lt. green, lt. blue, pink and yellow; tapestry needle; F crochet hook or size needed to obtain gauge.

Gauge: 7 (sc, hdc) = 3"; 7 cross sts = 3"; 2 (sc, hdc) rows and 1 cross st row = 1".

Skill Level: ☆☆ Average

Row 1: With white, ch 161, hdc in 3rd ch from hook, hdc in each ch across, turn (160 hdc).

NOTE: For cross st, skip next st, dc in next st, working over last dc made, dc in skipped st.

Row 2: Ch 2, cross st across to last st, hdc in last st, turn, fasten off (79 cross sts).

Row 3: Join lt. green with sc in first st, hdc in same st, *skip next st, (sc, hdc) in next st; repeat from * across to last st, sc in last st, turn, fasten off.

Row 4: Join white with sl st in first st, ch 2, skip next st, cross st across to last st, hdc in last st, turn, fasten off.

Row 5: With pink, repeat row 3.

Row 6: Repeat row 4.

Row 7: With yellow, repeat row 3.

Row 8: Repeat row 4.

Row 9: With lt. blue, repeat row 3.

Row 10: Repeat row 4.

Rows 11-98: Repeat rows 3-10 consecutively. At end of last row, do not fasten off.

Row 99: Ch 2, hdc in each st across, do not turn or fasten off.

Rnd 100: Working around outer edge, ch 1; working from left to right, reverse sc (see page 159) in each st and in end of each row around, join with sl st in first sc, fasten off. ∞

Helpful Information

The following measurements may help you in determining the size of the garments you choose to knit or crochet.

Weight: 3-5 lbs
Head 12-1/2", neck to feet 14-1/4", wrist to wrist 12-1/2", circumference bottom of neck 3-1/2", chest 11 inches

Weight: 6-8 lbs
Head 13-1/2", neck to feet 14-1/2", wrist to wrist 14-1/4", circumference bottom of neck 4-1/2", chest 14 inches

Becky's Booties

Cast on 29 STS
Knit 6 Rows GARTER STS
Row 7 Knit 10, K2 tog, Knit 5, K2 tog, K10
Row 8 Purl the Row
Row 9 Knit 9 K2 tog, Knit 5, K2 tog Knit 9
Row 10 Purl the Row
Row 11 Knit 8 K2 tog, Knit 5 K2 tog Knit 8
Row 12 Purl the Row
Row 13 Knit 7 K2 tog, Knit 5 K2 tog Knit 7
Row 14 Purl the Row
Row 15 Knit 6 K2 tog Knit 5 K2 tog Knit 6
Row 16 Purl the Row
Row 17 Knit the Row
Row 18 Purl the Row
Row 19 Purl the Row
Row 20 Knit the Row
Row 21 Purl the Row
Row 22 Knit the Row
Row 23 Purl the Row
Row 24 Knit the Row
Row 25 Knit the Row
Row 26 Knit the Row
Row 27 Knit the Row
Cast off

Denny's Broken Rib Hat.

In 4 ply yarn
Size A = intensive care
Size B = SCBU
Cast on 59sts (69sts)
Do 1 X 1 rib for 2 inches (3 inches)
First row * K2 P2 * repeat from * to * to last 3sts K2 P1
Rep row one until work measures 5 inches (6 inches) in total
Next row K2 tog across row K1
Break yarn leaving 15 inches to sew up.
Thread yarn on darning needle and thread through all sts on needle and sew up seam with remaining yarn top with a Pom Pom

Garter Stitch Hat – from care wear book, page 13

In preemie size only
Cast on 50 stitches
Work garter stitch for 1 ½ inches
On the wrong side purl the row
Change to smaller needles, then work 1 inch in 2x2 rib
Change to bigger needles. And work 2 ½ inches of garter stitch
Then work as follows...
Row 1; k3, K2 tog, to the end of row
Row 2; Knit the whole row
Row 3: K2, K2 tog to the end of the row
Row 4; Knit w tog across the whole row
Cut off the yarn and thread through the remaining stitches,
Then sew hat together with the rest of the yarn

