



This Newsletter is a
A Quarterly
Publication for
Care Wear Volunteers

September 2007

Make A Difference Day

October 27, 2007



Join us for a day of community service on October 27. Area Care Wear Volunteers participants, area residents, and faculty, students & staff at Hood College are invited to participate in the annual Make A Difference Day project at Hood College. I have a handicap accessible first-floor meeting room reserved in the Whitaker Campus Center on the Hood College campus in Frederick, Maryland. Parking is available outside the entrance door to the Whitaker Campus Center. We will begin at 10am and end at 3pm. Please mark your calendar and plan to spend all or part of the day with us.

Details:

1. One area of the room will be set aside for knitting & crochet. Yarn & patterns will be available for those who already know how to knit and/or crochet. Comfortable chairs will be close to windows for good light. Bring your supplies--especially scissors.
2. One area of the room will be set aside

for knit and crochet instruction. I have three instructors for knitting and one instructor for crochet. Are there any additional volunteers for crochet instruction? (Everyone who wishes to learn to knit or crochet will receive a bag with a pattern book, a skein of yarn, and either a crochet hook or a pair of knitting needles. I am setting aside donated supplies for this and welcome additional donations.)

3. One area of the room will be set aside for stuffing fiberfill into pre-sewn fabric toys (bunnies & bears). I welcome pre-sewn toys (cut, sewn, clipped, turned, and face applied with textile paint or embroidery) for this event. I will supply fiberfill and ribbon to anchor around the finished toy.
4. One area of the room will be set aside for sewing. If you can bring your sewing machine and supplies (thread, scissors, extension cord to reach outlets, etc.) you can assemble quilt squares that were donated to Care Wear or

work on your own projects (burial gowns, kimonos, etc.) I will have quilt squares (LOTS OF THEM!!!), batting, and backing fabrics available for the quilt project.

Assistance:

1. I have one volunteer to help with check-in, one volunteer to help with set-up, and one volunteer to assist with clean-up. (My husband will also help with set-up and clean up.) I have one volunteer who will take photos throughout the day. I still need two or three volunteers to work on counting finished items and packaging items for the hospitals.
2. I welcome donations of yarn, fabric, crochet hooks, & fiberfill. Thank you to those who have already helped.
3. I am seeking an individual or business to fund breakfast treats (a breakfast nibble, coffee/tea/juice/water) and/or

continued on page 5



Please submit
newsletter
articles, photos,
comments
and stories to:

hagerman@hood.edu

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Greetings to Care Wear Volunteers Participants!

Thank you to everyone who uses Care Wear Volunteers' patterns and donates requested items to hospitals, shelters, and social service agencies. You make a difference in the lives of others.

I hope that everyone enjoyed the summer. Extreme weather conditions in many parts of the country affected some of you, but I hope not seriously. Let's hope that the late summer and early fall months do not bring hurricanes and other disasters to our country.

It is early July (July 7th) as I write this. Margie Hunter is again producing our newsletter as she awaits the arrival of her first baby. Please keep her in your prayers as she has already experienced some problems that signal a slightly early delivery date. She appreciated hearing your compliments about the professional and creative new look to the newsletter. I am in awe of her talents and kindness to volunteer her time for this effort.

My trip to Ireland was marvelous. As I mentioned in the June issue, I traveled with my husband and two friends/faculty colleagues/members of the Care Wear Board. We left on the 24th of May and flew to Stansted, London—then changed planes for the flight to Dublin. Happily, our connections in both directions went smoothly and our luggage accompanied us. Upon arrival, we picked up the keys to our rental car and headed south around the Dublin Bypass to Avoca (the site of the Ballykissangel tv series). We rented a cottage just outside Avoca and spent two nights adjusting to the time change & jet lag. I was not a follower of the tv series, but the little town of Avoca was charming. The area (Wicklow mountains & Bray-Arklow coastline) was lovely as well. The narrow roadways were a bit less lovely, but we were not traveling in peak tourist season—thank goodness!!! From Avoca we ventured south along the coastline and stayed the next night in Ballycotton (beautiful Bayview Hotel). After touring Cobh (history museum of the Lusitania & Titanic) we continued south to Kinsale (FANTASTIC TOWN!!) and Baltimore (not quite what we expected). The next day's drive to Mizen Head (the end of the southernmost peninsula in Ireland) was a highlight of the trip. The next day we drove through the cute town of Bantry and around the Bearra Peninsula (equally as stunning as the Ring of Kerry, but much less crowded), and up to Kilorglin where we rented a self-catering condo on a river. That was our base for the trip to Dingle and around the Dingle peninsula. Unfortunately, we saw the Bee Hive huts, the Oratory stone church, O'Connor Pass, and Dingle town through heavy rainfall. However, the rain did not dampen our spirits. We all voted the Dingle peninsula a place we would DEFINITELY wish to visit again! We headed north to Doolin and enjoyed beautiful

sunshine for the Cliffs of Mohrer. The boat trip to view the cliffs from the ocean was a bit rough, but we have a beautiful collection of photos of the cliffs, the stack, rock arch, etc. Another day of touring the area included the Burren's stark rocky terrain. Continuing north we visited Galway, Westport, and the Achill Islands. Unfortunately, the breath-taking sights of the Achill Islands were partially obscured by low clouds and drizzle but this is another area we would DEFINITELY visit again. Around the Connamara peninsula and finally back to Dublin where we spent 3 days. We took the on-off city bus to get to the various sights, including Trinity College, The Book of Kells, the Guinness factory, the museums, & cathedrals.

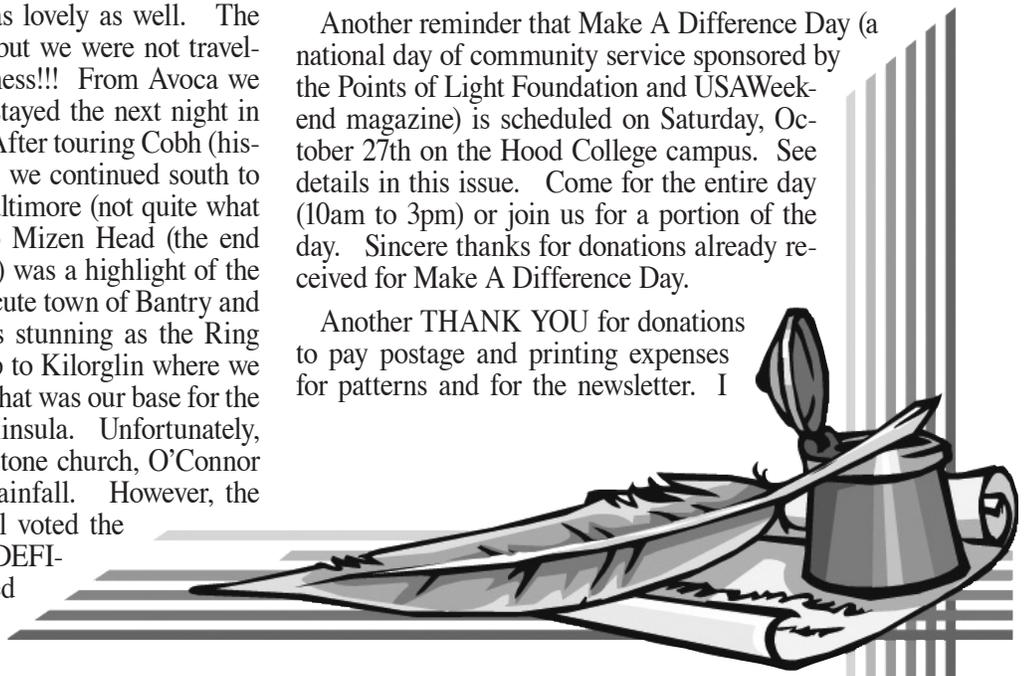
Dick and I took the DART subway to see a lovely fishing village--Howth. We walked along the commercial pier to see the fishing boats unload their catch and through the marina and breakwater area to see pleasure and smaller fishing boats. Lunch at the King Sitric 2nd-floor harbor-view restaurant was a special treat. We returned on the 7th of June with many pleasant memories (tea & scones—especially drop scones with fruit!! YUM!!!) and many photos of blooming purple rhododendron, mountain lakes, rock walls (LOTS OF ROCK WALLS!!!), rocky landscapes (LOTS OF ROCKS!!!), narrow roads, boats (all sizes and types!), steep cliffs without guard rails, wandering sheep (LOTS OF SHEEP!!!), crashing surf, vivid turquoise ocean/sea, brightly painted houses and restaurants, etc. BRAVO to Dick for his excellent mastery of left-side of the road driving. He did, however, have 3 "helpers" to remind him when he ventured to the wrong side of the roadway, but that did not happen often.



*The Care Wear Volunteers Board of Directors meets regularly in my office on the campus of Hood College, but Bonnie Neuman, Betsy Estilow, and I would like to recommend having our next meeting at the harbour of Kinsale, Ireland!!!!!! This photo was taken by my husband. We enjoyed a beautiful sunny day in the lovely harbour town of Kinsale (just south of Cork). Left: Bonnie Hagerman
Center: Betsy Estilow
Right: Bonnie Neuman*

Another reminder that Make A Difference Day (a national day of community service sponsored by the Points of Light Foundation and USAWeek-end magazine) is scheduled on Saturday, October 27th on the Hood College campus. See details in this issue. Come for the entire day (10am to 3pm) or join us for a portion of the day. Sincere thanks for donations already received for Make A Difference Day.

Another THANK YOU for donations to pay postage and printing expenses for patterns and for the newsletter. I



thank everyone for remembering Care Wear Volunteers—especially with employer matching.

I continue to update the hospital list (website: <http://www.carewear.org>) --thanks to assistance from volunteer regional reps. You don't have to be an "official" regional representative of Care Wear Volunteers to send me hospital updates. If you learn of a correction, please send me hospital name, address, and/or phone changes as well as additions or clarifications (sizes needed, for example) to the list of requested items. Thanks for helping me to keep that hospital list accurate.

I hope that the patterns, photos, and information contained in the quarterly newsletters motivate you and help you in your community service efforts. Hospitals have unique rules and needs so it is wise to check what's needed at your local hospital or to send samples to see what can be used and in what sizes & quantities. Some hospitals do NOT use IV covers, for example, and other hospitals can't get enough of them in various sizes!!! Some hospitals dress their preemies and request our kimono (that fastens with Velcro at the shoulders & down the front), while other hospitals do not use preemie apparel! The two requirements of all of the hospitals that are listed on the hospital list are: distribute donated items FREE to patients and acknowledge donations. Sadly, some hospitals do not acknowledge deliveries. I recommend enclosing a self-addressed stamped postcard in each package you deliver or mail. If a hospital does not acknowledge your efforts, send items to another hospital.

Thank you for your notes, clippings, and photos. I try to include as many as I can in each issue of the newsletter. Please be aware that the count of pages in each newsletter must be a multiple of 4. We use 11" x 17" paper--to print four pages. Sometimes I find myself with interesting materials that do not fit on the finished pages. If Margie & I are faced with adding a page, it has to be FOUR pages. Especially when material arrives late in the "production schedule" I have to edit material to squeeze into already arranged pages.

FYI: Some of your notes include greetings or thanks to the Care Wear Volunteers staff. As you know, Margie Hunter volunteers her time to assemble articles, photos, and patterns into our quarterly newsletter. Carol Caywood volunteers 2-3 hours on Tuesdays & Thursdays--when she is in town and when it's convenient to my office schedule. I appreciate Carol's help with office paperwork (stuffing envelopes with patterns, hospital list, recent newsletter, etc as well as help recording donations and updating the mailing list.) Barbara Brewster, long-time Care Wear Volunteers and Treasurer of the Board, provides many volunteer hours to help with paperwork and our annual financial review. A volunteer is currently working on a revision of the one-page Care Wear Volunteers brochure (no patterns--just introductory information). The Board of Directors meets regularly to review the budget and approve the direction and decisions of Care Wear Volunteers. I thank them for their time and expertise. Care Wear Volunteers is a national organization, but a small one. It is housed in my office at Hood College and I thank the College for this benefit that saves overhead expenses. (My condo is too small to accommodate two cats, a telecommuting husband, my "stuff" and Care Wear Volunteers!). When I retire in a few years, Care Wear Volunteers will continue and will grow--in rented space. Having the necessary funds for rent, utilities, insurance, etc. is one of Care Wear Volunteers' annual financial goals.

Again, my thanks to all who participate in this effort to warm & comfort young hospital patients. Keep healthy & safe! You make a difference in the lives of others and your efforts are appreciated.

Sincerely,

Bonnie

P.S. Please send me address changes so that your next newsletter (December issue) is mailed to the correct address. If you do not receive an issue, contact me. I have extras printed and am happy to send a replacement copy. I am surprised how long it sometimes takes to deliver newsletters. Some issues arrive in distant states within a week or two and sometimes nearby states wait 6 weeks to receive a copy!!! The loss rate for bulk-rate mail is high. Happy Fall to all! I hope to see area participants on October 27th for Make A Difference Day.

Preemie patterns are in demand because of the large number of preemie deliveries. Here is a lovely letter I received. A delight to hear that the twin great granddaughters are doing well.

Dear Bonnie,

I just received my June Carewear Newsletter yesterday. It was very interesting and I enjoyed reading it. I want to thank you for sending it, and most of all for your prayers on behalf of my twin great-granddaughters that my family was expecting in April.

The wee little girls were born 8 weeks premature to the very day on February 9. They weighed a little over 3 lbs each. They were in the Natal ICU in St. Francis Hospital in Tulsa, Oklahoma for three weeks, then sent home; but a nurse from the hospital went to their home and checked on them every week for some time. Needless to say, they, and their mother received excellent care at the St. Francis Hospital. It is a huge facility and I would recommend it to anyone, especially to women expecting a premature birth.

Today, the twins, Lauren and Madalene Reid are four months old! They each weigh over 9 lbs, have little double chins, little plump cheeks, and shapely legs. They smile and laugh and at times try to turn over.

Thanks so much for all the preemie patterns you sent me. I crocheted little pink caps with a tassel on top for them to wear in the hospital and home.

Later, I plan to crochet some little caps to take to our local hospital.

Again, thank you so very much for all the patterns and your prayers.

Sincerely,

Effie L. Williams



Care Wear Volunteers, Inc.

Bonnie Hagerman

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Care Wear Volunteers is a
501 (c)(3) nonprofit organization

UPDATE regarding Loyola Medical Center, Maywood, IL.

Bonnie:

Just received a lovely card from Joan Townsend at Loyola Medical Center in Maywood, IL.

They need blankets and booties, but have an overabundance of hats, so I'll be sending her full size blankets for kids and "blankies". Joan is definitely the contact person at Loyola and appreciates all donations - Loyola's a big place and as a teaching hospital I guess it goes through all size blankets pretty quickly.

Her work # is 708-216-8621 direct line and she wants to emphasize that donations of any kind should be addressed to her specifically not just a department or the neonatal icu because it might get lost in the huge complex of buildings at Loyola.

