



Care Wear Volunteers Inc.

# Newsletter

A Quarterly Publication of Care Wear Volunteers, Inc.

JUNE 2013

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**PLEASE** be sure to send address changes & corrections to Bonnie. Bulk-rate mail that cannot be delivered is discarded.

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## HANDSOME YOUNG MEN!



Brooke & Greg Mackintosh wrote and included a photo of their son Thomas who was born at Emerson Hospital. They appreciated the hat and blanket that were given to him.

See page 10 for their letter.

Care Wear Volunteers Board Member & Treasurer Barbara Brewster sent this photo of John (Jack) Sheehan Ries who was born on March 26th weighing 7.3 pounds. Jack measured 19 3/4" long. He was born at Magee Women's Hospital—Pittsburgh, PA.

Jack is the son of a friend of Barbara's. Barbara made Jack's hat.



**WELCOME BABY BOY**  
**Asa Quentin Davis**

February 3, 2013  
 @ 3:17am  
 6lbs 9oz  
 20 1/4 inches  
 love & blessings  
 Ann & Michael  
 Davis

A friend & former student of mine at Hood College sent this announcement of the arrival of her first child.

HOW ADORABLE

## *Letter from Bonnie:*

I have a lot of news to report. First, an excerpt from the Hood College Magazine, Winter 2013 issue, *Class News* by Dianne Beebe Barske, Class of 1966:

"...One more personal note from me, Dianne Beebe Barske, in praise of Bonnie Kloeblen Hagerman and her project to provide knitted clothing for premature babies. Husband Elliott & I were sitting in the Bull Restaurant in Cadiz, Spain, this past August, part of a Prairie Home Companion cruise to Spain and Portugal, celebrating our 45th wedding anniversary. I was visiting over wine with a woman seated across from us, who shared that she was from Maryland. "I went to college in Maryland." I told her. "Oh, I take part in the knitting program for premature babies, organized by someone from Hood." That would be our classmate, Bonnie, and this was a warm-hearted example of what a small world it can be!"

I would love to know who met my classmate in Cadiz, Spain this past August!

### **Care Wear Volunteers Website: [www.carewear.org](http://www.carewear.org)**

For a number of months Care Wear Volunteers Board Member Liz Chang has used Care Wear Volunteers as a client for her web development class at Hood College. The class interviewed me and revised the Care Wear Volunteers website as a fall semester project. On the last day of class, they showed me the finished product and provided instruction on the search capabilities (to locate patterns and to locate hospitals). They also demonstrated how easy it will be for me to update the website, add notices & announcements or pieces of news, etc....

The project was not quite complete at the end of the fall term and a few of the students continued to work on the project in spring semester. Completion was tentatively scheduled for the 1st of February. (During this time I could only make changes to the hospital list, but changes made after the class copied & revised the site, will have to be entered a second time on the new site. AND, the March newsletter was not posted on the old website because it is on the new one.) Well, the logistics of moving the website from the current hosting company (cold fusion) to a new and less expensive hosting company was more difficult than we could have imagined. Since starting that website in 2004, the volunteer website manager (administrator for the website) ceased providing her services. Thus, we had to work to update all contact information and the transfer of the domain was more time consuming than anticipated. As I write this (April 8th today) we await the transfer of the domain ([www.carewear.org](http://www.carewear.org)). It will be only a matter of days at this point and the class can activate the new website on the new hosting company site. Then, I will cancel the services of the original hosting company.

One of the reasons for this move to a new hosting company was cost. Over the years, the fees for the original site increased and increased. There were also "surcharges" for usage above a certain level. Years ago those surcharges were \$15-\$20 per month. Lately, the surcharges were \$80-\$90 per month. One month the surcharge was \$110. The new hosting company is not a cold fusion site and is considerably cheaper. There are no usage surcharges. So, Care Wear Volunteers will begin to save a great deal of money each month as soon as I cancel service with the original hosting company. I have fingers crossed that this will happen before May 1st and another monthly charge.

Special thanks to Board member Dr. Elizabeth Chang for her coordination of this major effort. I could not have done this without her expert assistance. Those of you who use the Internet will find the search capabilities very helpful. I will be able to do more than just update the hospital list. I will be able to add announcements, insert news

about upcoming or past events, call attention to corrections in patterns, highlight special needs at a hospital, etc.....

**The Care Wear Volunteers Office:** Care Wear Volunteers relocated to a larger office space. I moved on Wednesday, March 27th to a one-room house in Frederick's Historic District. Actually, it's a 1 1/2 room house because there is a small backroom that has a kitchenette, bathroom, and back door to the off-street parking area. But, from the outside, you see a 12' wide one-story structure in white with blue trim! From the moment I visited this property I was in love!

This is truly an architectural gem (albeit a modest one) in Frederick. The exterior of the building is a bit "rough", but the owner is working with the Frederick Historical Preservation Commission to restore the front entrance—remove a shabby storm door, replace the door sill & front step, refit the front door, remove framing that hides glass transom windows, and replace the standing-seam metal roof. The interior was completed before I moved in. Here are some photos of Care



Wear Volunteers' new home. I think that this space is a wonderful "fit" for a nonprofit charitable organization. And, I have space for a work table, Board meetings, etc..... There is off-street parking in back and there are no parking meters on this block.

The owner of this property told me that the structure was once a fish market and later a candy store. Most recently, it was a private residence. Access to the off-street parking is NOT through the very narrow driveway to the left of the building.

April 29th: Tubs are emptied & returned to my niece. Only 3 remain!



**THE MAIN ROOM:** Here is my computer/work desk (left) & new cutting/work table (right). Everything you see [except the computer] was donated or is on loan. THANKS to Barbara Brewster for all of her help with office relocation. THANKS to friends Bonnie N. & Betsy E. for their help on moving day. THANKS to family & friends for their donations to the office.

**THE BACK ROOM:** This 7'4" x 11' room has a bathroom, little "kitchenette" (above) & a back entrance door.

I had fun sewing donated curtains to fit the windows & doors, arranging furniture, hanging some of my pictures, etc. I now have a very comfortable work space. I am delighted to be even more convenient to my home—not that my previous office was a long commute! **NOTE:** I do not plan to use this location's address for incoming mail. **102 Mercer Court #23-5 Frederick, MD 21701** is the official registration address & mailing address for Care Wear Volunteers. The office telephone number **(301-620-2858)** is unchanged.

**Make A Difference Day:** April 20th was *Spring Make A Difference Day* and as usual, this was a wonderful event. [See pp. 30-31 for photos] However, I share that this will be the last *Make A Difference Day* that Care Wear Volunteers will host. For many years I've been registering our *Make a Difference Day* program & submitting a report with photos & count of donated items. I learned, however, that *Make A Difference Day* projects that continue the regular work of an organization are NOT considered for any of the prizes! There is a good deal of time & work involved in sponsoring this event. After discussion with the Board of Directors I decided to focus my time & energy on several goals for this organization, including seeking national publicity, increasing the number of hospitals served, and exploring the possibility of mass producing burial garments. For this last goal I am surveying hospitals that request burial garments to learn what styles are most suitable.

Care Wear Volunteers is a "one-person" organization. I handle mail, assemble newsletters, speak to groups, maintain the QuickBooks account, etc.... In the coming years I will be looking for someone to continue this effort when I am no longer able to provide leadership. I am 68 years of age & retired from Hood College. My typical week is 10am to 3pm in the Care Wear Volunteers office. I do not want this organization to disappear when I am no longer able to provide leadership. So, I will focus on the needs of this organization & the goals set for 2013 & beyond.

I hope that individuals & groups will continue to meet for community service days & I hope that those days are scattered throughout the year—not all in October or April. The delivery of 2000-3000 completed items to Frederick Memorial Hospital, for example, overwhelms the Volunteer Office where there is not a lot of storage space. Smaller & more frequent deliveries are preferable. I know that a number of participants are planning to spearhead efforts to arrange gatherings like those we've had. I will be happy to include a schedule of planned gatherings in each newsletter.

**Walker caddies:** In the March newsletter I described the blue nonwoven fabric that is donated by Frederick Memorial Hospital. To save space, I have been cutting out walker caddies from that nonwoven fabric. If you or your group would like to have a carton of this fabric or already cut-out walker caddies, please let me know. Here is a photo of the style. All that you need to do is sew or serge the edges & attach the ties. You can divide the caddie into equal pockets or make one large & one smaller pocket as I did here.



You can donate the completed caddies to Frederick Memorial Hospital, your local hospital, or a nursing or rehab center near you. Make a few of them and show them to area hospitals and nursing homes to see if any are needed. I located this red/white/blue ribbon and plan to donate the caddies made with that ribbon to military hospitals or Veteran's hospitals.

Can anyone think of other uses for this FREE blue nonwoven fabric? The pieces come in three sizes & all are two layers. Deborah French offered wonderful suggestions: *I realized that they will be used for even more than just walker caddies! You can draw on the blue material with crayons & markers, which children will like. These would also be great to be used at the bedside. When you are in the hospital you always want your "stuff" within reach, and that little table is always full. These will easily hang over the bed rail (which is always up for the children). That way they can keep their drawing supplies, little toys, brushes, whatever they want to use it for. Lydia & The Ohio Spirited Hands washed the fabric & were pleased with the results. They wrote, "...Other uses for the fabric are interlining for bibs & burp pads..."*

Check if your local hospital has this nonwoven fabric available from their Surgical Department (equipment is wrapped in this for the autoclave). FREE is very nice!!!! **Continued on page 18**

There is a sacredness in tears.  
 They are not the mark of weakness, but of power.  
 They speak more eloquently than 10,000 tongues.  
 They are the messengers of overwhelming grief, of deep  
 contrition and of unspeakable love.  
 Washington Irving

Shared by Mr. Charles Wade



*A prayer for all who have lost family members and friends.  
 Care Wear Volunteers & I send sincere condolences.*

Care Wear Volunteers  
 received a donation  
 from  
 Louise & George Miller  
 in memory of their son

## ROBERT ALAN MILLER

Born: September 23, 1957  
 Died: December 9, 2012



Care Wear Volunteers  
 received many donations  
 in memory of

## FRANCES WADE

whose husband wrote, "...that the work Frances  
 did with Care Wear Volunteers was her most im-  
 portant single activity, other than spoiling her  
 grandchildren..." He thanked me for the purpose  
 that Care Wear Volunteers gave to Frances' life.