38 Stitch Bootie

Cast on 38 Stitches
Knit 11 rows (almost 1") in garter stitch (knit all rows)
Row 12 – K17, K2 tog, K2 tog, knit 17 stitches
Row 13 – P16, P2 tog, P2 tog, Purl 16 stitches.
Row 14 – K 15, K2 tog, K2 tog, knit 15 stitches.
Row 15 – P14, P2 tog, P2 tog, Purl 14 stitches.
Row 16 – K13, K2 tog, K2 tog, knit 13 stitches.
Row 17 – Knit entire row
Row 18 – K1 (put yarn over needle), K2 tog, repeat to end of row
Row 19 – Knit entire row.
Row 20 – K1, increase in next stitch, knit next 3, repeat.
Row 21 – Knit entire row.
Row 22 – K1, P1 across.
Row 23 – K1, P1 across.
Row 24 – K1, P1 across.
Cast off in Rib loosely.
Sew bootie together
Cut 1/8" to 1/4" ribbon to 9" length, Weave through holes to tie bootie into the ankle
Make the second bootie. use safety pin to keep pairs together.

INSTEP PREEMIE BOOTIES

With #4 needles, cast on 27 stitches. Knit 1 row.
Next Row: Increase (inc) in 1st st, k1 1, inc 1 St., k1, inc 1 st, k1 I, inc in last st.
Knit 1 row.
Next Row: Inc. in 1st st, k1 I, inc in next st, k5, inc 1 st, k1 I, inc in last st. (35sts).
Knit 3 rows.
Work 6 rows in stockinette or other simple stitch.
Next Row: K20, k2tog, (through back of sts), turn, slip 1, p5, p2tog, turn, slip 1, k5, k2tog.
Continue in this manner on center sts until there are a total of 23 sts.
Slip 1, k5, k2tog, knit to end, turn, pi 3, p2tog, p to end. (21 sts).
work 12 rows in pattern ending with 4 to 6 rows of garter stitch (knit each row). Sew seam.
It is imperative that you use a loose cast off, preferably a sewn cast off so the bootie doesn't bind around the ankle.

Note: These patterns come from Denny Kelly in Australia where 4 ply yarn is comparable to our baby yarn. See conversion charts on pages 5 and 6.

Preemie Bootie Pattern

OKAY gals..here's a pattern for the teeny tiny booties I just found, have no idea how tiny it is.

Baby yarn, c Hook

Ch 13.

Row1: DC in 4th ch from hook and in each of the next 8 chs. Work 5 dc in last ch. Working down opposite side of ch, work 1 dc in each of next 8 chs. Work 1 dc in last ch. Join with sl st to top of ch-3. DO NOT TURN.

Row2: Ch 3, work 1 dc in same st. Working in BLO, dc in next 10 dc, work 2 dc in next, 1 dc in next, 2 dc in next, 1 dc in next, dc in next 9 dc, work 2 dc in last dc. Join to top of ch-3. DO NOT TURN.

Row3: Working thru both sts, ch 3, dc in next 9 dc. DC decrease in each of the next 2 sts. (5 times), dc in last 9 dc. Join. DO NOT TURN.

Row4: Ch 3, dc in next 7 sts, dc dec in next 2 sts (5 times), dc in last 6. Join. DO NOT TURN.

Row5: Ch 2, hdc in each ch around (19 sts). Join. DO NOT TURN.

Row6: Ch 3, sc in each st around. Finish off and weave in all ends.

You can either make a ch of about 80 and weave thru hdc row, or use a piece of ribbon and tie in bow at front.

Have fun with it.

Messages to Care Wear:

As you read, we received several donations of white fabric for burial gowns and some green plaid fabric for quilts. What a number of volunteers have requested and I have not received is cotton **flannel**. I plan to research sources of flannel and begin writing more letters to request donations.

I have also received requests for double-fold bias binding (1/4 inch wide), crochet cotton, sewing machine thread, narrow ribbon, embroidery floss, and narrow lace (white). If you have any of these items to donate to others, I will be happy to distribute them where needed.

To change your address for the mailing list for this quarterly newsletter, please write, call, or e-mail Barbara Brewster. She maintains the mailing list on her business computer.

Barbara Brewster, P.O.Box 3736, Frederick, MD 21705 301-695-5333
Bbrewster@lintonshafer.com

Two Color Baby Afghan



A beautiful crocheted baby afghan for the new arrival! The pattern stitch is easy to do using single and double crochets. You will need 8 ounces yellow, 5 ounces white sport weight yarn and a size F crochet hook. ~~MA WAKSTEDT~~

Abbreviations: • H HOOK

ch (chain)	sk (skip)
sc (single crochet)	dc (double crochet)
sl st (slip stitch)	hdc (half double crochet)

Gauge: 9 sts equal 2 inches
6 rows equal 2 inches
Finished afghan measures 31 x 38 inches.