Penelope



FYI:

Lionbrand pattern: Cuddly Bunny
(appeared on page 38 of the June 2007
Care Wear newsletter)

The materials section of the pattern on the website includes details on the needle size used.

[http://cache.lionbrand.com/
patterns/60635.html](http://cache.lionbrand.com/patterns/60635.html)

(for those who don't have internet)
(Size 10.5 and 9 needles)



Here are a few pictures of me teaching my granddaughter (age 9) how to knit the baby hats as she is just as excited about doing this as I am. Also, we have the best pom-pom maker in town, my husband, but I don't have a picture of him making them. The basket of hats is our first donation at the hospital where I work.

*Until later,
Knit on!!*

Terry Coon



Hi Bonnie,

Sorry I haven't gotten back to you, but I am spending all my free time knitting!!! I have made so many baby hats lately and am loving it. I have also finished my fourth baby blanket and am part way through another. I have recruited a helper who is also making hats and donating to the hospital where I work. We also have a ladies auxiliary who supply hats as well. We do not have a big nursery/labor and delivery unit, but may have approximately 25-30 births a month. So this little group is able to take care of the needs where I work. On behalf of the staff in our nursery department, I send a big thank you for the hats supplied under the CareWear label. We use one of the hat patterns that I downloaded from your website. The bin in the nursery where the hats are kept are now filled with these adorable hats of all different colors. It is such a rewarding feeling seeing these hats on our newborns as they begin their journey into the world. One of the first hats that I made was given to my nephew for his newborn son - It brought joyful tears to my eyes.

I have been contacting the other area hospitals, as I don't see too many central New York facilities listed on the hospital listing, to find out their needs. Some

all ready have groups of knitters supplying hats, but there are a few more that I am waiting to hear from. (I am having a blast doing this!!! You are right, it is very rewarding!!) I will let you know if any hospital wishes to be on the list, I can certainly help coordinate deliveries if need be. I have also been contacting local Adult Homes to find out if there is any interest in making hats/blankets/etc, so I am hoping to expand my "knitters". We don't have a prenatal unit here, we transport premature babies to the NICU unit in Syracuse (this is one facility I am waiting to hear back from).

As I do have a computer, I am able to download from your website, have downloaded the newsletters, patterns, etc. and can copy them for my fellow volunteers (I do make sure I tell them that these patterns are for charitable donations only and CANNOT BE SOLD). If needs are being met in my area, we will pick a hospital close to us to provide items to. I will follow your advice (see I have been reading your newsletters) and will call before I send a shipment just to make sure the items are still needed.

Until my next e-mail, knit on fellow knitters!!!

Terry

Make A Difference Day

October 27, 2007



continued from page 1

lunch for the participants. Hood has a new food service (effective July 28th) and I will request estimates for morning beverage service, trays of breakfast treats, and the sandwich buffet lunch for 125 people. (In 2005, we had 170 participants on campus for Make A Difference Day--a number of whom also participated in Hood's Family Weekend activities. Hood's Family Weekend 2007 is not the weekend of October 27th so I am guesstimating 125 participants at this event.) In 2005 we served a sandwich buffet with pasta salad, chips, and cookies for dessert. Everyone felt energized after lunch and worked through the afternoon.

For those who need directions:

1. From the south, take route 270 to route 15 north toward Gettysburg. Exit at Rosemont Avenue, left at the bottom of the exit ramp at the traffic light, continue four blocks down Rosemont Avenue and turn left into FERNDAL AVENUE. Take an immediate right into the Whitaker parking lot and enter the double-door entrance into Whitaker Campus Commons. Walk up 5 steps (or take the elevator to level 1R) and enter the Whitaker Campus Commons Room on the left.

Care Wear Volunteers received a donation from **Nancy Schumacher** (through the Lockheed Martin 2007 Charities of Choice Campaign), but I do not have Nancy's name or address in my mailing list database. I assume that she reads the newsletter on our website. So, Nancy, if you are reading this, my sincere thanks for your financial support. Bonnie



2. From the north, take route 15 south to the Rosemont Avenue exit and turn right at the traffic light at the base of the exit ramp. Go under Route 15, past the traffic light at 2nd Street, and four blocks to FERNDAL AVENUE. See directions #1--for directions into the meeting room.
3. From the west, take route 70 East. Exit for Frederick, Route 40. Drive east to Route 15 north (Gettysburg--a left hand exit) and then follow the directions in #1 above.
4. From the east, take route 70 west. Exit for Frederick/Gettysburg--Route 15 North. Follow directions in #1 above.

Join us for the entire day or for part of the day. Lunch will be provided. This event is suitable for teens (Girl Scouts, high school students, & middle school students, for example), but not young children. Meet other Care Wear Volunteers participants, see finished items, and help a good cause. All of the completed items will be distributed to Frederick Memorial Hospital (Frederick, MD), Johns Hopkins Children's Center (Baltimore, MD), and other area hospitals that need items we collect.

Contact me for additional information or questions:
Telephone (301-696-3550)
or E-mail (hagerman@hood.edu)



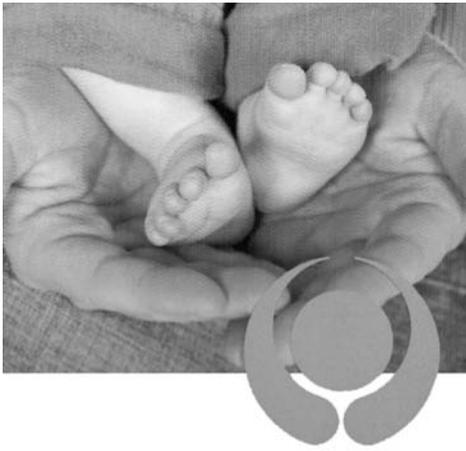
Burial garments are now among the most requested items by hospitals on our Hospital List. Bereavement support includes viewing the infant and acknowledging its existence. Some hospitals offer to take photographs of the infant and include it in a Memory Box for the parents. A lovely burial garment provides a beautiful memory for the family.

This burial gown was made from the Care Wear Volunteers sewing pattern (available on our website--<http://www.carewear.org>) using a fine woven fabric and delicate narrow lace edging. A satin ribbon rose and ribbon streamers decorate the bias binding around the neckline. White-on-white printed cottons (found in the quilting section of fabric stores) and white/pastel satin or taffeta (recycled wedding or prom gowns or using wedding or prom fabric leftovers) are also very suitable for this garment.

One modification to the pattern is to create a drawstring sleeve edge--instead of attaching elastic. This modification makes dressing/undressing easier.

Thank you to everyone who makes burial garments (gowns, pouches, etc.). The article on the cover of the September 2006 newsletter (available on the website) demonstrates how much these garments are appreciated by families. A nurse reported to me that a grieving mother said that the Care Wear Volunteers' burial gown "... was the wedding gown that her daughter would never wear..." Families should not be forced to seek out burial garments in area toy stores! What a horrible thought!! Your help making the knit, crochet, and sewing burial garments is appreciated.

Bonnie



Frederick Memorial Hospital's 2006 Donor Report (A Journey to Excellence) included the following names in the Gifts in Kind Section:

Carol Caywood
 Dorothy Clinard
 Barbara DeRocher
 Eleanora Engler
 Diane Gill
 Rebecca Guyton
 Bonnie Hagerman
 Mary Kay Huber-Leslie
 Erica Ide
 Ladies of Homewood
 Patricia Marsh
 Irene Moots
 Catherine Parlato
 Kathleen Rudesill
 Betty Stone
 Elsie Warnock



Care Wear Volunteers received a carton of blankets and hats from the knitting and crochet group at St. James Health Care Center, Long Island, NY. Danielle D'Amico wrote that residents put many hours and hard work into these beautiful items. **APPLAUSE, THANKS, and PRAISES** to Edith Labita, Gertrude Foucault, and Fran Aufenanger.

I know that the patients who receive these donated items send thanks to **Edith, Gertrude, and Fran**. Thanks to them for caring and using their talents to help others.

Bonnie

Laurey Byrd, USA Children's & Women's NICU wrote to thank **Heather Rinkel** for her donated items:

Dear Heather,

Thank you so much for your generous donation of baby quilts. Our parents are truly thankful to have received them. We are so blessed to have people like you that support us. Thank you again,

Laurey Byrd

Peggy Ficken wrote that her group of creative and talented Presbyterian gals continues to supply deliveries to Beth Israel Hospital in Newark, NJ. On May 6th, they sent 6 large afghans, 12 small knitted afghans, 12 hats, 18 pr. booties, 1 sweater, and 4 knit toys (balls & blocks), etc. Fiona continues to deliver items made by this group and Beth Israel Hospital appreciates having these items to warm and comfort their patients.

Keep up the great work! Blessings to all who participate.



Care Wear Volunteers – Join an RSVP group near you!

On behalf of RSVP, I would like to invite you as a Care Wear Inc. volunteer to join the Retired and Senior Volunteer Program (RSVP), a national volunteer program for 55+ adults. Nationwide, over 480,000 RSVP volunteers serve at an estimated 65,000 local organizations, providing over 80 million hours of volunteer service in their communities. RSVP is a network of programs all over the U.S. – if you join, **we can connect you with a RSVP program in your local community.**

If you are new to Care Wear, Inc. or are a long time volunteer, here's why it's important to join: Your hours of service and involvement in the community are documented by RSVP, and reported to Congress. Your efforts, as well as the contributions of other RSVP volunteers, indicate to our elected officials the extent to which older Americans are making a difference in their community. This helps support programs such as Social Security and Medicare.

Membership in RSVP is **FREE**, and RSVP volunteers receive the following benefits:

- FREE supplemental automobile liability insurance coverage to and from volunteer assignments.
- FREE volunteer liability and personal injury insurance coverage.
- Invitations to special local RSVP volunteer recognition events.
- Nominations for state and national recognition awards.
- Personalized consultation and placement if you are interested in exploring new volunteer opportunities.

To register for RSVP – visit www.volunteerfrederick.org/rsvp, click on “joining RSVP” in the large multicolored box, complete the registration form and mail to: Volunteer Frederick RSVP, 31 W. Patrick St., L2, Frederick, MD 21701. Or, you can call Volunteer Frederick at 301-663-5214. I welcome all Care Wear Volunteers, Inc. volunteers in advance to RSVP.

301-663-5214
 Attn: RSVP Coordinator

Baby Burp Cloth

Materials Required:

1 pair #8 straight knitting needles

1 ball worsted weight 100% cotton yarn

Directions:

Cast on 3 stitches

Row 1 Knit across row

Row 2 Increase in first stitch, knit across row

Repeat Row 2 until 30 stitches are on needle

Knit even until piece is 10 1/2 inches long, from beginning

Row 3 Knit across to last 2 stitches
Knit 2 together

Repeat Row 3 until 3 stitches remain on needle

Bind off 3 stitches

Weave in loose ends with tapestry needle or crochet hook



Burp Clothes

Submitted by Carol Caywood, Frederick Care Wear Volunteers participant and office helper. Sincere thanks to Carol for sharing her patterns. Very special thanks to Carol for coming to my office to help stuffing envelopes, filing, writing receipts, packing boxes to hospitals and to participants, etc.

Rectangular Baby Burper

Materials: 1 pair # 7 straight needles
1 ball 4 ply worsted weight cotton yarn

Cast on 30 stitches

Rows 1-5 Knit every row

Row 6 Purl across

Row 7 Knit across

Row 8 Purl across

Knit every row until the piece reaches 7 inches from beginning ending with a right side row

On wrong side, purl 1 row

On right side, knit 1 row

On wrong side, purl 1 row

Continue knitting every row until piece measures 14 inches from beginning.

On wrong side purl one row

On right side knit one row

On wrong side purl one row

Knit 5 rows

Bind off

Weave in loose ends with tapestry needle or crochet hook.



Care Wear Volunteers
Board Member
Congratulations to
Marilyn Harrington
(May's Spirit Award)
Introducing Care Wear
Volunteers Board Member:
Marilyn Harrington



Each issue of the newsletter will introduced one of the Care Wear Volunteers Board of Directors. This month I introduce Marilyn Harrington, currently Realtor and Associate Broker with Coldwell Banker Residential Brokerage in Frederick, Maryland. Marilyn is a friend, a colleague in home economics, and a long-time resident of Frederick. Recently Marilyn's photo appeared in the Frederick News-Post for an award from the local Coldwell Banker office.

Marilyn was born and raised in Texas. She is a graduate of Sam Houston State

University with a degree in Home Economics and Biology. She came to Frederick when her husband Don was assigned to Fort Detrick. My sister introduced me to Marilyn many years ago while I was teaching textiles and apparel at Hood and my sister, Marilyn, and I were al-

ways in search of factory outlets for discounted fabric remnants, thread, and notions. We met quite often at the Saturday morning sales office of the Hartz Men's Wear factory (and I still have a few pieces of the beautiful woolen fabrics that we purchased for pennies!!!!). Marilyn has excellent skills: sewing, quilting, and crochet.

Marilyn's sons Brian and David are enjoying careers at opposite ends of the

United States: Hopkins Press in Baltimore, Maryland and Apple in San Francisco, California. Marilyn is the proud grandmother of a six-year old granddaughter.

Always active in the Frederick community, Marilyn has a long history of community service and has served on a number of Boards, including YMCA/YWCA, Greater Frederick Foundation, Housing Trust, Way Station, and Nonprofit Building Supply. She also serves on the Support Committee of Frederick Memorial Hospital.

Care Wear Volunteers thanks Marilyn for her participation on the Board of Directors. She knows the community and understands the time & skills needed to meet the needs of area NICUs. She is helping me with Make A Difference Day supplies & preparations and I hope that you will share your thanks and greetings on October 27th.

Five Facts About Premature Babies

Here are five things you probably didn't know about premature babies:

1. A typical gestation period is 37 to 42 weeks. Every year about 500,000 infants are born prematurely.
2. Black women are three times more likely than white women to deliver babies at 20 to 34 weeks and almost four times more likely to deliver extremely prematurely at 20 to 28 weeks, according to a study in the February issue of the American Journal of Obstetrics & Gynecology. Researchers suggest a probable genetic component.
3. It's OK to cradle your premature baby, as long as your doctor approves. All babies need to be held and talked to. This can reduce stress and help their brains develop, the American Academy of Pediatrics says.
4. Some conditions premature infants may experience include respiratory distress syndrome, a breathing problem caused by immature lungs; apnea (pauses in breathing) and bradycardia (decreased heart rate related to apnea); and heart murmurs. Treatments are available for these conditions.
5. The majority of premature babies don't develop serious disabilities. Most preemies born between 32 and 37 weeks do well. Infants born before 36 weeks, according to www.webmd.com, have the greatest risk of long-term disability - mental retardation, cerebral palsy, blindness and hearing loss.