Many notes confirmed Frances' commitment to  
 community service.



Care Wear Volunteers  
 received a donation  
 from  
 Dorothy Baldauf



in loving memory of her granddaughter

## EMMA OLIVIA GITZINGER

who would have been 15 years of age  
 on February 22nd

Care Wear Volunteers was saddened to  
 learn that



## OPAL KENNEDY

passed away on February 16th.

Care Wear Volunteers was saddened to learn  
 of the passing of

## SHIRLEY MARSH

on March 29, 2013

Shirley's daughter Mary wrote,  
 "...No way to tell how many lives  
 she touched with the hundreds of  
 sweater sets and burial gowns she  
 made for area hospitals. She was so  
 proud to be a part of Care Wear.  
 One more talented knitter up  
 above!"



A letter from friend Betty Blagg included the fol-  
 lowing: "...Although unable to crochet the last  
 three years because of her failing eyesight, she  
 loved to get the Newsletter to see what was go-  
 ing on. She celebrated her 106th birthday on  
 February 7th and was able to talk and greet all  
 who came to visit her that day. She was granted  
 her request to go in her sleep at home..."

Whenever I mailed donated yarn to Opal, she  
 called me on the telephone to thank me. She  
 felt that a note was not enough to convey her  
 appreciation. A lovely lady! She will be missed.

Letters.....



February 25, 2013

Ms. Anna Maslowicz  
9020 Amelung St.  
Frederick, Maryland 21774

Dear Anna and Friends,

The Frederick Rescue Mission would like to thank you for the beautiful hand knitted blankets, and baby items.

We are a Christian organization serving over two hundred men, women and children breakfast and lunch every day. The need is great and growing.

With your help and much needed items we can help to meet the needs of our community.

The Frederick Rescue Mission is a non profit organization. We have been helping the needy and hungry since 1964.

We also maintain the Changed Life Recovery Program which helps victims of drugs and alcohol to overcome their addictions.

Blessing to you,

Susan Higgins  
Fundraising and Development  
301.685.6633 ext. 202

Care Wear Volunteers  
Received a generous donation  
from Geni Wixson

in honor of

**CAROL SCOTT**

who is walking in the

Avon 39+ mile Walk-a-Thon for Cancer

Bonnie,  
About twenty years ago I saw your name in a magazine and joined your group. I have enjoyed your magazines over the years and have made hundreds of baby hats for our local hospital. I started by making a bereavement gown when my only grandchild died before birth. It was a comfort to me at the time, but decided to concentrate on hats & toys. It has been rewarding. Attached is one delivery photo. Also made prayer shawls.

Thank you for all your efforts and the wonderful work your talented ladies perform.

Sincerely,  
Marie  
Homosassa, FL



Our January meeting was a success as usual. Everyone enjoyed the time together after the business of the Holidays. Days before the meeting I made a couple of walker caddies using the non-woven fabric to show the ladies our next project. Everyone liked the caddies. Carol hosting our meeting decided to wash & dry the caddies. We were delighted to see the results. No problems! The fabric can be washed & dried. Other uses for the fabric are as interlining for bibs & burping pads. I am sure that we will come out with other uses in the future. I will be sending you one of the caddies made with the non-woven fabric & another that I made with changes to the pattern in the information book.

Happy Valentine's Day.  
Best regards,  
Lydia & The Ohio Spirited  
Hands (see more on p.8)

My dearest Bonnie Hagerman,  
I would like to take this opportunity to express our deep and heartfelt gratitude for the knitwear you sent to use here at Froedtert Hospital. Everything was just beautiful and so very much appreciated! We can't thank you enough. The Lord's Blessings will surely be upon you! Have a wonderful day and Spring and once again Thank You so very much! I'm quite sure the recipients will be just thrilled for the gift!!!

JoAnne Uhlenberg  
Volunteer Services Staff Secretary  
Froedtert Health Center  
Wisconsin  
414-805-5012 JoAnne.Uhlenberg@Froedterthealth.org



Peggy,

Thank you very much for the donation of walker bags. I hope you found the blue fabric easy to sew. Trust that these walker caddies will be put to use by our patients, both in the hospital as well as our "home health" patients. Our patients using walkers are limited in that they cannot carry anything while using the walker so this helps them to keep small items close at hand.

Thank you for your time in making these items.

Sharon Hannaby  
Director, Volunteer Services  
Frederick Memorial Hospital  
400 West 7th Street, Frederick, MD 21701

*See page 14 for a photo*

#### HOSPITAL UPDATE:

Hi Bonnie

I wanted to update the contact info for Thomas Jefferson University Hospital. The e-mail address has changed. It's no longer **buffett222@aol.com**

Please change it to **buffett896@verizon.net**

My name has changed as well. It's now **Alissa Foca** the number is the same I think but just in case my home number is **(610)490-0340**

I still only work nights so home is the best place to reach me.

Several volunteers mentioned having difficulty getting in touch with me I think the new email address will help immensely. Plus my maiden name is confusing some of the newer coworkers. Thanks for your attention.

As always thank you so much for all of your time and effort. We have gotten so many beautiful things from your volunteers.

If you could also update needs to include isolette covers. Thanks so much

Alissa Foca (Dinn)  
Thomas Jefferson University Hospital ICN



Bonnie,

Thank you so much for the box of hats for our babies! I was so excited to receive them. They will be a big help. Thank you to you and the volunteers that made the hats, they are beautiful! Thank you!

Kerriann

**Kerriann Linville**  
Program Specialist  
Healthy Start Coalition of Osceola County  
1014 Pennsylvania Ave  
Saint Cloud, FL 34769  
407-891-9199 kerriannhealthystartoc@earthlink.net

#### NEEDS:

Preemie and Full-term HATS & BOOTIES  
Blankets for preemies (24" square and larger)  
Blankets for full-term (36" square and larger)



### Hospital Updates:

#### White Plains Hospital

Remove contact person (Maria Casella & her telephone number)

#### Boston Medical Center

Contact: Debbie Carey  
617-414-4359

#### Murphy Medical Center

Murphy NC 28906  
REMOVE FROM HOSPITAL LIST  
828-835-3667 (Mary C. Campbell)

### Hospital Update:

Albany Medical Center  
Volunteer Services  
43 New Scotland Ave  
Albany, NY 12208

Needs: They have a good supply of hats, but always need blankets. Requesting Therapy Balls (*pattern below*) and cancer caps (*photo above*). Contact person: Kelly Morrone.



### THERAPY SQUEEZE BALL FOR STROKE PATIENTS OR PEDIATRIC PATIENTS

Requested by Albany Medical Center

#### Knitting needles #4, 5 or 6 4-ply Yarn

Cast on 28 Stitches, Knit one row and turn.

Knit 20 stitches, turn, leaving 8 stitches on needle.

Knit 12 stitches, turn.

Keep on knitting, picking up 2 stitches until you have 28 stitches on one needle.

This is one section. Add a new color and always start at same end as first section (the one with a tail)

Continue until you have 10 sections.

Cast off last row.

Gather each end, fill with fiberfil until firm, but not hard. You should be able to squeeze like a foam rubber stress ball.



Lydia Hernandez (Ohio Spirited Hands Care Wear Volunteers) wrote to report on the wonderful donations this diligent group created to help others. They delivered share squares, lap robes, blankets, hats, burial bunting, etc. to Abington Memorial Hospital (PA), Pregnancy Resource Ctr (OH), & Heartland Nursing Home (OH).





Good evening, Bonnie,  
 You suggested that I consider taking a picture of my donations for you. These items were included in the second package that I dropped off today at Abington Hospital.  
 Barbara K.

**BABY UPDATE**  
 Carol Caywood wrote that Maddox went home on February 3, 2013. He weighed 5 lbs, 7 oz.



Phyllis Cross wrote about a group at her church (Cottonflat Baptist Church in Midland, TX). Started a year ago, this group just now decided to do some service work. Phyllis wrote that she has been active in Care Wear Volunteers since 1992 and has loved it. The group will be making baby clothes and bone pillows for the local hospital in Midland. She enclosed two photos.



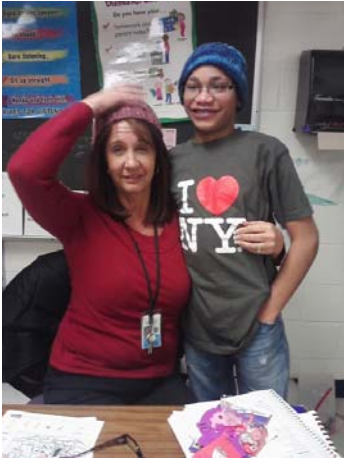
**LEFT:**  
 Fiona Leahy, nurse at Beth Israel Hospital in Newark, NJ, accepts the items for newborns: 10 blankets, 13 hats, and 10 pairs of booties--all made with love by Needle Niters at Fanwood Presbyterian Church.