Note: Do not cut the yarn at the end of the row. Carry it along the edge. Do not turn at the end of the even rows. Odd rows start at the beginning, not at the end of the previous row.

With yellow, ch 157 loosely.

Row 1: 2 Dc in 4th ch from hook, *sk 2 ch, 3 dc in next ch, repeat from * across, drop yellow – 52 groups of dc.

Row 2: Join white in last dc, ch 1, turn, *sk 2 dc, 3 sc in next dc, repeat

from * to last 3 dc, sk 2 dc, sc in third ch of beginning ch-3, drop white.

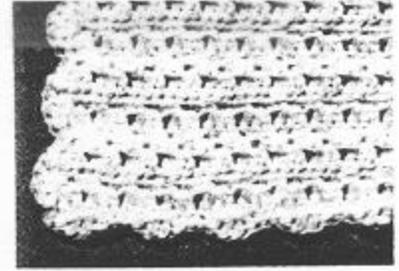
Row 3: Pick up yellow in first sc, ch 3, 2 dc in first sc, *sk 2 sc, 3 dc in next sc, repeat from * across.

Row 4: Pick up white and repeat Row 2.

Rows 5 through 114: Alternately repeat Rows 3 and 4.

Row 115: Repeat Row 3. Fasten off yellow.

Edging: Pick up white, sl st in first dc, *hdc in next dc, dc in each of next 2 dc, hdc in next dc, sl st in each of next 2 dc, repeat from * across. Working on side of afghan, *sl st and hdc in dc row, 2 dc in next sc row, hdc and sl st in next dc row, sk next sc row, repeat from * across. In beginning ch, sl st in first ch, *hdc in next ch, dc in each of next 2 ch, hdc in next ch, sl st in each of next 2 ch, repeat from * across. Work second side same as first, fasten off.



*

Local Groups:

Local Care Wear groups are beginning to form. Here are the names and addresses in case you live nearby and would like to join a local group.

GA

Olivia's Angels Carewear, c/o Mary Hurst
1143 Herndon Road
Midville GA 30441

912-763-2807
e-mail: mhurst@pineland.net

FL

Care Wear—Polk County Hugs & Stitches, c/o Lina Linamen
2432 Stanton Street
Auburndale, FL 33823

863-965-9726
e-mail: sew4kids@netzero.net

WI

Care Wear Volunteers of Wisconsin, c/o Lois Byford
E 2233 Spencer Lake Road
Waupaca, WI 54981

715-258-0388



KNITTIE BITTIES

Lois Byford, left, and Jeanne Hiler knit tiny clothing for premature babies.

Care Wear project looking for volunteers

What started as a simple hobby – knitting tiny hats and sweaters for premature babies – has become virtually a full-time commitment for two area women.

Lois Byford of Waupaca and Jeanne Hiler of Plover were knitting for premature babies before they found an outlet for their creative endeavors.

Byford said she got the idea from a catalog called Patternworks. She later contacted Bonnie Hagerman in Maryland, who distributes a quarterly newsletter and provides patterns for tiny togs.

The two women called area hospitals, until they found neonatal units that said they could use the materials.

For Christmas 1998, the two women sent six blankets and six caps to the neonatal center at Theda Clark Medical Center.

Then they organized 25 more women from Waupaca and Portage counties, forming Care Wear Volunteers of Wisconsin.

This past Christmas the group sent out 48 pieces to Theda Clark, 132 pieces to St. Vincent's Hospital in

Green Bay and 30 pieces to St. Michael's Hospital in Stevens Point.

According to Hiler, the clothing they make is very tiny. Hats are sometimes small enough to fit on a walnut, while the sweaters can fit 18-inch baby dolls.

The women also knit, crochet, and sew small blankets, incubator covers, and flannel nightgowns.

"Each lady makes what she wants," Hiler said.

The group asks for donations of fabric, yarn and supplies, and gives these supplies to volunteers when possible.

"We can always use lots of yarn," Byford said. "We have lots of knitters."

Care Wear Volunteers also makes little monitor bags and special hats for chemotherapy patients.

Anyone who can knit, crochet, or sew, and is interested in volunteering their skills, should contact Byford at (715) 258-0388 or Hiler at (715) 341-3853.

Donations of patterns, yarn, or fabric are also welcome.

* CUDDLE TOYS

**SIMPLE TO MAKE
FROM GAY SCRAPS
OF FABRIC OR FELT**



BELINDA,
the rabbit.