McClatchy Newspapers

Frederick News-Post June 19, 2007



Dear Bonnie,

*Above is a picture of **Betty Satas** and her Care Bears. For the past two years she had made a set of care Bears and we take them to Memorial Hospital in Worcester, MA. at Christmas time. They are so cute everyone falls in love with them. I think these are given to the children not the babies.*

As a group twice a year we bring baby hats, blankets, sweaters, burial outfits, prayer shawls, etc. to Saint Vincent Hospital and Memorial Hospital in Worcester, MA.

*God Bless You,
Sincerely*

Martha Berry



Bonnie,

*I am so excited! I am sending my four boxes out this June! Burial kimonos, gowns, sacques, hats, booties, interment gowns, bunnies, bears, quilts and receiving blankets. What fun I have! Thank you so much for patterns and fabric donations. I use it all! God Bless You! **Marjorie Buckley***

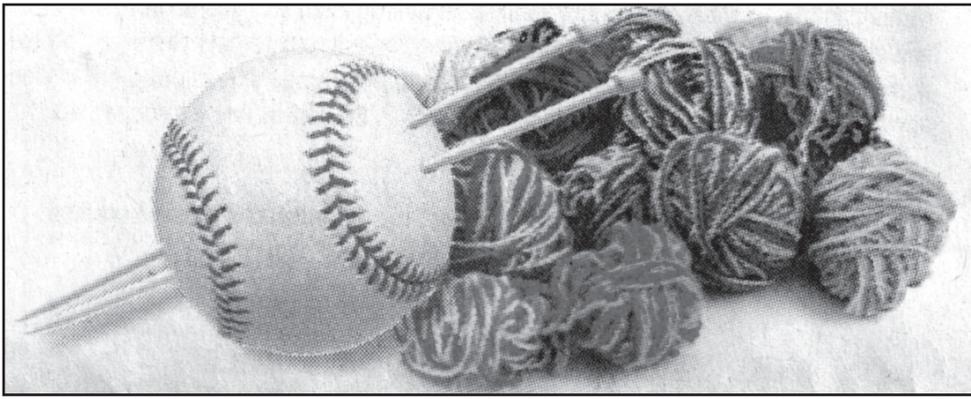


Born premature, baby Aubrey is pictured grabbing her father Russell's pinky. "It demonstrates her strong, fighting spirit, will to live and love for us," said mom, Laura Jones of Miami, who took the photo.



A baby's risk of severe prematurity diminishes when the number of fetuses is reduced, for example, from triplets to twins.

Washington Post, May 20, 2007



Where It's Knit, Knit, Knit At the Old Ballgame

Down on the diamond, Christian Guzman, the Nat's shortstop, slapped a single into center field.

Up in the stands, Peggy Lister got so excited that she put down her crocheting needles so she could clap. Then Lister, 69, a retired medical secretary from Silver Spring, picked up her needles again and went back to crocheting the red, white and blue blanket that lay on her lap.

All around her, in section 518 of RFK Stadium on Monday night, women were knotting, crocheting and cross-stitching, working on sweaters, socks and, in the case of Terri Tubergen of Damascus, stitching a multicolored rug for a dollhouse. The

"Stitch and Pitch" movement, which began in Seattle three years ago, had finally arrived in the nation's capitol.

"Stitch and Pitch" games, sponsored by the National Needle Arts Association, bring knitters to Major League Baseball games - 23 of them this season.

Peter Carlson

Washington Post, May 16, 2007

Sincere thanks to **Carol Saccane** for a recent delivery to Ben Taub Hospital. We can all envision the fun and games the children will have with 280 finger puppets!!!! What a HUGE delivery and how appreciative the staff and patients are for Carol's time, skill, and caring.

We were all delighted to learn that **Kathy North** (Care Wear Volunteer and designer of several patterns featured in the Care Wear Volunteers quarterly newsletters) was selected to have her hat design featured on the cover of Knit Simple Magazine. Well, here it is! My apologies that this newsletter is not in color.

Congratulations to Kathy! See more of her designs on her website.

**Kathy North,
Designs by KN**

kathy@designsbykn.com
www.designsbykn.com



A letter from Natalie:

Last month I delivered my carton to Peace River Regional (FL) again.

I had total of:

25... Full term baby hats

20... Booties

20... Sets hats with matching booties

8.... 30x30 blankets

So far the carton I will be delivering end of next week I have:

50...Hats (16 are in red, white and blue for July 4th babies)

20... Sets of Booties

5....30x30 Blankets

7....Sets Hats with Matching Booties

2....Sets Burial gowns with matching hat and booties (I've tried making them larger)

I still have about a week to go, so I will be adding to this. Will deliver in time for July 4th babies. They told me they seldom have preemies. I think at times it depends on what nurse I happen to talk too. When I talked to the head nurse a while back about sizes, she said what I was making was fine. Last month, the nurse who took the carton said they do have small babies, so I've made some smaller sizes and will do so from now on.. as well as the full term sizes. Will try to keep everyone happy.

Take care,
Natalie

Letter from Care Wear Volunteers participant **Tobby Morgenstern:**

I love our organization. I never had so much fun as to make booties and hats for babies. I made beautiful blankets and hats for Katrina. I received such a beautiful letter from the Children's Hospital of New Orleans. It's such a rewarding experience to make hats and booties for babies who need them.

You have been a friend to me, over the years, even if you are far away. Sincere thanks.

With personal best regards,
Tobby Morgenstern

P.S. Your newsletter is a joy. I always enjoy receiving it and hearing from you. It lights up my day.

Bernat Baby Bouclé

Chevron Blanket

MEASUREMENTS

Approx 33 ins [84 cm] wide by 40 ins [101.5 cm] long.

MATERIALS

Bernat Baby Bouclé

(113 g/4 oz)

36132 (Skipper Stripes) 4 balls

Size 6 mm (U.S. 10) knitting needles or size needed to obtain gauge.

GAUGE: 13 sts and 20 rows = 4 ins [10 cm] in stocking stitch.

INSTRUCTIONS

Strip A (make 1)

Cast on 23 sts.

****1st row:** (WS). Knit.

2nd row: Inc 1 st in first st. Knit to last 2 sts. K2tog.

Rep last 2 rows once more,** then 1st row once.

Next row: (RS). Inc 1 st in first st. Knit to last 2 sts. K2tog.

Next row: K4. Purl to end of row.

Rep last 2 rows until work from beg (along left side) measures 38½ ins [98 cm], ending with WS facing for

ABBREVIATIONS

www.bernat.com/glossary.php

Many thanks to Bernat for their permission to reprint patterns in this newsletter. For additional patterns see their website: <http://www.bernat.com>

Frederick Memorial Hospital (Frederick, MD) sends thanks to **JEAN MORAN** for lovely toys, afghans, etc. that were delivered to the Volunteer Office. Sharon Hannaby, Director of Volunteer Services, described the beautiful workmanship of the afghans and the adorable toys that were recently received. FMH distributes a toy to every child in the ER to calm and distract children while medical services are administered. Afghans/blankets are distributed to patients of all ages and to families in need.

fyi: FMH requests new toys (either purchased or handmade) and cannot accept used toys.

next row. Work from ** to ** as given above.

Cast off knitwise (WS).

Strip B (make 2)

Cast on 23 sts.

*****1st row:** (WS). Knit.

2nd row: K2tog. Knit to last 2 sts. Inc 1 st in next st. K1.

Rep last 2 rows once more,*** then 1st row once.

Next row: (RS). K2tog. Knit to last 2 sts. Inc 1 st in next st. K1.

Next row: Purl.

Rep last 2 rows until work from beg (along left side) measures 38½ ins [98 cm], ending with WS facing for next row.

Rep from *** to *** once.

Cast off knitwise (WS).

Strip C (make 2)

Cast on 23 sts.

Work from ** to ** as given for Strip A.

Rep 1st row once.

Next row: (RS). Inc 1 st in first st. Knit to last 2 sts. K2tog.

Next row: Purl.

Rep last 2 rows until work from beg (along left side) measures 38½ ins [98 cm], ending with WS facing for next row.

Rep from ** to ** as given for Strip A.

Cast off knitwise (WS).

Strip D (make 1)

Cast on 23 sts.

Work from *** to *** as given for Strip B.

Rep 1st row once.



Next row: (RS). K2tog. Knit to last 2 sts. Inc 1 st in next st. K1.

Next row: Purl to last 4 sts. K4.

Rep last 2 rows until work from beg (along left side) measures 38½ ins [98 cm], ending with WS facing for next row.

Rep from *** to *** as given for Strip B. Cast off knitwise (WS).

FINISHING

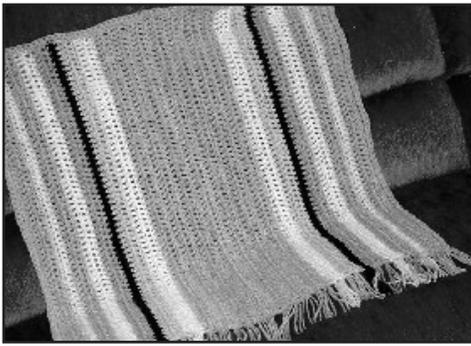
Sew Strips in the following sequence: A, B, C, B, C, D.

Tassel: (make 7)

Cut a piece of cardboard 4½ ins [11 cm] wide. Wind yarn around cardboard 20 times. Break yarn leaving a long end and thread end through a needle. Slip needle through all loops and tie tightly. Remove cardboard and wind yarn tightly around loops ¾ inch [2 cm] below fold. Fasten securely. Cut through rem loops and trim ends evenly.

Sew one tassel to each point of Blanket.





Good ideas from Natalie Van Kirk:

I'm like many others who are not that keen of having to weave in the ends of yarn, and if it's the heaver yarn, it makes the edges so bulky. So I just make a thin fringe along the one side. I'm sure many experienced crocheters do something like this, but I only figured it out a few months ago. Ha, ha, ha. This is also a good way to use up short ends of yarn. I know you shouldn't put fringe around baby blankets, but putting it at the bottom is fine. I make most of my blankets 30x30 and that's before the fringe. I only use the adult yarn for full term blankets. I use baby yarn for preemies, and have not added fringe on them.

When I make my blankets, and attach our little Care Wear tag, I stick a small "sticky" under the tag, and write the size of the blanket on it. Since I put each blanket in a separate zip bag, it lets the nurses see the size, so they don't have to pull the blankets out to look at them. I often add a matching hat, and or matching booties. I attach the booties together and tag every item. The nurses I've met with thank me for doing that. That way the booties do not get separated, if removed from the set.

Natalie Van Kirk,
LOUIEVK@aol.com



Double Diamond Crochet Blanket

MEASUREMENTS

Approx 31 ins [78.5 cm] square.

MATERIALS

Bernat Softee Baby (140 g/5 oz)

Boy's Version

Contrast A
(30206 Darling Blue) 2 balls

Contrast B
(02000 White) 1 ball

Contrast C
(30300 Baby Denim Marl) 2 balls

Girl's Version

Contrast A
(30205 Prettiest Pink) 2 balls

Contrast B
(02000 White) 1 ball

Contrast C
(30301 Baby Pink Marl) 2 balls

Size 4 mm (U.S. G or 6) crochet hook or size needed to obtain gauge.

GAUGE

One Motif = 6 ins [15 cm] square.

INSTRUCTIONS

Motif A (make 13).

With A, ch 4. Join with sl st to form a ring.

1st rnd: Ch 3 (counts as dc). [3 dc. (Ch 2. 4 dc) 3 times] in ring. Ch 2.

Join with sl st to top of ch 3.

2nd rnd: Ch 3 (counts as dc). 1 dc in each of next 3 dc. (2 dc. Ch 2.

2 dc) in next ch-2 sp. *1 dc in each of next 4 dc. (2 dc. Ch 2. 2 dc) in next ch-2 sp. Rep from * twice more. Join with sl st to top of ch 3.

3rd rnd: Ch 3 (counts as dc). *1 dc in each dc to next ch-2 sp. (2 dc.

Ch 2. 2 dc) in next ch-3 sp. Rep from * 3 times more. 1 dc in each dc to end of rnd. Join with sl st to top of ch 3.

4th and 5th rnds: As 3rd rnd. (20 dc along each side of Motif after last rnd). Fasten off.

Motif B (make 4).

With B, work as given for Motif A.

Motif C (make 8).

With C, work as given for Motif A.

FINISHING

Crochet Motifs tog as shown in Diagram.

Edging: 1st rnd: Join B with sl st to any corner sc of Blanket. Work 1 rnd of sc evenly around, having 3 sc in corner ch-2 sps. Join with sl st to first sc.

2nd rnd: Ch 1. 1 sc in every sc around, having 3 sc in corner sc. Join with sl st to first sc. Fasten off.

ABBREVIATIONS

approx = approximately	oz = ounce(s)
ch = chain(s)	rep = repeat
cm = centimeter(s)	rnd = round(s)
dc = double crochet	sc = single crochet
g = gram(s)	sl st = slip stitch
in(s) = inch(es)	sp(s) = space(s)
mm = millimeter(s)	tog = together

Diagram

A	A	C	A	A
A	C	B	C	A
C	B	A	B	C
A	C	B	C	A
A	A	C	A	A



Bernay Baby Bubbles

Heart Pillow

(to crochet)

MEASUREMENTS

Approx 11½ ins [29 cm] wide by 10½ ins [26.5 cm] tall.

MATERIALS

Bernat Baby Bubbles (70 g/2.4 oz)
75416 (Bubble Gum) 2 balls

Size 5.5 mm (U.S. I or 9) crochet hook or size needed to obtain gauge. Stuffing.

GAUGE: 11 sc and 12 rows = 4 ins [10 cm].

INSTRUCTIONS

FRONT and BACK

(make 2 pieces alike)

Ch 2.

1st row: (RS). 2 sc in 2nd ch from hook. Turn.

2nd row: Ch 1. 2 sc in each of next 2 sc. 4 sc. Turn.

3rd row: Ch 1. 2 sc in first sc. 1 sc in each sc to last sc. 2 sc in last sc. Turn.

4th row: Ch 1. 1 sc in each sc to end of row. Turn.

5th and 6th rows: As 3rd row twice.

Rep 3rd to 6th rows 3 times more, then 3rd to 5th rows once.

Next 5 rows: Ch 1. 1 sc in each sc to end of row.

Turn.

****Next row:** (RS). Ch 1. Draw up a loop in each of first 2 sc. Yoh and draw through all loops on hook – sc2tog made. 1 sc in each of next 13 sc. Sc2tog over next 2 sc. Turn. Leave rem sts unworked.

Next 5 rows: Ch 1. Sc2tog over first 2 sts. 1 sc in each sc to last 2 sts. Sc2tog over last 2 sts. Turn.

Fasten off at end of last row.**

With RS of work facing, join yarn with sl st to rem sts and work from ** to ** as given above, omitting reference to unworked sts.

Sew Front and Back tog, leaving an opening 5 ins [12.5 cm] long on one side. Stuff pillow. Sew opening closed.