Hi Mom,

Here are the pictures from today. You can see how happy all the kids were with their hats. It was definitely a Kodak moment. With the room being so small and people moving around, it was hard to get perfect pictures. They are still good though!

Please thank Bonnie & the Care Wear volunteers so much for their generous donation. In fact, you can forward her this message. I'm sure she will enjoy seeing Qwornell and his friends in their new hats! My kids are lucky to have the best Grandmother ever!! Love, Ruth



Jean Corazza wrote, " My daughter is taking all of the hats to school tomorrow for their Valentine's Day. I added some hats to the bag so there were plenty for the kids and some little siblings. My daughter's 13-year old made cards to give with each hat. From what I heard they say "made by my nanny & all of her Care Wear friends." I sent hats for the teachers too because I had some adult hats already made. She is taking her camera so that we can see how all of the kids looked in their hats."

*Letters we all love to receive.....*

Dear Bonnie,  
I wanted to thank you and your organization for providing my son, Thomas, with a beautiful blanket and hat when he was born at Emerson hospital. They are both beautiful and will be cherished as part of his birth story. I hope you and your volunteers know how much your work is appreciated.

With thanks,  
Brooke and Greg Mackintosh



## Easy Crochet Shawl

(Made from donated cones of wool yarn)  
Just enough to wrap around your shoulders

### Supplies:

Use 4 strands of thin cone yarn

K hook

### Directions:

Chain 145.

**1<sup>st</sup> Row:** Beginning with 5<sup>th</sup> chain from hook, Triple Crochet (TC) in each stitch. Chain 4. Turn.

**Note:** For all remaining rows, Triple Crochet in back loop only.

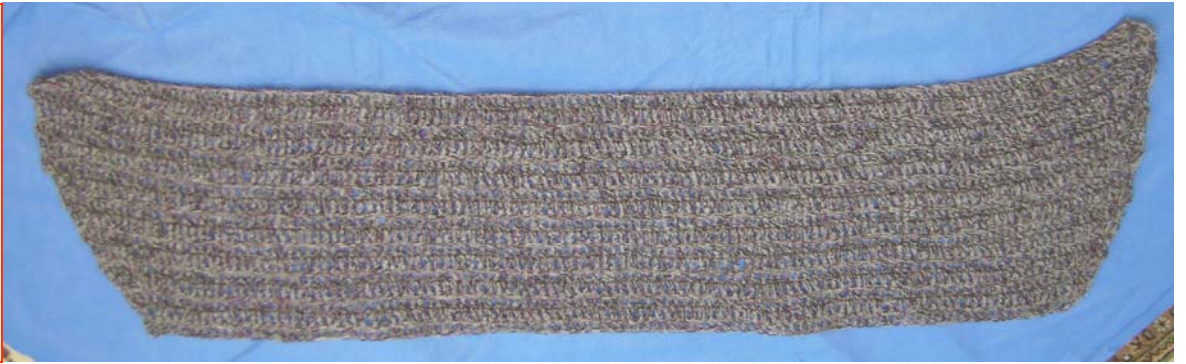
**Rows 2 – 10:** TC first stitch. TC 2 stitches together. Continue TC crochet in each stitch until the last 3 stitches. TC 2 stitches together. TC last stitch. Chain 4. Turn.

**Rows 11 – 16:** TC first stitch. TC 2 stitches together. TC 1 stitch. TC 2 stitches together. Continue TC crochet in each stitch until the last 6 stitches. TC 2 stitches together. TC 1 stitch. TC 2 stitches together. TC last stitch. Chain 4. Turn.

**Row 17 (Last Row):** Crochet same as rows 11 – 16, omitting the Chain 4 and Turn. Tie off and weave in yarn ends at beginning and end of shawl.



Thanks to Marsha C. for her work on this pattern & sample. Using donated cones of wool yarn she made this shawl that will comfort & warm patients at the Frederick Cancer Therapy Center.



## Baby Layette (Directions on pages 12-13)



## Wiebke's Booties

Size 7 needles TLC yarn

LARGER PHOTOS ON PAGE 11

Cast on 36 stitches.

Work garter stitch for 10 rows. (Knit every row)

Next row: P 18, put marker, P rest of row

**Row 1:** K to within 3 st of marker, K 2 tog, K 1, slip marker onto other needle, K 1, K2 tog. K rest of row.

**Row 2:** Purl to within 3 st of marker, P 2 tog, P 1, slip marker, P 1, P2 tog.

KP rest of row.

Repeat until there are 24 sts remaining. (6 rows) End purl row.

**Beading row:** K 1, yo, K2 tog repeat across row.

Next Row: Purl

### Cuff

Row 1: Knit and increase 8 stitches evenly across row. (32 stitches) This is Row 1 of the pattern. Do NOT increase in Row 1 of the next pattern set.

Row 2: Purl across

Row 3: K 4, \* K2 tog twice, YO K1 4 times, K 2 tog, twice. Repeat from \* one more time, K 4

Row 4: P4, K 24, P 4

Repeat Rows 1-4 one more time except do not increase in Row 1. Just knit.

Bind off. Sew up seam.

Run 18- 20 inches of ribbon through the beading row for ties.



## Wiebke's Baby Hat

size 7 needles TLC yarn

Cast on 64 stitches. K2, P2 for 8 rows of ribbing. Change to pattern;

Row 1 Knit across row

Row 2 Purl across row

Row 3 Knit 2, \*K2 tog twice, YO K1 four times, k2tog twice. Repeat from \* across row to last 2 stitches, K2.

Row 4 P 2, Knit across row to last 2, P 2. The first and last two stitches are knitted/ or purled in the last two rows to provide for a multiple of 12 stitches for the pattern.(60 + 4 stitches)

Repeat these 4 rows until total hat length is 5 inches.

Finishing rows: K2 tog across row. Purl next row. K2 tog across row again. Cut yarn leaving a tail long enough to sew up seam, about 12-14 inches. Draw yarn through stitches and pull together tightly. Sew up seam. Add pompom as desired.

This pattern can be adapted to a preemie size by casting on 44 stitches. Instead of knitting/ purling the first 2 stitches of rows 3 & 4, knit/purl the first and last 4. Knit until hat is 4 " and complete the finishing three rows.



## Wiebke's Baby Blanket 28" W x 37" L

Size 7 needles 1 skein TLC yarn

Cast on 136 sts. Knit 8 rows of garter st. (Knit every row).

### First Band

**1st pattern row :** Knit 8. Place marker. Knit across row. to last 8 stitches. Place marker. Knit 8.

**2 Row:** Knit 8, Purl across, keeping markers in place to last 8 stitches. K 8 (always KNIT the first and last 8 stitches to keep blanket edges from curling.)

**Row 3.** K to marker \*K2tog twice, YO K1 four times, k2tog twice. Repeat from \* across row to last 8 stitches, K8

**Row 4.** Knit across row.

## Wiebke's Baby Blanket (continued from page 12)

Repeat pattern rows 3 more times so there is a band of 4 sets of pattern rows.

Second Band Keep markers in place to designate the pattern stitches.

Row 17: Knit

Row 18: K 8, Purl across to last 8 stitches, K 8.

Repeat these two rows 4 times for a total of 10 rows.

Alternate bands until blanket reaches desired length. End with 8 rows of garter stitch as in the beginning, Bind off.

If a wider blanket is desired, add multiples of 12 stitches to desired width.



## Wiebke's Baby Sweater (Size 0-6 mos)

Size 7 needles 1 skein TLC baby yarn

Sweater Back:

Cast on 52 stitches. Work in ribbing (K2,P2) for one inch. Switch to stockinet stitch and work until piece measures 11 inches. Bind off all but the last 15 stitches. Work these in ribbing for 6 rows. Bind off.

Sweater Front:

CO 52 stitches. Work in ribbing for one inch.

Next Row, K 20, place marker, K 12, place marker, K 20.

2nd Row: Purl across, keeping markers in place. Markers delineate the pattern stitches.

3rd Row: Knit 20, K2tog twice, YO K1 four times, K@ tog twice, K 20

4th Row: Purl 20, K 12, P 20.

Repeat these four rows until piece measures 9 1/2 inches. Bind off the center 12 stitches.

Right Front neck: Decrease 1 st. at neck edge every row 3 time, then every other row 3 times. Work in stockinet until piece measures 11 inches.

Left Front Neck: Work same as right front neck, reversing shaping until piece measures 10 inches. Work in ribbing for one inch making two buttonholes in 3rd row evenly spaced across the 15 stitches. Knit in ribbing three more rows and bind off.

Sleeves: CO 22 stitches. Work in ribbing for 6 rows. Knit into the front and back of each stitch on next row. This will be Row 1 of the pattern (44 stitches) For the rest of the sleeve, this is a plain knit row.

Row 2 Purl 15, place marker, P 12, place marker, Purl 15.

Row 3: K 15, K2 tog twice, YO K1 four times, K2 tog twice, K 15.

Row 4: Purl 15, K 12, P 15

Repeat these rows until sleeve measures 6 inches, ending with Row 2. Bind off.

Neckband: Sew right shoulder seam together. Pick up along neck opening, starting at top of left front neck, about 55 stitches. Work 6 rows of ribbing, Making one buttonhole 2 stitches from edge on 2nd row of neck band at left front.

Finishing: Sew top of left front to back left shoulder extension. Sew sleeve and side seams. Sew buttons under buttonholes.

Thank you to Faith Holcombe for sending this layette pattern. LOVELY design!  
Wiebke is the name of the mother-to-be.