FOR Bruno, the bear, you will need a piece of brown felt or fabric approximately 8 in. by 14 in.; for Belinda, the rabbit, a piece 11 in. by 14 in. in a pale shade. Scraps of different coloured felt or fabric for waistcoat, buttons, bow-tie, skirt and bonnet; black and white scraps for eyes; a few strands of black embroidery cotton for eyelashes, nose, mouth and claws.

Cutting: Half the actual size of each toy is given. Trace and cut a full paper pattern; then cut two body pieces (one for back, one for front), for each toy. If using fabric, allow an extra $\frac{1}{4}$ in. all around for turnings. Cut a black felt oval and a white felt circle for each eye.

Making Up: On the front piece of each toy secure first a white circle, then a black oval for each eye. With stranded cotton embroider eyelashes (stem stitch), nose (satin stitch) and mouth (stem stitch); for the bear work claws in stem stitch. If working with felt, place back and front, wrong sides together, and machine or back stitch all around about $\frac{1}{4}$ in. from edge, leaving a small opening for stuffing (see bear pattern, X to X). If working with fabric, place back and front, right sides together, and machine or back stitch all around about $\frac{1}{4}$ in. from edge, leaving a small opening. Turn to right side. Old cut-up nylons, cotton wool or kapok can be used for stuffing, which should be spread evenly inside all parts of body. Sew up opening.

Teddy Bear Jacket: Cut both front and back alike. Attach buttons and bow-tie to centre front with a stitch through the middle. Overcast or seam shoulder and side seams.

Bunny Rabbit Skirt: Cut a strip of felt or fabric 2 in. wide by 10 in. long. Join short edges together and gather around waist. Cut two shoulder straps and attach at back and front of waistline. **Bonnet:** Cut a circle 4 in. in diameter, then cut a dart as shown in diagram. Sew dart edges together; pink all around edges and attach to back of head.

Skirt: gather along dotted line at waist.



BRUNO,
the bear.



April 28, 2000

Dear Bonnie,

I have enclosed the form requesting information update and have highlighted the Project Options that that we would need.

I have also enclosed a sample of an "arm immobilizer" which are used after facial surgery, especially cleft lip and use one pair per child. The child is sent home with them. These restraints are very expensive and difficult to fit if even found commercially. Please let me know if it would be possible to obtain these from Care Wear volunteers.

We are so appreciative of this wonderful service that your volunteers provide. It is truly a blessing to the families receiving them.

Many thanks!

Billie Jo

ARM IMMOBILIZER PATTERN

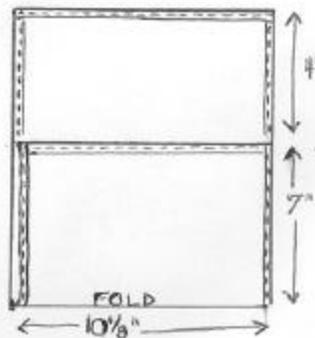
YORK HOSPITAL
1001 SOUTH GEORGE STREET
P.O. BOX 15198
YORK PA 17405-7198
ATTN: VOLUNTEERS COORDINATOR
(BILLIE JO BARRETT)
(717) 851-2345

①



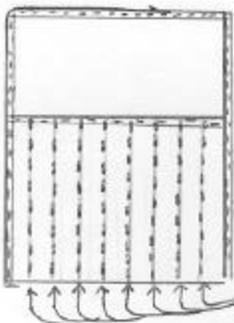
② Hem each edge
Turn 1/4" & turn a second time to conceal edges
SEW securely by machine.

③



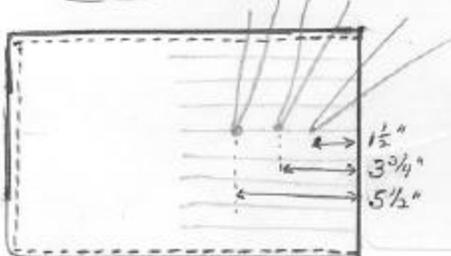
Fold up 7" to create a pocket
STITCH along each side

④



SEW EIGHT ROWS OF STITCHES -- HOLDING THE 7" FOLDED PIECE TO THE BACK (NINE SLOTS -- APPROX 1/8" width)

⑤



CUT 3 pieces of TWILL TAPE (COTTON TWILL -- 1/4" - 1/2" width). FOLD IN half & catch in stitching @ 1 1/2", 3 3/4", & 5 1/2" from the bottom fold.
OR STURDY RIBBON