ABBREVIATIONS

www.bernat.com/glossary.php

Many thanks to Bernat for their permission to reprint patterns in this newsletter. For additional patterns see their website: <http://www.bernat.com>

South Shore Hospital (Weymouth, MA), Brigham & Women's Hospital (Boston, MA), and Boston Medical Center (Boston, MA) send thanks to all of the participants in Naughty Needlers for their marvelous contributions to the NICU and other hospital departments. The cuddlers, blankets, baby sets, etc. are really appreciated.

Evelyn Fowler, one of the participants, wrote to tell me how that knitting group has grown--now more than 60! How marvelous!!! So, to all of the Naughty Needlers in the Weymouth area, I send best wishes and thanks for sharing your time and skills with hospitalized patients. You are a lovely group of caring people and I am proud to know you.

It's nice to hear from hospitals!

Hi Bonnie,

Just wanted to let you know I received a nice little thank you card today from Julie from "Southern Maine Medical Center" in Maine. You had a request from her in the last Newsletter. She also sent a little Thank you card for Hazel too, which I will mail on to Hazel tomorrow. It's really appreciated when they show appreciation, makes it all worth while.

I've already set aside a few items and will make a few more for them for the end of the month. As well as what I make for Peace River Regional Medical Center. Not long ago someone gave me the nick name of "Busy Fingers" guess that holds true.

Have a good day,
~ Natalie

Mary Mary Is Quite Cute and Hairy

Another baby animal is becoming a celebrity in Germany.

Remember Knut, the polar bear cub who was rejected by its mother? Now a baby gorilla whose mother wasn't caring for it has been rescued from the zoo where it lived.

The six-week-old baby, named Mary Zwo (German for Mary Two), was so ill that she was transported to a human hos-

pital in Muenster, Germany, to be cared for by the same doctors who treat ailing



human babies. She was placed in an incubator to bring up her body temperature. Gorilla babies and human babies are so similar that it was an easy transition for the hospital to care for the special patient.

The baby's condition improved on Monday and she was transported--in a baby's car seat--to another zoo for continued care.

Washington Post, July 3, 2007



Rows 2-4: Knit.

Row 5: Inc 1 st at each end of row - 20 sts. Work even until piece measures 6 1/2 in. (16.5 cm) from beg.

Next Row: Decrease 1 st each end of row - 18 sts.

Next Row: Knit.

Shape Ears

Row 1: K8, sl rem 10 sts to stitch holder; turn. Working on 8 sts only, work even in Garter st for 1 in. (2.5 cm).

Row 2: Inc 1 st at each end of row - 10 sts.

Rows 3-5: Knit.

Rows 4-11: K2tog, k to end of row - 2 sts.

Row 12: K2tog - 1 st. Fasten off.

Sl 10 sts from holder back to larger needle. Rejoin yarn, bind off 2 sts and knit to end. Rep Rows 2-12 for second ear. Sl first 12 sts from st holder to a second holder for thumb. Rejoin yarn and work next 16 sts on larger needles same as Front Head.

Shape Thumb

Sl thumb sts to larger needle. Rejoin yarn and work in Garter st for 2 in. (5 cm).

Next Row: K2tog across row - 6 sts. Cut yarn, leaving a long end, thread end through rem sts, pull tight and secure. With same end, sew thumb seam.

FINISHING

Sew on buttons for eyes and mouth. Lap button for nose slightly over mouth and sew on. With rust, embroider straight st whisker lines. Sew seam. Weave in ends

PomPom

Following package instructions, make a small pom-pom. Trim ends. Sew fasten pom-pom to tip of thumb.

Weave in ends.

Thank you to **Lion Brand Yarn** for permission to reprint free patterns from their website. <http://www.lionbrand.com>



Bernat Organic Cotton Knit Booties

SIZES: 3 (6-12) mos.

MATERIALS

Bernat Organic Cotton (50 g/1.75 oz)
1 ball of #43244 (Cactus).

Size 4.5 mm (U.S. 7) knitting needles or size needed to obtain gauge.

GAUGE

19 sts and 36 rows = 4 ins [10 cm] in garter st.

INSTRUCTIONS

The instructions are written for smallest size. Larger sizes follow in ().

Cast on 28 (36-44) sts.

Knit 2 rows.

Next 6 rows: Inc 1 st in first st. Knit to end of row. 34 (42-50) sts.

Knit 4 (6-8) rows.

Next 6 rows: K1. K2tog. Knit to end of row. 28 (36-44) sts.

Cuff: Cast off 4 (6-7) sts beg next 2 rows. 20 (24-30) sts.

Knit 8 rows. Cast off.

FINISHING

Fold Bootie in half. Sew foot seam to Cuff. Fold cuff to RS.

ABBREVIATIONS

www.bernat.com/glossary.php

Many thanks to Bernat for their permission to reprint patterns in this newsletter. For additional patterns see their website: <http://www.bernat.com>

Bunny Bath Mit

A fun project to use up leftover skeins of cotton yarn. Hospitals may be interested in using this as a hand puppet!!!

GAUGE: 18 sts + 34 rows = 4 in. (10 cm) in Garter st (k every row) using larger needles. **BE SURE TO CHECK YOUR GAUGE.**

MITT: With smaller needles, cast on 44 sts. Work in Garter st (k every row) for 1 1/2 in. (4 cm). Change to larger needles and continue to work in Garter st until piece measures 3 1/2 in. (9 cm) from beg.

Shape First Half of Mitt

Next Row: K16, sl rem 28 sts to a stitch holder; turn. Working on 16 sts only, work even in Garter st for 1 in. (2.5 cm).

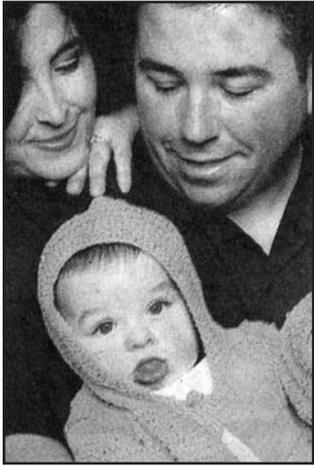
Shape Front Head

Row 1: Inc 1 st at each end of row - 18 sts.

ABBREVIATIONS

beg = begin(s)(ning)
inc = increas(e)(s)(ing)
k = knit
k2tog = knit 2 together
rem = remain(s)(ing)
sl = slip
st(s) = stitch(es)

Celebrate Earth Day by Knitting



Sunday, April 22, 2007 was Earth Day, which is a perfect time to think about organic crafting. Recycling papers and found objects are always a great start,

but did you know knitting and crochet could be Earth-friendly, too? Welcome to the world of Soysilk yarn. Made from the residue of soybeans from tofu manufacturing, developer Jonelle Raffino, 42, says the process is 100 percent natural and is free of petro-chemicals.

“(It) is as soft as cashmere with a silk like drape, yet it wicks away moisture and has an Earth-friendly appeal,” she says. “It is an extremely environmentally friendly product. Soy is a completely renewable resource - coming from the earth and being wholly biodegradable.”

The yarn line has been so popular that it is sold in knitting shops all over the country. Best of all, the line is based in Arizona at South West Trading Company. Founded in 2001 by Raffino and her mother, SWTC carries even more eco-friendly fibers made from bamboo, milk and corn. The latest concoction is a sock yarn made with chitin, a fiber from recycled shrimp and crab shells.

As a dedicated knitter, Raffino not only develops yarns and runs the company - she also designs dozens of patterns. She currently is promoting her first book, *Purls Forever* (Anezka Media, 85 pages, \$19.95 paperback), where she shares personal stories and projects.

“There is so much more to knitting than typical pattern books reflect,” she says. “Through my own stories, I hope to inspire crafty people and remind them that their work is a gift that lives on and makes a difference.”

Soysilk yarn can be purchased at local yarn shops, Details: www.soysilk.com.

Raffino shares a project from the book.

Nona's Baby Jacket with Hood

(Designed by and shared in tribute to Nona, Marianna Peri)

Size: One Year

Supplies:

Yarn: 4 balls SWTC Amaizing (100% Corn Yarn)

Size 8 SWTC needles (5mm) or size required for gauge

Gauge: 5 stitches & 8 rows = 1 inch

Directions for upper raglan part of jacket

Cast on 77 stitches (sts). K (knit) 1 row.

2nd row: k7 (front border), p63, k7.

3rd row: k16 (left front), increase in next st, k1 and mark this st as first “seam” st, increase in next st, k7 (top of sleeve), increase in next st, k1 and mark it as 2nd seam st, increase in next st, k19 (back), increase in next st, k1 and mark it as 3rd seam st, increase in next st, k7 (top of second sleeve), increase in next st, k1 and mark it as 4th seam st, increase in next st, k16 (right front).

4th row: k7, p71, k7.

5th row: k17, increase in next st, k1, increase in next st, k9, increase in next st, k1, increase in next st, k21, increase in next st, k1, increase in next st, k9, increase in next st, k1, increase in next st, k17.

6th row: k7, p79, k7.

7th row: work as in 5th row, increase on both sides of the 4 seam sts, having 2 sts more between increases on back and sleeves and 1 more on fronts.

8th row: k all sts; this will form a ridge on right side of work. Continue to work pattern as in these 8 rows, thus in every row on right side increasing in the same 8 places (as in 7th row), and in rows on purled side knitting the first and last 7 sts (for garter stitch front border); every 8th row (wrong side) is always knitted, to form a ridge on right side. When there are 15 increasing rows from beginning, there will be 197 sts on needle and the

last row will be the 7th row of pattern. K the next row (ridge on right side). Next row divide for sleeves, as follows: k 32 sts and slip them to a strand of yarn (left front), k the next 40 sts and leave them on the needle for the left sleeve; slip the next 53 back sts, the following 40 right sleeve sts and the 32 right front sts - each group to a separate strand of yarn, and tie ends of strands.

Sleeves: Working from the wrong side on the 40 sleeve sts left on the needle, cast on 4 sts and p 1 row on all 44 sts; work 5 more rows in stockinette stitch, ending on right side. K next row (pattern ridge on right side). Continue even in pattern for 30 rows; ending on wrong side with 6th row after the last ridge. Next row *k2, k2 tog, repeat from * to end (33 sts left). K 8 more rows (4 ridges) in garter stitch; bind off on wrong side, which completes the 5th ridge on right side. Slip the 40 right sleeve sts back to needle; beginning on right side, cast on 4 sts and k all 44 sts, ending at front edge of sleeve. Continue to work right sleeve to correspond to left. Sew sleeve seams.

Lower part of body: Beginning at front edge slip the 32 right front sts to the needle, to the same needle slip the 53 back sts; to the other free needle and beginning at left front edge, slip the 32 left front sts. Beginning at left underarm, pick up and k 4 sts on the 4 cast on underarm sts, k the 53 back sts, pick up and k 4 sts on the 4 cast on sts at right underarm, k the 32 right front sts (125 sts on needle).

Next row (wrong side) k the 7 border sts, p 111 sts, k the last 7 border sts. Continue in pattern until there are 5 patterns (40 rows) from underarm, ending on wrong side with the 5th ridge. K 7 more rows in garter stitch and then bind off on wrong side, which completes the 5th ridge in garter stitch border along lower end of body.

continued on page 15

Helpful Suggestion To Consider

ICE = In Case of Emergency

A recent article from the Toronto Star, "the ICE idea" is catching on and

- it is a very simple, yet important, method of contact for you or a loved
- one in case of an emergency. As the majority of the population these days
- carries cell phones, all you need to do is program the number of a contact
- person(s) and store the name as "ICE."

A paramedic who found that when they went to the scenes of accidents there

- were always mobile phones with patients, but they didn't know which numbers
- to call thought up the idea.

He therefore thought it would be a good idea if there was a nationally

- recognized name under which to file "next of kin."

Following a disaster in London, the East Anglican Ambulance Service

- launched a national "In Case of Emergency (ICE)" campaign.

The idea is for you to store the word "ICE" in your mobile phone address book, and

- along with it enter the number of the person you would want to be contacted "In Case of Emergency."

In an emergency situation, emergency services personnel and hospital staff

- would then be able to quickly contact your next of kin by simply dialing
- the number programmed under "ICE". For more than one contact name simply enter ICE1, ICE2, ICE3, etc.



Nona's Baby Jacket with Hood

continued from page 14

Hood: Cast on 64 sts, k 1 row, p 1 row, alternately, for 7 rows, ending with a k row, k also the next row, making a ridge on right side. Repeat these 8 rows, working ridge pattern as on jacket, until there are 40 rows from beginning, ending with the 5th ridge; k 7 more rows in garter stitch and then bind off on wrong side, which completes the 5th ridge of garter stitch border, same as on lower edge of sweater. Fold hood double and sew edges together at the back.

Finishing: Sew hood to neck of sweater leaving 4 sts free at each neck edge. Darn in ends.

Kathy Cano Murillo is a freelance craft designer and book author. Send your questions or ideas to her at kathy@craftychica.com or visit her Web site at www.craftychica.com



Care Wear Volunteers learned of the passing of

Bill Haines

a long-time Care Wear Volunteers participant and dedicated knitter for hospitalized children in Loma Linda Hospital. He was proud of his work for Care Wear Volunteers.

Bill shared Care Wear booklets & newsletters with friends at his area Senior Center. A photo of him knitting one of his blankets was in a newsletter a number of years ago. Bill learned to knit at an early age and continued during World War II and into retirement. Another of Bill's interests was CATS. He had two cats (Uncle Peter and Dr. Reed). He sent me an adorable photo of one of the cats sleeping in the bathroom vanity sink! I scanned that photo and made return address labels for him. Bill was very pleased to see his address labels and he enjoyed using them.

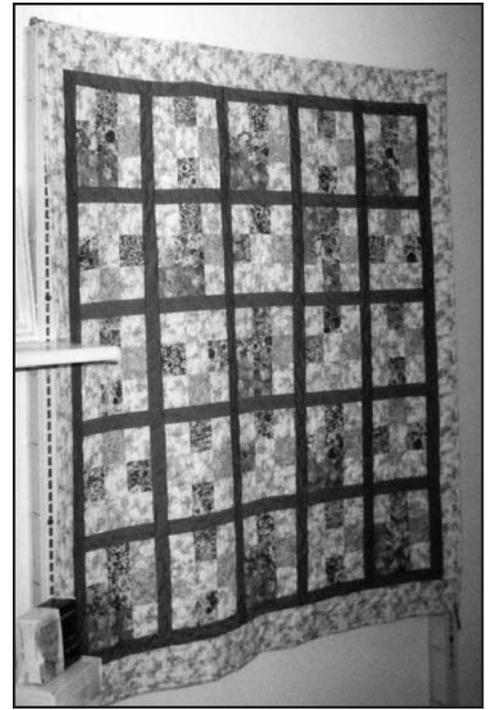
Bill is an example of the many friends I have as a result of Care Wear Volunteers. Although I never met Bill, we did exchange regular e-mail messages. We shared two interests: Care Wear Volunteers and cats. Bill always inquired about my cats: Coco and Nikki.