In case of question, contact Faith Holcombe [fholcombe@gmail.com](mailto:fholcombe@gmail.com)

Hi Bonnie,  
The walker caddies are done & packed to go out today. I'm sending to Frederick Hospital, there are 61 total. The pictures are taken in my messy sewing room :-)



Bonnie,

Since July of 2012, I have been happily sewing, knitting, & crocheting as a Care Wear Volunteer. Last Sunday, Janet Dollins & I spent a wonderful day at the Central Florida Fair with Lora & Tom Hall from The Knitting Patch in the Exhibit Area at the Fair. Lora & Tom provided a table in their "booth." We brought completed items & talked with people about Care Wear. Care Wear was invited back to the Fairgrounds in October for a Craft Fair as an exhibit & were offered a table at no cost.

Cindy Gooden (321-267-7345)



Janet at the Fair with some of the items made by volunteers.

## Bev's Toddler Mitts for 1 to 2 years (crocheted)

Materials: size **G** crochet hook and 1 oz 4 ply worsted yarn.

Chain **45** Ages 1-2 years old

**Row 1:** Sc into 2nd chain from hook, and into the next 6 chs to form **cuff**, sl st next 2 sts for **wrist**, sc in next 13 sts for **hand**, sl st next 2 sts for **top**, sc in next 13 sts for **hand**, sl st next 2 sts for **wrist**, sc in next 6 sts for **cuff**, ch 1 to turn all rows.

**Row 2:** Working through back loops, sc into each sc and sl st in each sl st of previous row. Repeat Row 2 for desired width of hand (usually 5 ridges)

### THUMB

**Shape thumb:** Keeping in sequence work cuff, wrist and 3 sts of hand. Ch 7 for thumb, fold the mitten in half and join with a sc to opposite side of mitten (meaning- join in the 3rd stitch up from the wrist).

Now work back down toward cuff - 3 sc in next 2 scs, sl st in next 2 sts (wrist), and sc in the next 6 sts for cuff. Ch 1 and turn

**Next Row:** Repeat pattern to thumb, at thumb - sc in next 3 scs, sl st next 1 st, (this forms top of thumb) sc in remaining 3 sts of ch, finish in pattern down toward wrist again.

Repeat last row 2 times to form the thumb, working in the scs and sl sts. End off leaving enough yarn to sew completely around mitten. Fold mitten in half & sew around. Turn right side out.

**Make another mitten the same.**

**Extra (tighter) Cuff:** Sc around the cuff for 3 rounds. Sc in every other 'ridge' around the 1st time to make the wrist a bit tighter. (This will cut your number of sts in half)

### COAT STRING

Join yarn to one cuff at seam stitches and then sc around entire cuff, make a ch about 2-2 1/2 feet long and join with sl st to other mitten at seam. Sc around that mitten too, and you now have a string to thread mittens through coat. For extra warmth, use double yarn and brush the inside of the mitten with a hair brush to make it 'fuzzy' and soft.

Bev's Toasty Toddler Set  
Knitting and crocheted

copyright Beverly A. Qualheim  
2010

## Scarf-Hoodie (crocheted)

Size I hook

1 oz of worsted weight yarn

Ch 70

**Row 1:** Dc in 2nd ch from the hook and in each ch across (68)

**Row 2-6:** Dc in 2nd dc from the hook and in each dc across (68)

**Row 7:** Hdc in 2nd ch from the hook and in each hdc across (68)

Fold the 'scarf' as shown in photo & whip stitch or slip stitch outside edges.

This 'scarf hoodie' will slip over the toddlers head to keep the neck warm—safer than a long scarf.

## Bev's Really Basic Stretchy Toddler Hat (Knitted)

copyright Bev Qualheim 2010

Toddler 1-3 years old

Size 8 knitting needles

(can be made using circular needles too.)

3 oz of bright colored worsted weight 4 ply yarn  
gauge is 7 rows = 1" 6 sts = 1

Cast on 64

**Row 1:** K2, P2, K2 across line, ending with P2.  
Repeat Row 1 until hat is 8" from start.

**Decrease rows:**

Row 1: \*K2 together, purl 2, k2 tog.  
repeat from \* across row.

**Row 2:** Knit

**Row 3:** \*K1 stitch, purl 2 together,  
repeat from \* across row.

**Last decrease row:** Knit 2 together around.

Using size G hook crochet around 3 times, join with slip stitch and end. Weave in yarn end.  
Roll up Brim to wear.



Preemie gowns sent by Laura Slack to Desert Memorial Hospital NICU (February 2013).



Thank you to Bev for sharing her patterns. 15



## Bev's "Dishcloth" Shawl

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Make it a lovely day today!

Bev Q

<http://www.bevscountrycottage.com>

[http://www.bevscountrycottage.com/  
bevs-shop.html](http://www.bevscountrycottage.com/bevs-shop.html)

(handmade items, patterns, yarns,  
books and more!)

Materials:

**Size 13 Circular knitting needles 29" long**

[Crystalites Circular Knitting Ndl 29"-Sz13 Orng](#) :

2.5 skeins of [Lion Brand Homespun Yarn-Deco](#)

(It takes 2 to make the shawl and about 1/2 a skein to make the fringe.)

Worsted Weight yarn could be used also.

Shawl measures 2 1/2 yards across the top.

**Cast on 4 sts**

**Every row: Knit 2 sts, yarn over, knit to the end of the row.**

**Repeat until you have 150 sts on needle (only 130 for kids).**

**Cast off loosely.**

**Cut fringe pieces about 16" long. Fold each strand in half and using a crochet hook, make a half-hitch stitch in each 'hole' made by the YO stitches. Do this along each side, but not across the width/top.**



## SHAWL

Another shawl  
idea for cancer  
therapy centers.



Thanks to Heather Rinckel for  
her work on this pattern.

Pattern:

Using K hook and three or four strands of cone yarn, chain about 160. (Number of chains will depend on how far down you want it to go.)

Double crochet in second chain and in each dc across.

Next row and every row thereafter:

Chain 2, decrease one stitch, dc in back loop of each stitch to last 2 dc, decrease in last 2 dc.

Continue until shawl is the length you wish. You can make a complete triangle or end it when shoulders are well covered. I ended mine at 21 inches.

# FREE HANDOUT

## Jo-Ann Fabrics

### SEQUIN WRAP

#### SUPPLIES & TOOLS:

- 1¾ yd Confetti Dot fabric
- 1¾ yd Casa Collection™ crepe fabric
- Basic sewing supplies
- Sewing machine
- Iron & pressing surface

**DIRECTIONS:** RS= Right sides. WS= Wrong sides. All seam allowances are 1/2".

#### CUTTING:

Sequin Fabric: Cut one on bias following wrap pattern. Following pattern, cut four pieces for ruffle.

Lining Fabric: Cut one on bias following wrap pattern. Following pattern cut four pieces for ruffle.

#### SEWING:

1. For ruffle sew sections of fabric sew together to form one long sequin piece and one long crepe piece. Pin the two fabrics RS together. Stitch one long side and the two ends.
2. Use hand needle & thread to gather ruffle using a basting stitch along the open side sewing between the sequins. Continue stitching loosely; periodically draw the thread tight to gather. Do not use a sewing machine to baste or gather the sequin fabric.
3. Pin gathered ruffle to RS angled back edges of sequined fabric wrap and baste into place.
4. Pin RS of sequin & lining together with ruffles tucked inside and stitch around wrap leaving a 4"-5" opening. Turn RS out; hand stitch opening closed. Trim corners of points before turning out.

**TIP:** To avoid damaging a sequin fabric, set iron temperature on low setting and lay a piece of muslin or cotton over sequin fabric to be pressed.

**NOTE:** The pattern would be appropriate to use for almost any fabric that is soft, warm, and comfortable against the skin.

#### SEWING WITH SEQUIN FABRIC

There are two major types of sequin fabrics: Type A are sewn on and Type B are glued on (such as Confetti Dot).

#### TIPS FOR BOTH TYPES OF SEQUIN FABRIC

- Use a dedicated pair of sharp scissors. Sequins can dull scissors quickly.
- When selecting a pattern, choose a simple design without darts and with few pattern pieces. The focus of the garment will be on the fabric, not on complicated design lines.
- It is recommended to choose a different fabric for sleeves, such as chiffon or organza, as sequin sleeves may catch on the body of the garment.
- To cut out the garment, turn the fabric face down with the wrong side is facing up. Pin the pattern pieces to the fabric, inserting pins between the sequins.
- Adjust the stitch length on the sewing machine to 10 stitches per inch. The longer stitch length will make the seams stronger. Sew the fabric using a straight stitch.
- Finger press open seams on the fabric. To prevent fabric damage; don't use an iron.

#### TIPS FOR TYPE A SEQUIN FABRIC ONLY

- Remove any sequins from the seam allowances of the fabric before sewing.
- After cutting out the garment, mark the seam line with dressmaker's chalk. Any sequin which overlaps the chalk line should be removed.
- Sequins are stitched to the fabric in a line. To prevent raveling and loosening of sequins, pull the thread aside with tweezers. Use tiny scissors to cut from the outer edge of the sequin to the center, avoiding the thread. This will remove the sequin while leaving the thread intact.
- When finished sewing, hand sew sequins to cover any bare spots along the seam line.
- Removing the sequins from within the seam allowance will allow the seam to lay flat.
- Since seam finishes are not easy on Type A sequin fabrics, line the entire garment.
- For hems, make a faced hem by cutting a bias strip of soft fabric, such as satin, 3" wide. Stitch right sides together to the hem of the sequined fabric. Turn under the facing and hem in place at the top of the facing with hand stitching. The same technique can be used at necklines or armholes with a 1" strip of bias fabric.

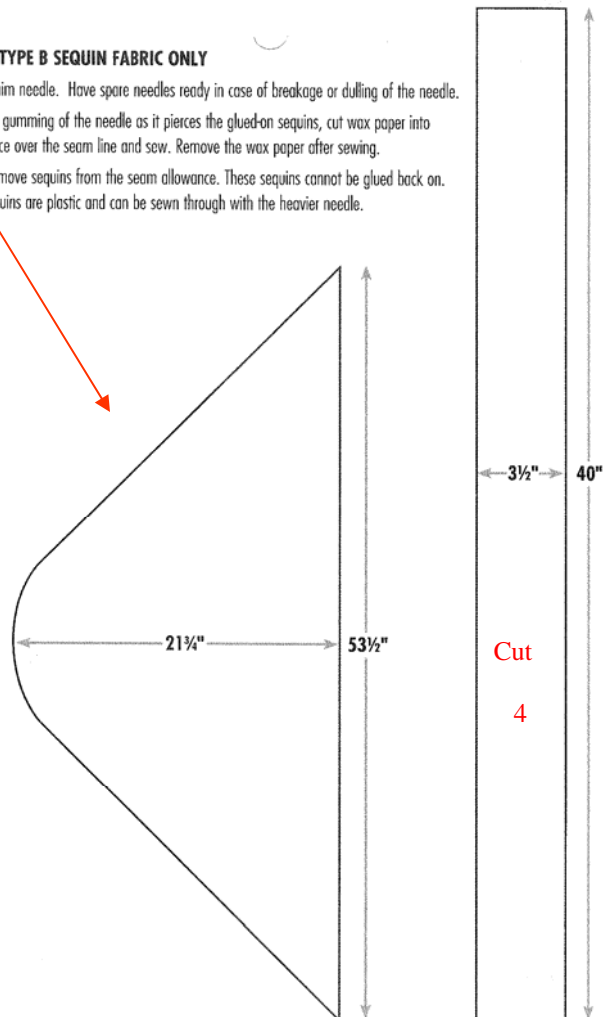


## Sew with Jo-Ann

reorder: fabric #4

#### TIPS FOR TYPE B SEQUIN FABRIC ONLY

- Use a denim needle. Have spare needles ready in case of breakage or dulling of the needle.
- To reduce gumming of the needle as it pierces the glued-on sequins, cut wax paper into strips, place over the seam line and sew. Remove the wax paper after sewing.
- Do not remove sequins from the seam allowance. These sequins cannot be glued back on. These sequins are plastic and can be sewn through with the heavier needle.



Letter from Bonnie continued from page 4

Here is a lovely shawl made by Jean Corazza using donated cones of yarn. This yarn was worsted weight and luxuriously soft and shiny. This shawl will warm and comfort patients at the Frederick Memorial Hospital Regional Cancer Therapy Center here in town. It is lovely! Thanks for Jean's time and talents.

I continue to mail out Revised (2012) Pattern & Information books. (See page 26.) I had a very large quantity printed and have not run out of copies. Forty-two cartons were delivered. I now have 26 cartons on my storage shelf. So, if you have not yet requested a copy, I still have copies available.

Sincere thanks to everyone who sent donations to Care Wear Volunteers.

Wishing you a happy & healthy summer. The next newsletter will be the September issue.



Bonnie

Enjoy the flowers of spring & summer!!!

P.S. (Saturday, April 27 BLUE NONWOVEN FABRIC UPDATE)

I requested a newspaper article in *The Frederick News-Post* to recruit additional volunteers to sew already cut-out walker caddies using the donated blue nonwoven fabric. The response has been WONDERFUL! I've had a busy week giving already cut-out caddies, directions, etc... to new "recruits" for this project. Everyone likes the idea that there are no meetings, no regulations, no dues, and no quotas. I have fingers crossed that these volunteers will come back for additional caddies after finishing the first batch and delivering them to Sharon Hannaby, Director of Volunteers at Frederick Memorial Hospital.



The Care Wear Volunteers Group at The Church of the Holy Spirit in Wayland, MA enjoyed a Tea Party earlier this year. They shared a basket of candles given to them by grateful nurses at Metro West Hospital in Framingham, MA.

This group was saddened to lose member Frances Wade, but continues her enthusiasm and dedication to young hospital patients.

Best wishes to everyone in that group and THANK YOU!






### SIZES


To fit baby **3** (6/12) mos.

### MATERIALS

**Bernat® Pipsqueak™** (100 g/3.5 oz; 109 m/120 yds)

Sizes	3	6/12	mos
 <b>Main Color (MC)</b> Tickle Me Pink (59421)	1	1	ball

**Bernat® Softee Baby™** (140 g/5 oz; 331 m/362 yds)

Sizes	3	6/12	mos
 <b>Contrast A Flannel</b> (30044)	1	1	ball

Size 4.5 mm (U.S. 7) knitting needles. Set of four size 4 mm (U.S. 6) double-pointed knitting needles **or size needed to obtain gauge**. Black embroidery floss for embroidery.

### GAUGES

**Bernat® Pipsqueak™** 13 sts and 18 rows = 4" [10 cm] in stocking st with larger needles.

**Bernat® Softee Baby™** 22 sts and 30 rows = 4" [10 cm] in stocking st with smaller needles.

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www.Bernat.com

### ABBREVIATIONS

[www.bernat.com/abbreviations](http://www.bernat.com/abbreviations)

**Beg** = Begin(ing)

**Inc1** = Increase 1 stitch in next stitch by knitting into front and back of stitch.

**K** = Knit

**K2tog** = Knit next 2 stitches together

**P** = Purl

**P2tog** = Purl next 2 stitches together

**Rem** = Remaining

**Rep** = Repeat

**Rnd(s)** = Round(s)

**St(s)** = Stitch(es)

### INSTRUCTIONS

With MC and larger needles, cast on **12** (16) sts.

Beg with a knit row, proceed in stocking st until work from beg measures **2¾** (3¾)" [7 (9.5) cm], ending on a purl row.

**Next row:** \*K2tog. Rep from \* to end of row. **6** (8) sts.

**Next row:** \*P2tog. Rep from \* to end of row. **3** (4) sts. Break yarn, leaving a long end. Thread end through rem loops and fasten securely. Sew top of Bootie to within **2½** (2¾)" [6 (7) cm] of cast on edge. Sew back seam.

**Cuff:** With A and double-pointed needles, pick up and knit **28** (32) sts around top edge of Bootie. Divide sts onto 3 needles. Join to beg working in rnd, placing marker on first st.

**1st rnd:** \*K1. P1. Rep from \* around.

Rep last rnd of (K1. P1) ribbing until work from pick up rnd measures **2** (3)" [5 (7.5) cm]. Cast off loosely in ribbing.

### EARS (make 4)

With MC and pair of double-pointed needles, cast on 7 sts.

**1st row:** Knit.

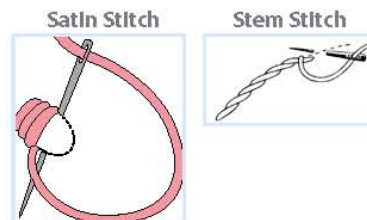
**2nd row:** Inc1 in first st. Knit to end of row. 8 sts.

**3rd row:** Knit.

**4th row:** K2tog. Knit to end of row.

Cast off.

Sew Ears to either side of Bootie as shown in picture. With black embroidery floss, embroider eyes using satin st. Embroider nose and mouth using stem stitch.





### SIZES

To fit child **2/4 (6/8-10/12)** years.

### MATERIALS

Bernat® Softee® Chunky™  
(Ombres: 2.8 oz/80 g; 77 yds/70 m)

Sizes **2/4 6/8 10/12**



#### Boy's Version

Dad's Scarf **1 2 2** ball(s)  
(29044)



#### Girl's Version

Spirited **1 2 2** ball(s)  
(29440)

Size 8 mm (U.S. L or 11) crochet hook **or size needed to obtain gauge.** Stitch marker.

### GAUGE

8 sc and 9 rows = 4" [10 cm].

### ABBREVIATIONS

[www.bernat.com/abbreviations](http://www.bernat.com/abbreviations)

<b>Approx</b> =	<b>Rep</b> = Repeat
Approximately	<b>Rnd(s)</b> = Round(s)
<b>Beg</b> = Beginning	<b>Sc</b> = Single crochet
<b>Ch(s)</b> = Chain(s)	<b>Sl st</b> = Slip stitch
<b>Hdc</b> = Half double crochet	<b>St(s)</b> = Stitch(es)
	<b>WS</b> = Wrong side

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[www.Bernat.com](http://www.Bernat.com)

### INSTRUCTIONS

The instructions are written for smallest size. If changes are necessary for larger sizes the instructions will be written thus ( ). Numbers for each size are shown in the same color throughout the pattern. When only one number is given in black, it applies to all sizes.

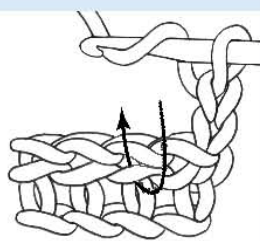
**Note:** Rnds are worked in a spiral. **Do not** join at end of rnds. Place marker on first stitch of each rnd and move each rnd.

Ch 3.

**1st rnd:** 6 hdc in 3rd ch from hook.

**2nd rnd:** \*Work 2 hdc in horizontal bar created below stitch in previous row (bar is below loops normally worked on WS). Rep from \* around. 12 hdc.

WS of work is shown - arrow indicates horizontal bar to work into.



**3rd rnd:** \*Work 2 hdc in horizontal bar in next st. Rep from \* around. 24 hdc.

**4th rnd:** \*Work 2 hdc in horizontal bar in next st. Work 1 hdc in horizontal bar in next st. Rep from \* around. 36 hdc.