I send sincere sympathy to Bill's family and friends. He died on May 13th and will be missed by his family, his friends, and the staff & patients of Loma Linda Hospital. He made a difference in the lives of others and we bid farewell to a kind gentleman.



New Care Wear Volunteer, **Anne Vierra**, is already busy making scarves for veterans, hats & booties for preemies, baby blankets, and chemo hats. Part of her inspiration to help with these projects is the sad loss of her sister Barbara to cancer--on September 3, 2006. The photos Anne sent were of Barb's two quilts that are now hanging on the wall of the Brookings/Harbor Bree Upscale Cancer Resale Shop. The quilts were made by Barbara for Anne's birthday (Feb. 13, 2004). The quilts are named "Heart" and "Spiritual". Barb fought cancer for ten years and started quilting in 2002 to get her mind off her illness. She made beautiful quilts for her children and grandchildren.

Anne included her address (15765 Hwy 101 S #13, Brookings OR 97415) in case there is anyone nearby who would like to work with her.



THANKS...

...to Faith and to everyone who sends hats and other layette items to hospitals. Your efforts are appreciated. Read this e-mail message:

Dear Ms. Hagerman,

My name is Brian McGowan and I am the proud father of a nine day old baby boy. When we were leaving INOVA Alexandria Hospital last Monday, we were given a hat for our baby. I saw that the hat was made by Faith Holcombe. I was touched by the generosity of people like Ms. Holcombe and the many volunteers of your organization. I would like to write Ms. Holcombe a thank you card and send her a picture of my son.

If you have the time, please tell me where I can mail the card for Ms. Holcombe. I was touched by the gesture of kindness. It's amazing how some yarn can affect a guy. Thank you, Ms. Hagerman, for the wonderful work you do.



Sewing Machine Available

I have a Sonata brand portable electric sewing machine (Model: Sew Ease #6621) available to individuals or groups who will use it for charitable sewing projects. It is believed to be in working order. If you live in this area and can pick up this machine (no cabinet or carrying case), please contact me.



Jane Arney, Care Wear Volunteers participant and organizer of participants in Wal-Mart store #1297 in Chiefland, FL., sent this photo of a new arrival in the family. This is Jane's great grandson--9 1/2 pounds. Born on Jane's parent's wedding anniversary! His name is Brian Alexander.

Blessings to **Brian Alexander** and his parents! We wish him well.



In photo from left to right, Anna Vyrn and Ethel Eichs. Charity donations crafted by our Craft Shop volunteers. Shipped to Carewear Volunteers on June 7, 2007: 4 crochet baby blankets, 5 adult slippers, 2 patchwork flannel crib blankets, 7 kimono-lannel and cotton, 1 box new Munchkeen, 11 burial saques, 2 raglan sleeve cardigan baby sweaters, 2 pair booties, 10 teddy bears and 76 preemie baby hats knit and crochet.

Volunteer Regional Representatives

One year ago (March 2006 newsletter) I began recruiting Volunteer Regional Representatives to help me with hospital updates and "recruiting" tasks. The long list of hospital updates that appears in this newsletter comes to you thanks to the efforts of a number of dedicated Care Wear Volunteers participants/regional representatives. Thank you to all of them!

#1 priority for Regional Reps is to help me update the hospital list for your area. I want to be sure that the hospital list on the website contains correct information (address, contact persons, needs, etc.) . Regional Reps can send me corrections via USPS mail or e-mail.

#2 priority for Regional Reps is to help me add new hospital listings to the Care Wear Volunteers hospital list. Regional Reps are asked to contact other area hospitals. If those hospitals would like to be on our hospital list, Regional Reps send me the details via USPS mail or e-mail.

#3 priority for Regional Reps is to help me "recruit" new participants. This might involve telling local knitting, crochet, quilting, or craft groups, Activities Directors at Senior Centers/residences, or other groups about Care Wear and giving out pattern booklets. I will send a box of pattern booklets and brochures for the Regional Reps to distribute to prospective participants.

There is no timetable for these tasks. As mentioned above, the most important task is to ensure that hospital listings on our website are correct. Once that's done, the Regional Reps can work on the other two priorities--as time permits. Contact me, if you would like to do this for your community/county/state. At this time I do have Regional Reps for the following areas: Sacramento-CA, FL, NV, Houston-TX, eastern PA, southwestern PA, Denver-CO, AZ, ND, KS, MO, and Canada.

Even if you are not a Regional Representative, please send me any hospital corrections that you discover. Please be sure to indicate the hospital name/state. (There are a lot of Children's Hospitals across the USA!!!) I appreciate your help.



The Wednesday afternoon Craft Group of Homewood Senior Residence requests assistance. Few group members sew, but they are willing & able fiberfill stuffers! Homewood's Activities Director provides fiberfill for their projects. If you would be willing to cut, sew, clip, & turn fabric bunnies or bears, please send them to:

Mary Kay Huber-Leslie
Apt # 314, 7401 Willow Road
Frederick, MD 21702

Mary Kay coordinates this group and will see that the finished bunnies and bears (or other animal shapes) are donated to Frederick Memorial Hospital or to me to mail to other hospitals.

FYI: Frederick Memorial Hospital gives a toy to every child in the ER--to calm and distract. It works like a charm!!!! (NOTE: Please leave a reasonably large opening--on a non-curved section of the toy--for the ladies to stuff the fiberfill.)

THANKS.





Care Wear Volunteers is now listed on GoodSearch.com, which is a new search engine that donates half its revenue, about a penny per search, to the charities its users designate. You use it just as you would any search engine, and it's powered by Yahoo! Just go to

www.goodsearch.com

and be sure to enter Care Wear Volunteers as the charity you want to support. Every penny helps!

Thanks for spreading the word and thanks to anyone who opts to use this search engine.

I received a telephone message that after loading the www.goodsearch.com search engine to her computer, a participant in Care Wear Volunteers discovered a worm or virus on her machine. This is the one and only report that I had of such a problem, but I send out warnings to everyone to be sure that your virus protection is up to date while working on the Internet. My apologies if the computer did pick up a problem while loading this search engine.



Care Wear Volunteers – Join an RSVP group near you!

On behalf of RSVP, I would like to invite you as a Care Wear Inc. volunteer to join the Retired and Senior Volunteer Program (RSVP), a national volunteer program for 55+ adults. Nationwide, over 480,000 RSVP volunteers serve at an estimated 65,000 local organizations, providing over 80 million hours of volunteer service in their communities. RSVP is a network of programs all over the U.S. – if you join, **we can connect you with a RSVP program in your local community.**

If you are new to Care Wear, Inc. or are a long time volunteer, here's why it's important to join: Your hours of service and involvement in the community are documented by RSVP, and reported to Congress. Your efforts, as well as the contributions of other RSVP volunteers, indicate to our elected officials the extent to which older Americans are making a difference in their community. This helps support programs such as Social Security and Medicare.

Membership in RSVP is **FREE**, and RSVP volunteers receive the following benefits:

- FREE supplemental automobile liability insurance coverage to and from volunteer assignments.
- FREE volunteer liability and personal injury insurance coverage.
- Invitations to special local RSVP volunteer recognition events.
- Nominations for state and national recognition awards.
- Personalized consultation and placement if you are interested in exploring new volunteer opportunities.

To register for RSVP – visit www.volunteerfrederick.org/rsvp, click on “joining RSVP” in the large multicolored box, complete the registration form and mail to: Volunteer Frederick RSVP, 31 W. Patrick St., L2, Frederick, MD 21701. Or, you can call Volunteer Frederick at 301-663-5214. I welcome all Care Wear Volunteers, Inc. volunteers in advance to RSVP.

301-663-5214
Attn: RSVP Coordinator

Knitting The Time Away for Area Charities

For Eve Gresser, 79, hand knotting a pair of socks for 10 hours requires more than just needles and yarn – tenderness, patience and guidance are main tools she uses in teaching a family tradition to area residents.

“On average I knit about five infant hats a week,” Gresser said.

Gresser, a Greenbelt resident, has instructed knitting to area seniors in the Knit for Charities class at Greenbelt Community Center, held every Friday morning for two hours since January 2005.

The 15 class members donate their hand knitted items, which include baby clothes for Prince George’s General Hospital, lap robes for wheelchair bound soldiers at Walter Reed Hospital in the District and scarves and hats to area homeless.

Jeanne Vacante, development assistant at St. Ann’s and Infant Maternity Home in Hyattsville, said Gresser’s class provides clothing throughout the year.

“Since we are a non-profit organization and our resources go to direct care and services of the children and mothers here we are very appreciative whenever people from the community reach out to us and donate items,” Vacante said.

Gresser estimates that the class has donated 1,500 items.

“Knitting has been passed down from my mother and grandmother, I have



Greenbelt’s Eve Gresser (Left) gives new Greenbelt resident Regina Shaw instructions on how to knit baby booties at Gresser’s Knit for Charities class on June 22 at Greenbelt Community Center. The hats, quilts, baby booties and other items students knit are donated to various local charities.

passed down the tradition to my children,” Gresser said. “I love teaching and hand-crafting because I am passing on what has been given to me.”

Greenbelt resident Kathleen McFarland, 79, said she has gained a greater appreciation for knitting since joining the class two years ago.

“I used to crochet but the class was cancelled because it was not continued for the summer. Across the hall I would hear all these people laughing and having a good time so I decided to join,” McFarland said. “I’m not one of the advanced hand-knitters but Eve shows us how to make the different items in a very fun way.”

All the hand-knitted materials (yarn and

needles) are donated to the class from area residents.

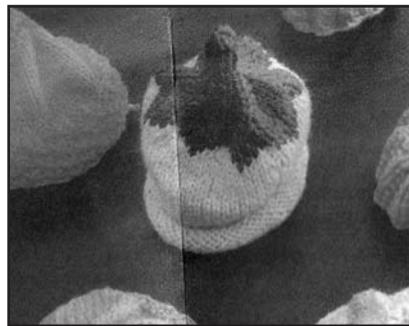
“The reason

I think the class is so popular is because we donate everything to charities, we don’t sell on strand of yarn,” Gresser said.

A grandmother of 18 and great-grandmother of nine children, Gresser said the family tradition of knitting is not in jeopardy of ending anytime soon. “I have taught my children how to knit. I basically teach anyone that comes in my aura,” Gresser said.

“The joy I get from the class is extremely warming,” Gresser said. “The fact that we are creating something brings me a lot of joy. My mother was a social worker and my father was a minister so teaching and helping others runs in my family.”

Bravo! Eve Gresser teaches a Knit for Charity Class in Greenbelt, Maryland.



Baby hats are some of the various knitted items Eve Gresser’s Knit for Charities class donates to local charities.

Along with instructing the Knit for Charity class, Gresser is a copy editor for the community paper and a volunteer for Greenbelt Homes and Incorporated (GHI).

“Having such a close knit group, working together for a purpose is a great feeling,” said Greenbelt resident Pearl Siegel, 84. “I know what we’re doing is worthwhile we’re not just playing around.”

*Prince George’s County Gazette, MD
June 28, 2007*



Greetings Everyone!

Hope the Summer went well for everyone. It sure was busy for me and had some new fun firsts for my little ones. They were able to go to their first theatrical play! It was fun. The designs the quarter are an assortment of skill levels and uses. The first, Lazy Daisy is simply enough for a beginner, and nice enough for even the advanced crocheter. It is a Layette set, either for going home or burial. The Triple Treat NICU Set is some what tougher. It uses bobbins and has a lot of color changing. Both designs can be made using the charts from the March and June Newsletters, and as usual both are copyrighted, so please use for charity only. Enjoy Fall, Harvest and the beginning of the holidays.

Happy stitching!
Sara Greer

504 Toledo Street
Aurora, Colorado 80011
303-360-0635 Mountain time.
carewearsandmadewithlove@yahoo.com

Lazy Daisy

This pattern is truly lazy work for those who have experience. If you are a beginner it should be pleasant to work.

Main Color: Green

Trim Colors: Yellow and White

Trims: White Ribbon

Daisy

Make 9

Rnd 1: With yellow, ch 2, 5 sc in the 2nd ch from hk, join. 5 sc

Rnd 2: Ch 1, 2 sc in the same st and in each sc around, join, changing to white. 10 sc

Rnd 3: *(Ch 5, sc in the 2nd ch from hk and in each ch across, sl st in the same sc) twice, ch 5, sc in the 2nd ch from hk and in each ch across, sl st in the next sc, rep from * around, join, finish off. 30 petals

Bonnet

Ch 3, join to form a ring.

Rnd 1: Ch 2, 12 dc in ring, join.

Rnd 2: Ch 2, 2 dc in the same st and in each st around, join.

Rnd 3: Ch 2, 2 dc in the same st, dc in the next dc, (2 dc in the next dc, dc in the next dc) around, join. You will now be working in rnds.

Row 1: Ch 2, 2 dc in the same st, dc in the next 2 dc, (2 dc in th dc in the same sp, dc in each unworked st of row 5 of bodice, join. 20 dc

Rnds 2-8: Ch 2, dc in the same st and in each dc around, join. End rnd 8 by changing to yellow.

Rnd 9: Ch 1, work rsc around, join, finish off.

Dress

Bodice

Row 1: Ch 44, dc in the 3rd ch from hook and in the next 3 chs, 3 dc in the next ch, dc in the next 7 chs, 3 dc in the next ch, dc in the next 11 chs, 3 dc in the next ch, dc in the next 7 chs, 3 dc in the next ch, dc in each rem ch.

Rows 2-5: Ch 2, turn, dc in the same st and in each st across to middle dc of next 3-dc group, 3 dc in the middle dc of 3-dc group, (dc in each dc across to middle dc of next 3-dc group, 3 dc in the middle dc of 3-dc group) 3 times, dc in each dc across.

Row 6: Ch 2, turn, dc in the same st and in each dc across to the middle dc of the next 3-dc group, *yo, insert hk into middle dc of 3-dc group, sk all dc between, insert hk into middle dc of next 3-dc group, yo and pull up a lp, (yo and draw through 2 lps on hk) twice, dc in each dc across * to the middle dc of next 3-dc group, rep between *s across.

Rows 7 and 8: Ch 2, turn, dc in the same st and in each dc across. At the end of row 8 join with a sl st to 6th dc. You will now be working in rnds. 41 dc

Skirt

Rnd 1: Ch 2, 2 dc in the same st and in each dc and ch around, join. 84 dc

Rnds 2-14: Ch 2, dc in the same st and in each dc around, join. End rnd 14 by changing to yellow.

Rnd 15: Ch 1, work rsc around, join, finish off.

Sleeves

Rnd 1: Join green with a sl st in the middle of arm pit, ch 2, dc in the same sp, dc in each unworked st of row 5 of bodice, join. 20 dc

Rnds 2-8: Ch 2, dc in the same st and in each dc around, join. End rnd 8 by changing to yellow.

Rnd 9: Ch 1, work rsc around, join, finish off.