**5th rnd:** \*Work 2 hdc in horizontal bar in next st. Work 1 hdc in horizontal bar in each next 5 sts. Rep from \* around. 42 hdc.

**Sizes 6/8 and 10/12 only:** **6th rnd:** \*Work 2 hdc in horizontal bar in next st. Work 1 hdc in horizontal bar in each of next 6 sts. Rep from \* around. 48 hdc.

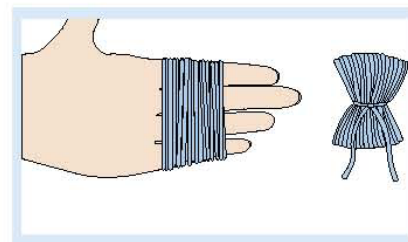
**Size 10/12 only:** **7th rnd:** \*Work 2 hdc in horizontal bar in next st. Work 1 hdc in horizontal bar in each of next 7 sts. Rep from \* around. 54 hdc.

**All sizes:** **Next rnd:** \*Work 1 hdc in horizontal bar in each st around. **42 (48-54)** hdc. Rep last rnd until work from beg measures **6½ (7½-8½)" [16.5 (19-21.5) cm]**.

**Next rnd:** Work 1 hdc in horizontal bar in each of next 3 sts. Sl st in horizontal bar in each of next 2 sts. Fasten off.

### FINISHING

**Pom-pom:** Wind yarn around 4 fingers approx 80 times. Remove from fingers and tie tightly in center. Cut through each side of loops. Trim to a smooth round shape. Attach to top of Hat.



Bonnie -

I wanted to show you what I have been doing with the blue material. Currently I have 14 of the "Saddle bag" Walker caddies made, and 15 more in production.

After talking to you - and changing my mind about these :-)) I have come to a few conclusions. I believe the hospital will really like these for (as you said) the short term use of walkers. However - after some thought, I realized that they will be used for even more!

You can draw on the blue material with crayons & markers, which the children will like. These would also be great to be used at the bedside. When you are in the hospital you always want your "stuff" within reach, and that little table is always full. These will easily hang over the bed rail (which is always up for the children) that way they can keep their drawing supplies, little toys, brushes, whatever they want to use it for.

I used the pattern & modified it for my needs. I have enclosed a copy of my directions that I sent to Debbie Pfaff (her request) along with 3 pictures. Feel free to share this with anyone, and if it goes no farther than you - that is okay too!

Most of my material was 44" wide (sealed edges) although I had a few smaller, and Debbie indicated she has larger pieces. The instructions are written for 44" wide material - but could be easily modified for different sizes. If the material is larger (Debbie had 54") you have a couple options. You could:

(A) Trim the material to 44" - and then the only revision would be to top stitch across the ends - which will become the top of the pockets, or

(B) Adjust the size of the pockets, maintaining the space between the pockets (where it hangs) to approximately 4"

I did not worry if my sizes were not exactly 14" x 44", I just used what I had on each piece - and they are fine!

I plan to deliver these to the hospital the end of February (I deliver between the 20th - 25th of the month) and will let you know their response.

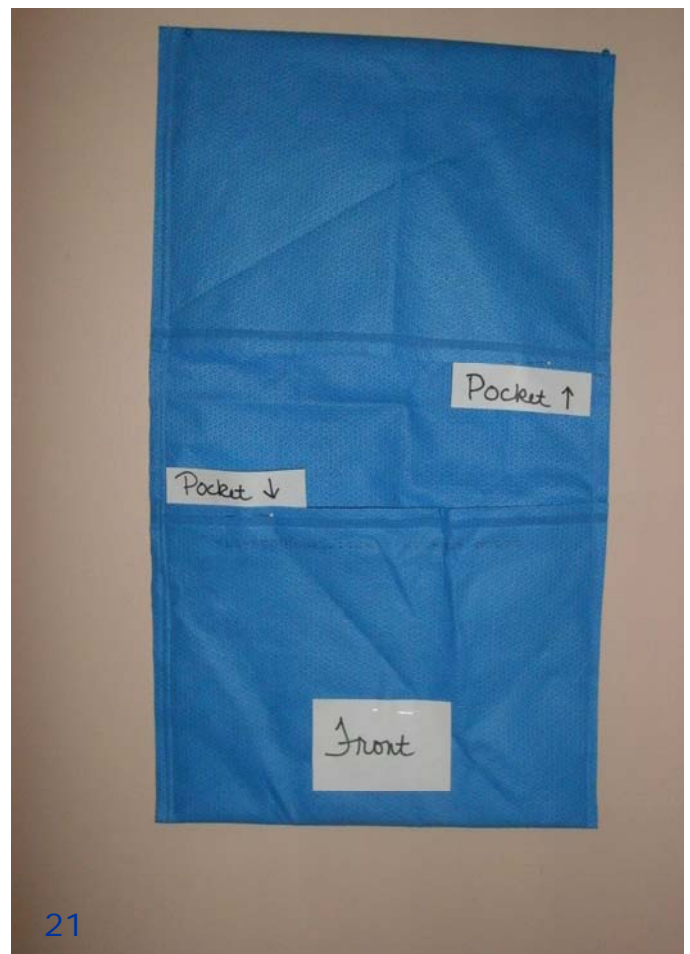
Hope you are having a great day!

Deborah French

## SADDLE BAG WALKER CADDIE (modified pattern)



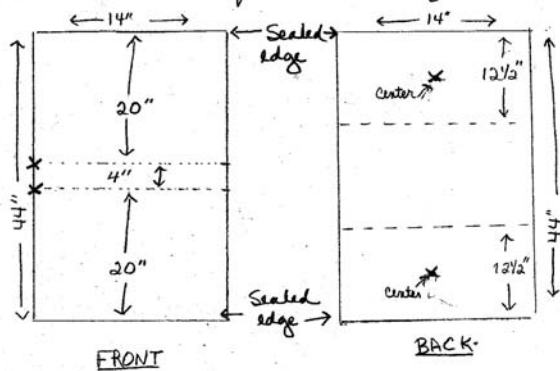
## FRONT:



# Saddle Bags 4 Blue Material

Cut Material: 3" velcro for each bag  
14" x 44" (sealed edges - may not be exactly 44")

Mark the fabric as follows:

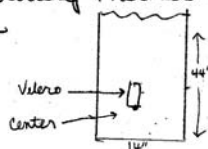


On front: mark 20" from each sealed edge (this will be folded to make a 10" pocket on both ends

On back: on each end mark the center of the material, 12 1/2" from the sealed edge

## Construction

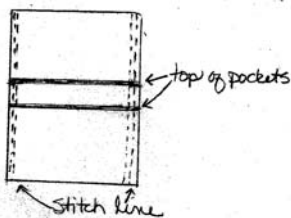
Back - place bottom edge of velcro on the center point previously marked and sew to material



Front - fold bottom edge (sealed) up to the mark (20" from bottom) on both ends to form pockets.

## Sew:

Sew both sides from edge to edge. (I sew two seams)



It's that easy!

Do not worry if your measurements are not exact.



**COOKIE THE CLOWN** (a.k.a. Jane Arney) wrote that the Suwannee River Dialysis Center was very pleased to receive donated lap robes. Jane made them with donated cones of yarn—combining strands for colorful & attractive blankets.

BACK



## SELF BINDING BABY BLANKET



**You need:** 30" square flannel for front of blanket \*\*  
40" square flannel for back of blanket

**Fold the front and the back in half both ways and mark the centers with a pin. (5" of extra back fabric at each corner).** (FIGURE #1)

**Matching both pieces of flannel at the center pins, pin right sides together.**

**Stitch from the center pin out to the corner of the front fabric using a 1/4" seam and stopping 1/4" from the corner. Repeat this process all the way around the blanket leaving an opening of about 6" on one side of the blanket.** (FIGURE #2)

**Lay the blanket out flat. You will have "rabbit ears" in each corner. Press each seam towards the back fabric (the 40").**

**Miter the corners with a 90 degree seam by folding 2 side seams to meet matching the center marks and the 1/4" stop points and, using a square ruler with one edge along the FOLD and the other lining up with the stop point, draw a line. Sew along this line. (Turn blanket inside out and check the corner to make sure it is correct.) Repeat at all corners. Trim excess fabric to 1/4". MAKE SURE ALL PINS ARE REMOVED!** (FIGURE #3)

**Turn blanket right side out and lay flat. Fold under the seam allowance and pin where you turned the blanket. Press.**

**Top stitch with a decorative stitch along the seam all the way around the blanket catching the opening to close the hole and finish the blanket.**

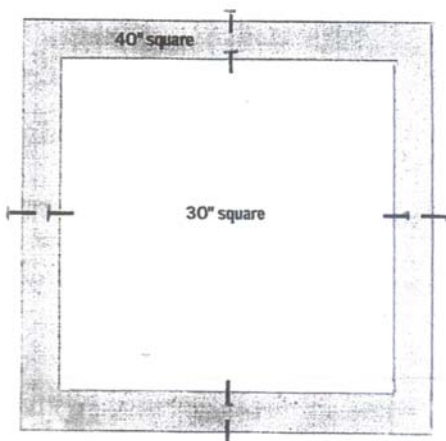
**Original source of pattern not known.**