Diaper Cover

Row 1: With yellow, ch 4, sc in the 2nd ch from hk and in each ch across. 3 sc Work the following rows in the BLO until indicated otherwise.

Row 2: Ch 1, turn, sc in the same st, ch 1, sk the next sc, sc in the last sc.

Row 3: Ch 1, turn, sc in the same st and in each sc across.

Rows 4-38: Rep rows 2 and 3, 17 times then rep row 2 once more. Ch 1, turn, working in the BLO of row 38 and in the free lps of row 1, sl st the 2 ends tog., ch 1 changing to green, and turn right side out, you will now be working in rnds.

Rnd 1: Sc in the end of each row around, join in both lps. 38 sc All rnds are worked in both lps.

Rnd 2: Ch 1, sc in the same st, (2 sc in the next sc, sc in the next sc) around, join. 57 sc

Rnds 3 and 4: Ch 2, dc in the same st and in each st around, join in both lps.

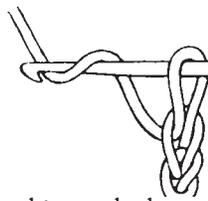
Rnd 5: Ch 2, (dc dec, dc) around, join in both lps. 38 dc

Rnd 6: Rep rnd 3. You will now be working in rows.

Row 1: Ch 2, dc in the same st and in the next 6 dc. 7 dc

Rows 2-4: Ch 2, turn, dc in the

continued on page 21



Crochet Column

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same st and in each dc across.

Row 1: With right side facing, sk the next 12 dc, join yarn with a sl st in the next dc, ch 2, dc in the same st and in the next 6 dc. 7 dc

Rows 2-4: Work rows 2-4 above, do NOT finish off.

Turn inside out. Holding right sides tog., working through all 4 lps, sl st the 2 pieces tog., do NOT finish off.

Edging

Rnd 1: Ch 1, working in the ends of rows and in the sk sts on rnd 6, work 30 sc evenly around, join. 30 sc

Rnd 2: Ch 1, sc in the same st and in each sc around, join, changing to yellow.

Rnd 3: Ch 1, rsc in the same st, and in each st around, join, finish off. For second leg hole join yarn with a sl st in the end of row at joining and work rnds 1-3 above.

Booties

Rnd 1: With MC, ch 8, 4 dc in the 3rd ch from hook, dc in the next 4 chs, 7 dc in the last ch, working in opposite side of chs, dc in the next 4 chs, 3 dc in the same ch as beg. 4 dc, join.

Rnd 2: Ch 2, 2 dc in the same st and in the next 3 dc, dc in the next 4 dc, 2 dc in the next 7 dc, dc in the next 4 dc, 2 dc in the next 3 dc, join.

Rnd 3: Ch 2, using the same st and next dc, dc dec, dc dec 3 times more, sc in the next 10 dc, sc dec, sc in the next 10 dc, dc dec three times, join.

Rnd 4: Sl st in the next 2 sts, ch 2, using the same st and next st dc dec, sc in the next 8 sc, sc dec, sc in the next 8 sc, dc dec, double dc dec, join.

Rnd 5: Sl st in the next st, ch 1, sc in each sc around, double dc dec, join.

Rnds 6 and 7: Ch 2, dc in the same st and in each st around to last st, 2 dc in the last st, join. End rnd 7 by changing to yellow.

Rnd 8: Ch 1, work rsc around, join, finish off.

Blanket

Row 1: Ch 77 loosely, dc in the 3rd ch from hk and in each ch across. 75 dc

Rows 2-42: Ch 2, turn, dc in the same st and in each dc across. At the end of row 42 do NOT finish off, work last dc changing to yellow.

Edging

Working in sides of rows, free lps of beg. ch and in tops of sts, work rsc evenly around, join, finish off.

Finishing

Weave in all ends.

Using photo as a guide, glue flowers on using Fabri-Tac.

Weave ribbon through rnd 1 of dress. Weave ribbon through rnd 7 of booties.

Weave ribbon through eyelets of diaper cover.

Glue ribbon to inside of bonnet.

Glue Velcro in place to close the back.

Triple Treat NICU Set

This NICU Set can be made for a boy, a girl, or either just by changing the colors. I used Red Heart Soft Baby yarn. For a boy I used white as the main color, yellow for the cone, green for flavor 1, lassie for flavor 2, and blue for flavor 3. For a girl I used white as the main color, yellow for the cone, lilac for flavor 1, kitten for flavor 2, and pinkie for flavor 3. For either I used white as the main color, yellow for the cone, blue for flavor 1, giggle for flavor 2, and pinkie for flavor 3.

Unfortunately the pictures for this one turned out horrible in black and white and I didn't have time to make a new one to take pictures of, as I had already took this one to the hospital. I'll describe the blanket a little bit and if you'd like I can e-mail any one who tells me they'd like a picture. Sorry, hopefully this won't happen again. The blanket is a background of white with 3 rows of 3 ice cream cones. The hat looks like a bowl of ice cream

and the booties and kimono are solid colors.

Cluster Stitch (cl): yo, inset hk where indicated, yo and pull up a lp, yo and draw through 2 lps, (yo, inset hk in same st, yo and pull up a lp, yo and draw through 2 lps) twice, yo and draw through all 4 lps on hk.

Bobbins

Wind 9 bobbins of yellow and 3 bobbins of each flavor
yellow 6 yds each
each flavor 5 yds each

Hat

Rnd 1: With flavor color 3, ch 3, join to form a ring. Ch 2, (cl, ch 1) 4 times, join. 6 cl, 6 ch-1 sps

Rnd 2: Sl st in the next ch-1 sp, ch 2, *(cl, ch 1, cl) all in the same sp, ch 1, rep from * around, join. 12 cl and 12 ch-1 sps

Rnd 3: Rep rnd 2. 48 cl and 48 ch-1 sps

Rnds 4-7: Sl st in the next ch-1 sp, ch 2, cl in the same sp, ch 1, (cl in the next ch-1 sp, ch 1) around, join. At the end of rnd 7 finish off.

Rnd 8: With hat turned wrong side out, yellow with a sl st in any ch-1 sp, ch 2, cl in the same st, ch 1, (cl in the next ch-1 sp, ch 1) around, join.

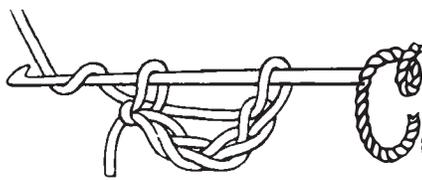
Rnds 9 and 10: Rep rnd 4 twice. At the end of rnd 10 finish off.

Kimono

Row 1: With flavor color 2, ch 39, dc in the 3rd ch from hook and in the next 3 chs, 3 dc in the next ch, dc in the next 7 chs, 3 dc in the next ch, dc in the next 11 chs, 3 dc in the next ch, dc in the next 7 chs, 3 dc in the next ch, dc in each rem ch.

Rows 2-5: Ch 2, turn, dc in the same st and in each st across to middle dc of next 3-dc group, 3 dc in the middle dc of 3-dc group, (dc in each dc across to middle dc of next 3-dc group, 3 dc in the middle dc of 3-dc group) 3 times, dc in each dc across.

continued on page 22



Crochet Column

continued from page 21

Row 6: Ch 2, turn, dc in the same st and in each dc across to the middle dc of the next 3-dc group, *yo, insert hk into middle dc of 3-dc group, sk all dc between, insert hk into middle dc of next 3-dc group, yo and pull up a lp, (yo and draw through 2 lps on hk) twice, dc in each dc across * to the middle dc of next 3-dc group, rep between *s across.

Rows 7 and 8: Ch 2, turn, dc in the same st and in each dc across. At the end of row 8 join with a sl st to 6th dc. You will now be working in rnds. 41 dc

Row 9: Ch 2, turn, dc in the same st, (2 dc in the next dc, dc in the next dc) across. 61 dc

Row 10: Ch 2, turn, dc in the same st, cl in the next dc, (ch 1, sk the next dc, cl in the next dc) across, dc in the last dc.

Row 11: Ch 2, turn, dc in the same st, ch 1, (cl in the next ch-1 sp, ch 1) across, dc in the last dc.

Row 12: Ch 2, turn, dc in the same st, cl in the next ch-1 sp, (ch 1, cl in the next ch-1 sp) across, dc in the last dc.

Rows 13-19: Rep rows 11 and 12, 3 times then row 11 once more. At the end of row 19 change to white for plackets.

Plackets

Right

Row 1: Ch 1, work in the ends of rows, work sc in the end of each row. 38 sc

Rows 2-4: Ch 1, turn, sc in the same st and in each sc across. At the end of row 4 finish off.

Left

Row 1: With RS facing join yarn with a sl st in the top of left side. Ch 1, working in the ends of rows 2 sc in the end of each row. 38 sc

Rows 2-4: Rep rows 2-4 of right placket. At the end of row 4 do NOT finish off.

Edging

Ch 1, turn, 2 sc in the same st, sc in each sc across left placket, working 3 sc in the corner, working in the ends of placket rows and in tops of sts on row 19 sc across to right placket, working 3 sc in the corner again. Sc in each sc up right placket, work 3 sc in corner, working in ends of placket rows and free lps of beg. ch sc across to beg. sc, sc in the same st as beg. sc, join, finish off.

Booties

Rnd 1: With flavor color 1, ch 8, 4 dc in the 3rd ch from hook, dc in the next 4 chs, 7 dc in the last ch, working in opposite side of chs, dc in the next 4 chs, 3 dc in the same ch as beg. 4 dc, join.

Rnd 2: Ch 2, 2 dc in the same st and in the next 3 dc, dc in the next 4 dc, 2 dc in the next 7 dc, dc in the next 4 dc, 2 dc in the next 3 dc, join .

Rnd 3: Ch 2, using the same st and next dc, dc dec, dc dec 3 times more, sc in the next 10 dc, sc dec, sc in the next 10 dc, dc dec three times, join.

Rnd 4: Sl st in the next 2 sts, ch 2, using the same st and next st dc dec, sc in the next 8 sc, sc dec, sc in the next 8 sc, dc dec, double dc dec, join.

Rnd 5: Sl st in the next st, ch 1, sc in each sc around, double dc dec, join.

Rnds 6 and 7: Ch 2, dc in the same st and in each dc around, join.

Rnd 8: Ch 4, working in the FLO, dtr in the same st and in each dc around, join in both lps.

Rnd 9: Ch 1, insert hk in top of same dtr and into the free lp of first dc on rnd 7, yo and draw through all lps, insert hk into next dtr and next free lp of dc on rnd 7, yo and through all lps) around, join, finish off.

Tie

Ch 75, finish off.

Blanket

Row 1: Ch 85 loosely, dc in the 3rd ch from hk and in each ch across. 83 dc

Rows 2-7: Ch 2, turn, dc in the same st and in each dc across.

Rows 8-12 all cl are worked in yellow.

Row 8: Ch 2, turn, dc in the same st, and in the next 17 dc, (cl in the next dc, dc in the next 22 dc) twice, cl in the next dc, dc in each rem. dc across.

Row 9: Ch 2, turn, dc in the same st, and in the next 16 dc, (cl in the next dc, ch 1, cl in the next dc, dc in the next 20 dc) twice, cl in the next dc, ch 1, cl in the next dc, dc in each rem. dc across.

Row 10: Ch 2, turn, dc in the same st, and in the next 15 dc, (cl in the next dc, ch 1, cl in the next ch-1 sp, ch 1, cl in the next dc, dc in the next 18 dc) twice, cl in the next dc, ch 1, cl in the next dc, dc in each rem. dc across.

Row 11: Ch 2, turn, dc in the same st, and in the next 14 dc, [cl in the next dc, ch 1, (cl in the next ch-1 sp, ch 1) twice, cl in the next dc, dc in the next 16 dc] twice, cl in the next dc, ch 1, (cl in the next ch-1 sp, ch 1) twice, cl in the next dc, dc in each rem. dc across.

Row 12: Ch 2, turn, dc in the same st, and in the next 13 dc, [cl in the next dc, ch 1, (cl in the next ch-1 sp, ch 1) 3 times, cl in the next dc, dc in the next 16 dc] twice, cl in the next dc, ch 1, (cl in the next ch-1 sp, ch 1) 3 times, cl in the next dc, dc in each rem. dc across.

Rows 13-15: all cl are worked in flavor 1.

Row 13: Ch 2, turn, dc in the same st, and in the next 13 dc, [cl in the next cl, (ch 1, cl in the next cl) 4 times dc in the next 22 dc] twice, cl in the next cl, (ch 1, cl in the next cl) 4 times, dc in each rem. dc across.

Row 14: Ch 2, turn, dc in the same st and in the next 14 sts, [cl in the next ch-1 sp, (ch 1, cl in the next ch-1 sp) 3 times, dc in the next 16 sts] twice, cl in the next ch-1 sp, (ch 1, cl in the next ch-1 sp) 3 times, dc in each rem. dc across.

continued on page 23

Knit Column continued from page 22

Row 15: Ch 2, turn, dc in the same st and in the next 15 sts, [cl in the next ch-1 sp, (ch 1, cl in the next ch-1 sp) twice, dc in the next 18 sts] twice, cl in the next ch-1 sp, (ch 1, cl in the next ch-1 sp) twice, dc in each rem. dc across.

Rows 16-22: Ch 2, turn, dc in the same st and in each st across.

Rows 23-37: Rep rows 8-22. Rows 13-15 will be worked in flavor color 2.

Rows 38-52: Rep rows 8-22. Rows 13-15 will be worked in flavor color 3.

Edging

Rnd 1: Ch 1, turn, 2 sc in the same dc, sc in each dc across to the last dc, 3 dc in the last dc, working in the ends of rows, work 2 sc in the end of each row, work 3 sc in the first free on opposite side of beg., sc in each free

lp across, working 3 sc in the last lp, working in the ends of rows, work 2 sc in the end of each row, sc in the same dc as beg. sc, join.

Rnd 2: Ch 4, working in the FLO, dtr in the same st and in each dc around, join in both lps.

Rnd 3: Ch 1, insert hk in top of same dtr and into the free lp of first dc on rnd 7, yo and draw through all lps, insert hk into next dtr and next free lp of dc on rnd 7, yo and through all lps) around, join, finish off.

Finishing

Weave in all ends.

Turn up last 2 rnds of hat for brim.

Glue Velcro to plackets.

Weave ties through rnd 7 of booties.