**First one takes time - second is quicker - third is a "snap"!!**

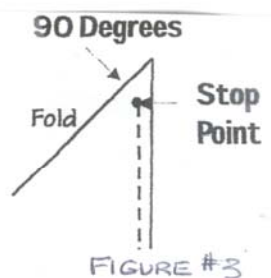
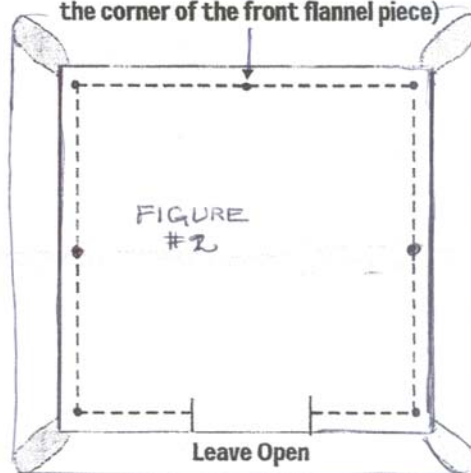
**\*\*Blanket can be made any size as long as pieces are square.**

Thank you to Heather Rinkel for sharing this pattern. She does not know the source. She makes them for the local shelters in her area of Michigan. In case of questions contact her: 567 Brenna Trail, East Jordan, MI 49727 or Heather.Rinkel@yahoo.com

(FIGURE #1)



Start stitching from the center out to the corners (1/4" from the corner of the front flannel piece)



## FLOWER AFGHAN

### Abbreviations:

dc—double crochet  
yo—yarn over  
lp(s)—loop(s)  
tr—triple crochet  
beg—beginning  
ch—chains

sl st—slip stitch  
sc—single crochet  
sk—skip  
st(s)—stitch(es)  
sp(s)—space(s)  
rep—repeat

### Afghan

**Materials:** Welcomme Pernelle Super Mohair, 40-gm. balls: 5 blue 108, 4 green 109, 3 rose 102, 1 lavender 106, 1 yellow 134; Welcomme Pernelle Touareg, 50-gm. balls: 5 blue 211, 4 green 217, 3 rose 214, 1 lavender 215, 1 yellow 209.

**Tools:** Size J crochet hook; yarn needle; scissors.

**Note:** Afghan is worked with one strand each of mohair and Touareg in the same color held together.

**Dc cluster:** [Yo, insert hook in st, yo, draw through a lp, yo, draw through 2 lps] 4 times; yo, draw through 5 lps on hook.

**Tr cluster:** [Yo twice, insert hook in st, yo, draw through a lp, yo, draw through 2 lps, yo, draw through 2 lps] 4 times; yo, draw through 5 lps on hook.

**Center panel:** Make one. Beg at center of panel with yellow, ch 145. Break off. **Row 1:** With rose [sl st in first ch, sk 3 ch, 8 tr in next ch, sk 3 ch] 18 times; sl st in last ch. Do not break off but rep this row on opposite side of foundation ch. Break off. **Row 2:** Right side facing, with green tr in first sl st; [ch 2, dc cluster in 3rd tr, ch 2, dc cluster in 6th tr, ch 2, tr cluster in sl st] 18 times but replace final tr cluster with one tr. Break off. Rep row on opposite side.

**Rows 3 and 4:** Right side facing, with blue 3 dc in each ch-2 sp; 162 dc. Do not break off. Ch 3, turn. Dc in each dc. (Ch-3 counts as first dc.) Break off. Rep rows 3 and 4 on opposite side. **Row 5:** Right side facing, with lavender [sc in first st, ch 2, sk 3 sts, 5 dc in next st, sk 3 sts, dc in next 2 st] 18 times. Break off. Rep row on opposite side. **Row 6:** Right side facing, with yellow [3 sc in ch-2-sps, ch 1, sc in 3rd dc, ch 1, 3 sc in ch-2-sps, ch 1] 18 times but eliminate final ch 1. Break off. Rep on opposite side.

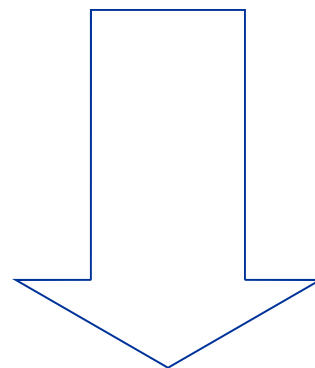
**Row 7:** Right side facing, with green dc in first sc; [ch 2, dc cluster in ch-1 sp] 53 times; ch 2, dc in last sc. Break off. Rep on opposite side. **Row 8:** With blue 3 dc in each ch-2 sp. Break off.

## FLOWER STRIPS

Make an Afghan  
(CROCHET)

From  
Decorating Craft  
Ideas  
Southern Living, Inc.  
Jan/Feb 1983  
Special Needlecraft  
Bonus p. 55

Pillowcase Border



Wouldn't this be a lovely edging on a fleece blanket or on a plain crochet or knit blanket!





Pillowcase Border  
Seen Here

Continued from "Flower Afghan" on page 24

Rep on opposite side. **Row 9:** With rose [sl st in first st, sk 3 sts, 8 tr in next st, sk 3 sts, sl st in next st] 18 times. **Note:** There are 2 sl sts between each 8-tr group. Break off. Rep on opposite side.

**Row 10:** With green rep row 2, making the tr cluster in 2nd sl st. **Rows 11 and 12:** With blue rep rows 3 and 4.

**Side panels (make 2):** Work like center panel through row 9. Work rows 10 and 11 (but not 12) on one side only.

**Finishing:** With blue (Touareg only) sew side panels to center panel along straight edges. With both strands blue work one row sc along each end of afghan.

## Pillowcase Border

**Materials:** Welcomme Pernelle Fil D'Eccosse 1 ball each: blue 35, green 36, yellow 22.

**Tools:** Size 0 steel crochet hook (or size to obtain gauge).

**Guides:** Border measures approximately 3 inches wide.

**Gauge:** Three 8 tr shells = 4 inches. **TO SAVE TIME, TAKE TIME TO CHECK GAUGE.**

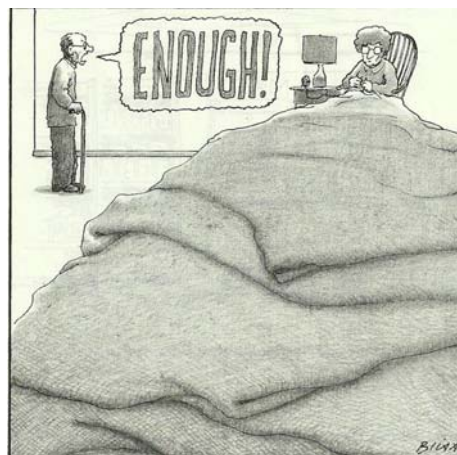
**Note:** Tr and dc clusters are the same as for afghan.

With yellow, ch to desired length in a multiple of 8 plus 1. Break off.

**Row 1:** With blue sl st in first ch, [sk 3 ch, 8 tr in next ch, sk 3 ch, sl st in next ch] across ending with sl st in last ch. Do not break off but rep row across opposite side of foundation ch. Break off.

**Row 2:** Right side facing with green tr in first sl st, [ch 2, dc cluster in 3rd tr, ch 2, dc cluster in 6th tr, ch 2, tr cluster in sl st] across ending with tr in last sl st. Break off. Rep row on opposite side. **Row 3:** Right side facing, with yellow work 3 dc in each ch-2-sp. Break off. Rep row on opposite side. **Row 4:** Right side facing, with blue (sl st in first dc, sk 3 dc, 8 tr in next dc, sk 3 dc, sl st in next dc) across. Break off.

Faith Holcombe sent this adorable cartoon. Look familiar to anyone?



# REQUEST FOR DONATIONS

Your donations to Care Wear Volunteers are used to fund postage, printing, office supplies, modest rental charge, etc. As you know, Care Wear Volunteers has no membership fees or charges for newsletters or pattern books. Instead, this organization relies on donations to fund expenses. This request is reprinted in each newsletter as a reminder that large or small, your donations are appreciated.

Please be aware that the mailing list for the quarterly newsletter is not rented or sold to any organizations or companies. It is used for imprinting newsletters—nothing else! No fund-raising companies will telephone you at dinner time to ask for donations. You will not receive pens, address labels, key chains, or calendars in the mail with appeals for donations.

**Mailing Address: Care Wear Volunteers  
Bonnie Hagerman  
102 Mercer Court #23-5  
Frederick MD 21701-4070**

Make checks payable to **Care Wear Volunteers, Inc.** Care Wear Volunteers is a 501(c)(3) nonprofit organization (EIN#52-2137470). Your donations are tax deductible. See your tax preparer for details.

*Many thanks for your participation and financial support.*

## THE 2012 REVISED PATTERN & INFORMATION BOOK

Copies of the revised Pattern & Information Book are still available. Everyone appreciates having this book in full color and I think that you will agree that the photos are wonderful in color. A donation of \$5 is appreciated for sending a copy.

There is a correction needed on page 12.