Pocono Medical Center

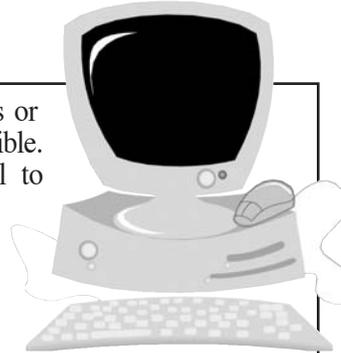
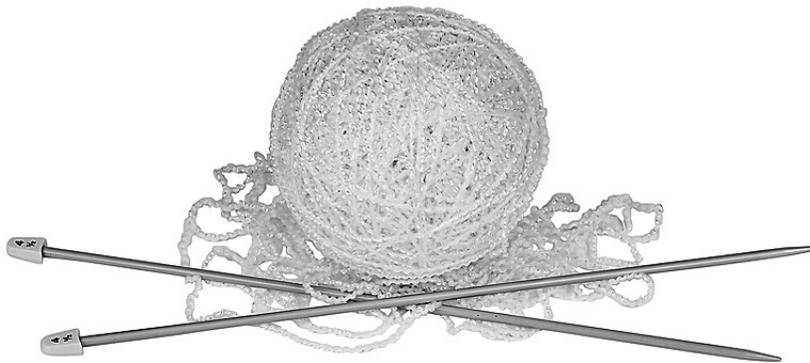
Bonnie: Once again, thank you for the flannel and yarn. I will be taking it down to the hospital on Tuesday when I go to volunteer. I have just started to learn how to sew, so I am looking forward to making some receiving blankets. Again, thank you for the CareWear Volunteers of PMC.

A Thank You from Dave Justus (Toys for Kids):

Dave sent a letter of thanks for CareWear Volunteers donations of toys for children in the Morrisville, NY area. For the past 35 years he's been providing toys for children at Christmas time to help out Santa. Each child in need receives three toys at no cost to their families. In the past year 876 local recipients (in the areas of Clinton, Essex, and Franklin counties) received toys. Each and every year toys are sent to the Children's Wing at Mary Fletcher Hospital in Vermont.

During the year Dave helps families whose homes have burned. He also collects food and clothing to help families in emergency situations.

Donations may be mailed directly to TOYS FOR KIDS, Dave Justus, 316 Soper Street, Morrisonville, NY 12962. To talk with Dave about his specific needs call--518-643-0955.



If you have patterns, photos, e-mail thank you letters or information to share, please send via e-mail if that is possible. The easiest way for me to deliver newsletter material to **Margie Hunter** is via e-mail. Having the material in electronic form provides the clearest reproduction in the newsletter. Clarity is lost when hardcopies must be scanned into the computer and time is lost when I have to mail envelopes to Margie. For those who do not have Internet access, OF COURSE, I welcome hardcopies in the U.S. mail. But, if there's a choice, please opt for e-mail to hagerman@hood.edu. Please clearly PRINT names, text, group name, and location for each photo.

Remember that I prepare newsletters two months before the distribution month. This September newsletter will be finished and delivered to the printer on August 1st. Anything received after Margie & I finish an issue will be saved for the next issue.

Another "thank you" to Margie for contributing her expertise to CareWear Volunteers.

Lazy Knitting with Cathy



The Truth About UFOs Revealed!

Among us savvy knitters the term UFO refers to unfinished objects and the truth is that many of us have a lot of UFOs floating around or tucked away, some for a very, very long time. The renowned sculptor Rodin had the same habit. Maybe his famous statue "The Thinker" was wondering what to do with them all and why did he have so many.

The main reasons for UFOs are:

Boredom: a) It's taking a long time to finish and it doesn't look that great.

b) The tricky part that was the challenge is solved and there aren't any more interesting parts to do.

Distraction: a) A new idea, pattern, stitch, item, yam has caught the eye and is begging to be tried.

b) A quicky gift is needed for a new baby, birthday party, house warming, shower, fund raising, etc.

Disappointment: a) The new yam is not working out. It doesn't show the pattern or stitch as expected.

b) The new pattern or stitch is not showing the yam as hoped.

c) The color is horrible.

d) The yarn splits easily, catches on the needle, etc.

Global climate changes: a) Suddenly it's spring and a heavy hooded sweater isn't needed.

b) The North Wind doth blow and lacy cotton tank tops must give way to warm sox, hats, scarves, mittens, etc.

Difficulty: a) The stitch is too much trouble to make. It requires awkward maneuvers with the needles or yam.

b) It is going to take a master tailor or seamstress to assemble all the parts.

c) The rhythm of the stitch is "off". Oops factor: a) Ran out of yam and it is no longer available.

b) Lost the pattern and no duplicate is available.

c) Misread the directions and the size small sleeve will not fit the large back and front.

Snags: a) The new design required rethinking to achieve the desired result.

b) The gauge has to be changed and the item reworked.

c) New needles have to be bought or made.

d) Old needles have to be found.

e) Current needles OK but one of them disappeared.

Over ambition: The item is going to take far too much time or additional yam (= more \$\$) to complete.

Forgetfulness: "Out of sight, out of mind" didn't become a catch phrase by accident. The new baby is now a high school student.

Last is weaving in all loose ends and blocking to complete the item.

There are solutions for all of the above, not least of which is to frog (rippit, rippit) and use the yarn for a new project or return it to the stash... or a firm mental resolution to finish what you start (sigh).

One designer on "Knitty Gritty" said she worked on one project until she completed it and another said she didn't have a yam stash!! Both were young, so time might bring changes to them.

In the meantime I have often thought that if I have to finish all my UFOs and use up all my yam before I go,

I ain't goin'. Periodically, in a burst of over ambition, I set out to clear up all the accumulated UFOs and excess yam and "do something!" with it. A prowl through closets' lumpy plastic bags and cardboard storage boxes can erupt into jolting surprises, not to mention trips down memory lanes and murky back waters. The simplest and easiest solution is, "Let's make an afghan!" I have seen yam bought for an

afghan pattern and once I did, too, for a Barbara Walker sampler, but I was distracted and started using the yarn for other things.

Ever wonder why there are sooo many pattern books and booklets for afghans? I suspect that many an afghan is at heart the conscience salving of UFOs... and as Jerry Seinfeld would say, "not that there's anything wrong with that."

Afghans and lap robes are perfect solutions because all the ingredients are at hand. Colors from various projects are usually compatible because they were your choice in the first place. The weights of yarns can be adjusted easily. Two strands of sport weight yam will equal a worsted weight yarn. Two strands of fingering weight equals one sport weight yarn so two strands of fingering weight and one strand of sport weight can be used together to match up with the weight of worsted weight yarn and two strands of worsted weight yam is the same as a bulky weight yarn. The mind can boggle at the amount of yam that can disappear in the making of one baby blanket or lap robe!

When combining three or more strands of yarn crocheting may be the preferred method because there is less likelihood of mistaking an extra strand as a separate stitch. Crocheting also gives a break from knitting and you can make your own simple pattern. If you want to knit, adapt the basic baby blanket or wash cloth pattern and use the various colors of the yams to form a stripe pattern or coordinated medallions. Think carefully, though because you do not want to set yourself up for another UFO!

However, if you are in the mood to do some needle work you can practice mattress or whip stitch seams. Check out the toy patterns for both knit and crochet. Sara Greer and Terry Kimbrough have given

continued on page 25

Seamless and Two Needle Garter Stitch Hat To Match Cardigan

Shown on Page 25 of January 1999 Handbook

SEAMLESS PATTERN

Materials: 100% acrylic
3 Ply Baby Yarn
OR 3 ply sport weight yarn
double pointed needles
#3 & #5
OR #4 & #6
blunt steel tapestry needle #16

DIRECTIONS: Small size is given, larger sizes in (). With **larger** needles, starting with a single loop, which counts as a knit st, using the long rail method, cast on 48 (56 - 64 - 72) sts in (KI, PI) rib pattern on 3 needles. Being careful not to twist sts, join by knitting the single loop with the loose yarn end. Return knit st to left hand needle (LHN). Tug on end to tighten st and close up joining. This eliminates a bump at the joining. Change to **smaller** needles. Work in (KI, P I) rib for 13 (17 - 21 - 25) rounds. Change to larger needles and work hat pattern as follows: - multiple of 8 sts.

Round 1: (KI, P7) around.

Round 2: K around. Repeat these two rounds for B (17 - 21 - 25) rounds. All K round would be next.

DECREASE as follows:

Round 1: KI, slip this st onto right hand needle. K2 together (tog) around - 24 (28-32-36) sts.

Round 2: (p3, KI) around.

Round 3: K2 tog around - 12 (14-16-18) sts.

Round 4: (p1, KI) around.

Round 5: K2 tog around - 6 (7-8-9) sts.

Round 6: Lay yarn over needle in front of first st and pull sts over one by one.

FINISHING: Allowing for a 6" tail, pull yarn through last loop and cut yarn. Thread tapestry needle and drop through hole in top of hat. Pull up

yarn to close hole and weave yarn through these last sts twice, then through several sts outside the circle. Cut off yarn end. Weave in yarn end at cuff on the inside of the turn up.

TOP KNOT: Using long tail method, cast on 40 sts then bind off these sts. Arrange in three loops as shown and attach to top s curely.

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Row 2: (p1, K3) across to last st, PI.

Row 3: KI, (K2 tog) across -13(15-17-19) sts.

Row 4: (p I, K I) across to last st, PI.

Row 5: KI, then K2 tog across -7(8-9-10) sts.

FINISHING: Allowing for enough yarn to seam sides, cut yarn.

Thread tapestry needle and slip last sts onto it. Pull up tightly, run yarn through these sts twice. Seam edges tog; seam on inside of cuff turn up. Add topknot.

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TWO NEEDLE PATTERN

Materials: Same as for seamless but use straight needles or circular needles used as straight needles.

DIRECTIONS: With **larger** needle, using long tail method, cast on 49 (57 - 65 -73) sts in (KI, PI) rib pattern, ending K1. Change to **smaller** needles and work rib pattern:

Row 1: wrong side: (p1, KI) to last st, PI.

Row 2: (KI, PI) to last st, KI. Repeat these two rows until 13 (17-21 - 25) rows, including cast on row, are completed and next row will be a wrong side row. Change to larger needles and work hat pattern as follows: - multiple of 8 sts plus 1.

Row 1: wrong side (PI, K7) across to last st, PI.

Row 2: Knit across.. Repeat these two rows for 13 (17-21-25) rows and next row will be a right side row,

DECREASE as follows:

Row 1: KI, then K2 together (tog) across - 25 (29-33- 37) sts.

The Truth About UFOs Revealed!

continued from page 25

us many designs that can use up odds and ends of yam. If you are new to Care Wear, back issues are available on the website www.carewear.org,

About five years ago in an attempt to tame the stash, I took yarn and needles with me to while away the time in a waiting room and a gal there told me about Care Wear Volunteers. I thought it was a great idea for using up yam (and burnishing up the halo). The halo's nice and shiny but ooh the stash keeps growing, this time with baby weight yam and more patterns and more knitting books and more needles, etc., etc., etc. Why? Mainly because I have EDS (easily distracted syndrome). Once near any yarn, I start thinking of how it would look knitted up into something and have to take it home to try it out, right now! Ignore the other UFO's, here's a new toy to play with... and so it goes: one more addition to the stash, one more UFO possibly. Just another example of "Do as I say... not as I do."

More Gadgets

At some point you might want to try Fair Isle or stranded knitting. This involves changing colors in the same round or row. In mosaic knitting in with one color is knit and the other color stitches are slipped. The items shown here are use for Fair Isle or any stranded color work.

In addition, if gardening or rough yarn has caused you to have a sore index finger, one of these gadgets can protect it and allow pain free knitting. In the "old days" the finger from an old kid glove was used to cover the yarn carrying finger but has anyone seen a kid glove lately?

A customer reviewer on the Joann.com site who knits English or American style stated she used one although the illustrations show the yarn held in the left hand for Continental style. Another reviewer said she had arthritis but by using one of these she was able to crochet without pain and her 8 year old granddaughter used one to



control the yarn as she learned to crochet. These items can be found in the notion section of needlework departments. It is easier to find these in a store if you bring the pictures along so a clerk knows what you want. Mail order on the internet usually requires a minimum \$\$ amount plus shipping fees and is impractical for one or two notions.

However, looking for them is a legitimate reason to head for the yarn area and research there is always excusable, not to say absolutely necessary for all us dedicated Care Wear Volunteers.

The list price for the thimbles is \$2.99 each; the Clover brand Yarn guide is listed at \$4.49.

Questions and comments can be sent to Cathy Gilroy, 7 Buena Vista Rd., Port Jefferson, NY 1177-1206
e-mail: zolfoknitter@yahoo.com
Tel: (631) 473-7825



Several people inquired about the cute crochet hat that appears on the Care Wear Volunteers website (<http://www.carewear.org>) on the PATTERNS page (upper left hand corner). In the June 2007 newsletter (page 24) I asked if anyone had a pattern to make that hat and Darlene Price was kind enough to research this and send the following websites. I will try to get permission to reprint one or more of these patterns in the December newsletter. I know that some of you do not have Internet access.

Scalloped Bonnet by Abigail Goss of Crotiques on <http://www.geocities.com/gossgirl2/sbonnet.htm?200510>

or

Premie Bonnet for Tiny Angels (Lyn's Designs) on <http://www.angelfire.com/tx5/angelcrafts/patterns/premiebonnet.html>

or

Barb & Cita's Premie Hat (by Barbara Wampler) on <http://www.touchinglittlelives.org/barbcitahat.html>

or

Bev's Micro Premie Bonnet 1-2 pounders on <http://www.bevscountrycottage.com/micro-premie-bonnet.html>

or

Toni's Hats (Toni Kimmell) on <http://www.bevscountrycottage.com/tonis-hats.html>

Hello, I put a request out for burial gowns a while ago for Southern Maine Medical Center in Biddeford, Maine. We were generously given enough gowns to last us a while. Thank you to all the people who donated. The quality of the gowns was fabulous and so cute. We hope to never have to use them but I'm sure we will. We do not need any more. I will personally send a letter of thanks to those that left a return address on the donations. And those who did not please post a big thank you to them from us and the families that will utilize the gowns. People who do this out the goodness of their hearts deserve so much more then words can say. It's heartwarming to know there are so many little angels looking out for us and so many selfless people out there. Thank you from the bottom of my heart. The packages brought tears to my eyes. Love and hugs to you all,

Julie Baker Smmc
--Biddeford Maine

The Force of Kindness

By Jo Ellen Gluscevich

“No act of kindness, no matter how small, is ever wasted” (from “The Lion and the Mouse” written by the Greek fable author, Aesop).

There is much good to be said about kindness, which has numerous synonyms. Some of these include compassion, being tender, considerate, humane in treatment of others, helpful, generous, sweet and agreeable. In addition, kindness is one of the seven holy virtues.

Many books have been written on the role kindness plays in everyday life, and the effects it has on its givers and recipients. German philosopher and novelist Johann Wolfgang von Goethe said many years ago that “Kindness is the golden chain by which society is bound together.” I wonder if I am alone in thinking that, in today’s society, that chain seems to be weakening.

Sadly, some people either don’t take the time or have the time to be kind. Face it, we seem to live in a “rat-race” world where everyone is in too much of a hurry to fulfill their own needs or to get to their next destination. Meanwhile, anger, frustration, rudeness and even selfishness seems to abound.