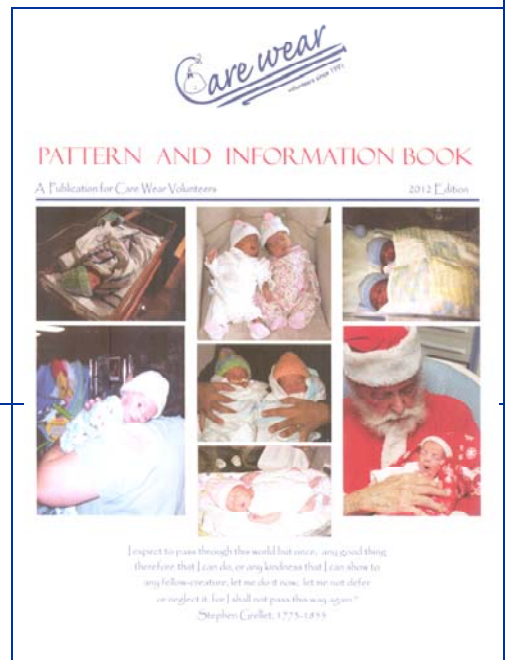
**PATTERN:**

Row 1: **K<sub>2</sub>**, P2, ending with P2

There is a correction needed on page 54 (mailing address for medical/surgical dolls requested by Johns Hopkins)

**Mail to: Child Life Dept. Bloomberg Children's Center,  
Room 7217, Johns Hopkins Hospital, 1800 Orleans  
Street, Baltimore, Maryland 21287**

(E-mail: [childlife@jhmi.edu](mailto:childlife@jhmi.edu) Telephone: 410-955-6276)



## HOSPITAL ADDITION

UCOM: United Church Outreach Ministry  
Attn: Shawn Keaner  
1311 Chicago Drive S.W.  
Wyoming, MI 49509

Telephone: 616-241-4006

Needs: Booties (full-term), Blankets/  
Quilts, Hats (newborn to six months),  
Bibs, Kimonos (6 month size requested),  
baby sweaters, children's hats & mittens  
(birth to 12 years) and adult hats &  
scarves.

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## HOSPITAL REQUEST

The Frederick Memorial Hospital Rose Hill Medical Center (1562 Opossumtown Pike, Frederick, MD 21702) requests **FINGER PUPPETS** to distract young patients who are undergoing lab tests.

### KNITTED HAT with textured stripes:

If you use partial skeins of yarn to create stripes in hats, consider this interesting variation. Use the stripe directions (red) with whatever pattern you happen to be using.

Here is how I started this full-term hat

*Bernat Softee Baby Yarn* (white & blue)

Size 5 needles for ribbing/size 6 for hat

-Cast on 72 stitches—size 5 needles—blue yarn.

-Knit 2, Purl 2 for 2.5 inches.

-Change to size 6 needles & tie on white yarn.

-FOUR ROWS of stockinette in WHITE (72 sts)

-row 1: knit across

-row 2: purl across

-row 3: knit across

-row 4: purl across

-Change to BLUE yarn for STRIPE

-1st row: knit across (72 sts)

-2nd row: K1, P1 across (Seed Stitch) 72 sts

-3rd row: P1, K1 across (Seed Stitch) 72 sts

-4th row: K1, P1 across (Seed Stitch) 72 sts

Repeat white & blue rows to desired length. Decrease, if you wish, to taper to the top.

Heather Rinkel gave me this suggestion: After completing the ribbing, add 1 stitch (73 total) so that the seed stitch will be easier: K1, P1 across all 3 rows.



### STITCH-A-THON 2013—QIAGEN (Gaithersburg)

Care Wear Volunteers was delighted to assist the Qiagen Community Service Committee with patterns and supplies for their 2013 Stitch-A-Thon on April 4th. Tricia Muir coordinated transport of patterns to the group and shared their results: 165 hats, 2 scarves, and 1 pair of booties. BRAVO to everyone who participated and to Qiagen for encouraging community service.



A wonderful pattern from the March 2013 newsletter.  
Revision shown in red.



### HENRY THE HUGGABLE HORSE

**MATERIALS:** 1 skein Red Heart knitting worsted yarn (#4) **\*SEE BELOW**  
Size 7 or 5 knitting needles (smaller size makes tighter and smaller toy)  
Stitch holders and markers.  
Polyester Fiberfill.

**Abbreviations:** inc.: increase                      k2tog.: Knit 2 together    st(s): stitch(stitches)  
pm: place marker                      EOR: every other row    rs: right side  
sm:slip marker                      bm: before marker

**NOTE: BOTH SIDES ARE IDENTICAL. PLEASE MARK THE RIGHT SIDE BECAUSE ALL INCS/DECS. ARE MADE ON THAT SIDE. DO NOT REMOVE MARKERS UNTIL FINISHED.**

Cast on 56 sts. Work in garter stitch (knit every row) for 3 rows.

**Next row:** Knit 26, inc. in next st., pm, knit 2, pm, inc. in next st., knit to end.

Working in garter stitch, inc. 1 stitch before 1st and after 2nd marker EOR 7 times (72 sts.)

#### **LEG SHAPING:**

**with rs facing,** Cast off 13 stitches at the beginning of the next 2 rows, then DECREASE 1 st. each end of EOR twice. (back leg completed) (42 sts.)

Knit the next 14 rows (9 ridges on each side from leg cast off)

INCREASE 1 st. each end of EOR twice, then cast on 13 sts. at beg. of next 2 rows.(72 sts)

#### **HEAD AND NECK SHAPING:**

With RS facing, inc. 1 st. before and after markers EOR for 20 rows (10 ridges).(90sts)

Bind off 25 sts. beg. of next 2 rows, maintaining incs. on right side before and after markers (42 sts.)

Continue increases each side of markers EOR twice (46 sts.)

**CONTINUING HEAD SHAPING AND WITH RS FACING,** decrease 1 st. each side or marker EOR 4 times (38 sts.)

Row 1(rs): K9, k2tog.,knit to 2 sts. bm, K2tog., sm, k2, sm, K2tog.,K5,K2tog.K.9 (34 sts)

Row 2: Knit.

Rows 3-8: Dec. 1 st. each side of marker EOR 3 times (28 sts.)

Row 9:(rs): K6, k2tog. knit to 2 sts. bm, k2tog.sm, K2, sm,K2tog., K3, K2tog. k.6 (24 sts)

Row 10: Knit

Rows 11-12: Dec. 1 st. each side of marker EOR 1 times (22 sts.)

Row 13 (rs) K4, K2.tog., knit to 2.sts.bm, K2tog.sm, K2,sm, ` K2tog. K2, K2tog.K4 (18 sts)

Row 14: Knit

Row 15: K1, K2tog. K3, K2tog. sm., K2, sm, K2tog. K3, K2tog. K1 (14 sts)

Cut yarn, run yarn through stitches, pull tightly and fasten off securely. Fold body in half, sew edges together, stuff from the rear before closing). Tie ribbon around neck.

Use your bits and pieces of leftover yarns to make a striped toy. I knit 4 or 6 rows of garter stitch and two rows of another color/colors. Change color on the right side only. Great way to use up those odd bits and pieces. For an older child, add a mane, eyes and tail. USE #3 NEEDLES and #3 YARN TO MAKE A TOY HALF THE SIZE OF THIS ONE! (SEE PHOTO)

A lovely pattern provided by Faith Holcombe. However, I GOOFED when writing out the pattern for the March Newsletter. My apologies to Faith and to readers of the March issue. Here is the pattern.

## Lochan's Hat

Size 7 needles, TLC yarn  
Directions are for preemie size.  
Full term size is in parentheses.  
Cast on 44 (64) stitches.  
Work in K2, P2 for 6 rows (1-1 1/2 inches)

### Fleck Pattern

Row 1 Knit  
Row 2 Purl  
Row 3 K1 P1,  
Row 4 Purl.



Work in pattern until hat is a total of 4 (5-5 1/2) inches.  
On the right side, K2 tog across the row. Purl the next row. Then K 2 tog across again.  
Cut yarn leaving a tail 10-12 (14) inches long. Thread yarn on needles and draw through stitches. Pull together tightly and sew sides together.  
Make a pompom for the top if desired,



Betty Abels of WV wrote and enclosed photos of her completed items, including preemie hats, quilts & lap robes for veterans, toys, pillows, booties, etc...



Betty wrote that she is 79 years young. I hope that she does not mind that I have revealed her age. Blessings to Betty for all of her work for others.



# SPRING MAKE A DIFFERENCE DAY

**THANK YOU** to the Board of Directors of Crestwood Village for allowing this event to be scheduled in the Crestwood Village Clubhouse. That space easily accommodates all of the working groups and tables of supplies.

Thank you to Judy Govotsos for her work with table layouts, application for permission to schedule this event, and coordination of details.

Thank you as well to Jane Parsley and all of the Crestwood residents who provided assistance with set up, clean up, etc...

Thank you to Barbara Brewster, Jean Corazza, & Dick Hagerman for help transporting supplies to this event. We loaded cars on Friday afternoon!

Thank you to everyone who brought snacks, yarn, fabric, or other supplies for the "Free for Charitable Use" tables.



Mary Ellen & Fred Granruth provided service at the Sign-In Table and cut ribbon ties for walker caddies under construction in the back of the room. THANKS to Fred for help throughout the day.



FINISHED ITEMS TABLE



Stuffing fiberfill into neck pillows kept participants very busy.

Knit & crochet groups were busy with hats, blankets, etc.....



TOTAL COUNT OF DONATED ITEMS:  
**1299**

TOTAL COUNT OF PARTICIPANTS:  
**58**

# APRIL 20, 2013



A wonderful group of volunteers assembled on April 20th. As mentioned on page 4, I hope that individuals & groups will continue to host community service events throughout the year.



## CARE WEAR VOLUNTEERS

Bonnie Hagerman  
102 Mercer Court #23-5  
Frederick MD 21701-4070

Non-profit org.  
U.S. Postage  
PAID  
Frederick, MD  
Permit No. 775



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### **FYI: OPERATION: CARE AND COMFORT from: Hints from Heloise column**

This wonderful organization boxes and mails small toiletries (hotel soap, hand lotion, shampoo, conditioner, packages of coffee, sweeteners, note-pads & pens, etc...) to our troops overseas. They also accept new greeting cards (any occasion) and stickers.

Address: Operation: Care and Comfort  
2392 Walden Square  
San Jose, CA 95124

If you have questions,  
visit their website: [www.occ-usa.org](http://www.occ-usa.org)  
OR call 408-373-8635