How has your day been so far? Have you had the opportunity to lend a helping hand or offer some kind and encouraging words to another? Did you smile at someone on the elevator or hurriedly brush by him in order to get where you were going? And, what about your commute to work? Was it a pleasant one, or did you or others drive erratically, weaving in and out of lanes while cutting off other motorists? More than likely, you observed some racing, cursing, horn blowing and hand gestures—all which contribute to the serious problem of road rage in our country.

Certainly we are living in difficult times;

our country is at war and there is much anger over the fact that innocent men and women are dying every day. At best, we can only pray for their quick return home. And, wouldn’t it be refreshing to turn on the evening news and hear something positive for a change? Instead, we listen as newscasters once again speak of yet another “random act of violence.”

Occasionally we hear of a random act of kindness, and I will always remember the young man who was standing with his two young daughters at a New York subway. Another man had fallen onto the tracks after suffering a seizure. Without giving it a second thought, the first man, after telling his daughters not to move, jumped on top of the fellow and told him not to breathe or move. The fast-moving train missed them by about one inch, and a hero was born!

Certainly you will agree that it is much nicer to hear stories such as the above, as opposed to violent ones. Such a story renews my faith in mankind and makes me realize that there is still hope in the world. For several years now there has been an organization called the Random Acts of Kindness Foundation. Its main purpose is to simply bestow some small unexpected gesture of kindness upon a stranger. An example of such an act would be to pay the toll fee for the driver behind you. There are no ulterior motives; just a desire to make others smile.

Maybe I won’t give up on the acts of kindness after all. I believe that, with few exceptions, there is good in us. Perhaps we should start practicing it even more today. After all, as Ralph Waldo Emerson said, “You cannot do a kindness too soon because you never know how soon it will be too late.”

Editorial from

The Frederick News-Post, July 19, 2007



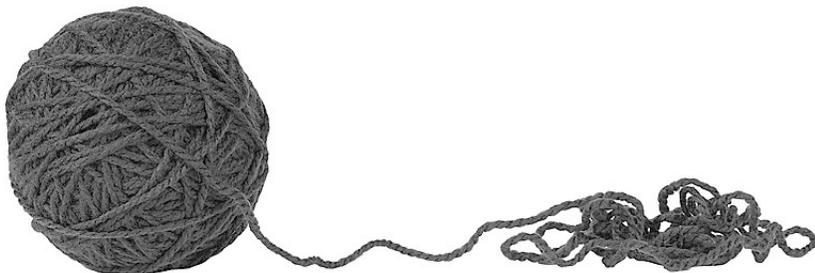
A Message from Frederick Memorial Hospital (Frederick, MD)

Frederick Memorial Hospital’s Birth-Place has been welcoming premature and other high-risk newborns in its Special Care Nursery for nine years. Now even earlier arrivals are getting the expert care they need in the hospital’s newly certified Neonatal Intensive Care Unit.

Having a local NICU here means babies born at just 28 weeks of gestation can stay in Frederick with their new Moms and Dads – rather than being whisked away by ambulance or helicopter to hospitals in Baltimore or Washington, D.C. for treatment.

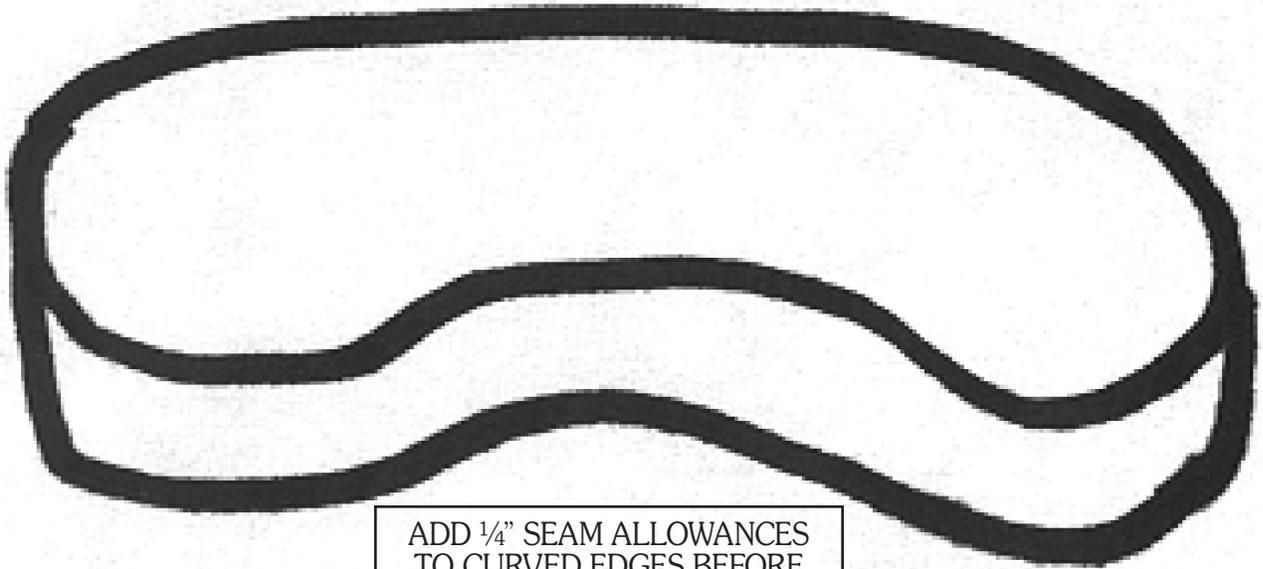
Of course, more premature babies staying at Frederick Memorial Hospital translates into increased demand for the beautiful and comforting pieces Care Wear volunteers create. The hospital is always in need of quilts, positioning “snakes” and specialty clothing. We also need small, stretchable hats made of soft acrylic in pinks, blues, greens and purples; as well as special day hats for Christmas, Halloween and other holidays.

If you’re up for a challenge, try out one of the new patterns for breast-feeding pillows (this page), “snugglers” (page 30) and beanbag positioning aides (page 29)– all included in this newsletter. Special Care Nursery Manager Diane Bocchino says we will need more of these items as we start caring for even smaller little ones.



Nursing Support Pillow

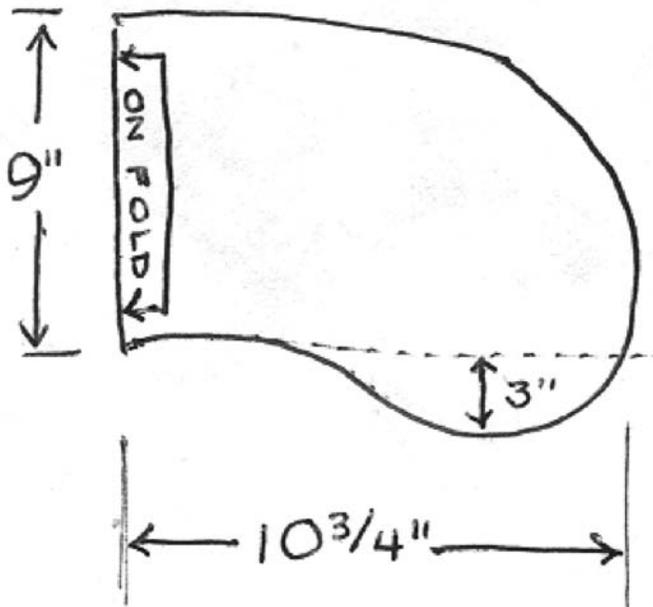
(This foam padded pillow is three inches thick and approximately 21 1/2" long. The Nursing Staff of Frederick Memorial Hospital (Frederick, Maryland) request these pillows for nursing mothers. The pillow is positioned on the mother's lap and the baby is cradled in the center. Please pardon my terrible drawing skills. This pillow is an even three inches thick all around. The fabric covering has a top layer, a bottom layer, and a three inch wide side panel. Toss pillows cut this way are called box pillows—as opposed to tapered knife edge.)



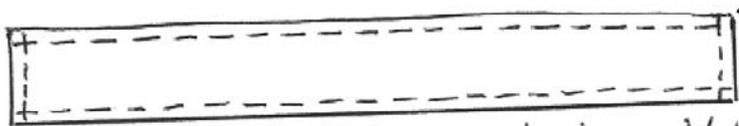
ADD 1/4" SEAM ALLOWANCES
TO CURVED EDGES BEFORE
CUTTING OUT FABRIC.
USE a soft washable fabric

Directions:

1. Add 1/4" seam allowances to the curved edges of the pillow pattern.
2. Cut two—on fold
3. Cut one side panel 3 1/2" x 63" (this includes 1/4" seam allowances)
4. Assemble cover top to side panel and bottom to side panel—leaving a large opening to insert foam.
5. Cut foam to shape of pattern—no seam allowances needed on foam.



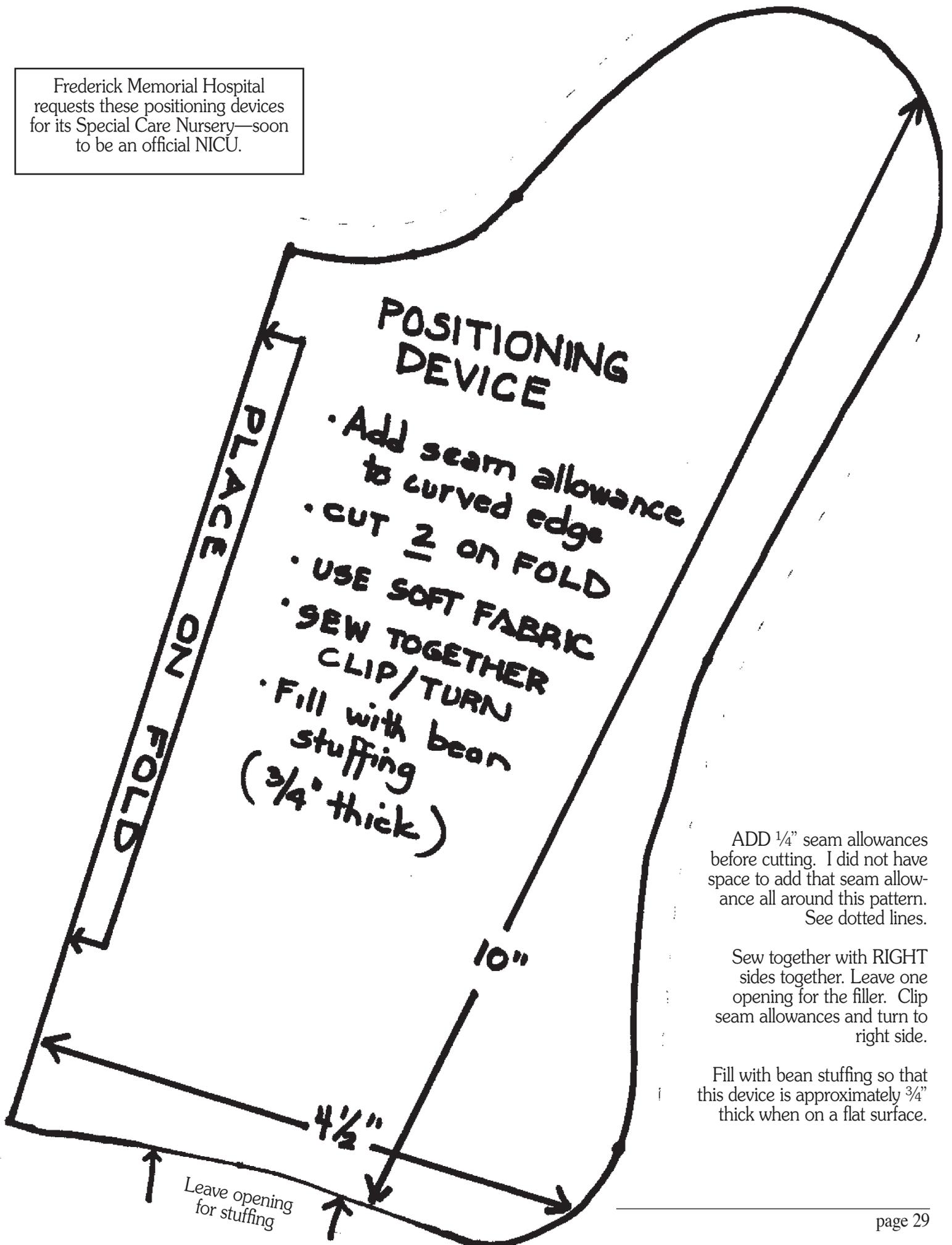
6. Hand stitch the opening closed



3 1/2" x 63" - includes 1/4" seam allowances

The full-size pattern for this nursing support pillow (as shown above) is available from Care Wear Volunteers. Send a stamped self-addressed envelope.

Frederick Memorial Hospital requests these positioning devices for its Special Care Nursery—soon to be an official NICU.

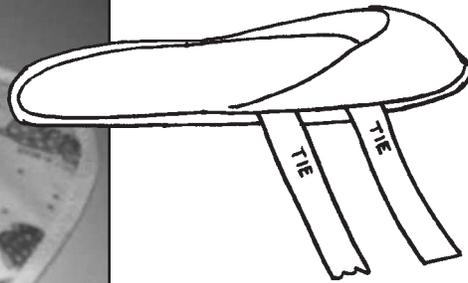


ADD $\frac{1}{4}$ " seam allowances before cutting. I did not have space to add that seam allowance all around this pattern. See dotted lines.

Sew together with RIGHT sides together. Leave one opening for the filler. Clip seam allowances and turn to right side.

Fill with bean stuffing so that this device is approximately $\frac{3}{4}$ " thick when on a flat surface.

Preemie Positioning Device



looks a bit like a large scuff slipper. Unfortunately, the pattern pieces are too large to reprint on 8" x 11" pages in this newsletter. I have prepared the pattern pieces and directions on two sheets of 11" x 17" paper and am happy

Nurses from Frederick Memorial Hospital showed me another preemie positioning device that they would love to have donated to their Special Care Nursery. It

to send them to you. This is a sewing pattern. Send me a stamped self-addressed envelope and I will enclose a copy of that pattern.



*This is the UNDERSIDE
(with a pocket to hold a heated gel pack)*



Montgomery County Department of Health & Human Services, Child Welfare Services, 8630 Fenton Street, 10th floor, Silver Spring 20910 has a new telephone number (240-777-1489) and new contact name (Liz Doonan). Please be sure to include a return address and your name so that an acknowledgment can be sent to you. Anyone living in the Rockville, Maryland area can contact Cheryl Banks, 240-777-1083 in the Rockville Child Welfare Services office.

Shortly after completing the Hospital Update Report, I received this information about a new hospital listing. For those of you in the Georgia area, consider this new hospital's requests.

Dorminy Medical Center Obstetrics

Mandy Tomberlin,
Director of OB/Pediatrics

200 Perry House Road/ P O Box 1447
Fitzgerald, GA 31750
229-424-7278 OB desk

Needs: Full-term items including going-home outfits.



This is Nikki, a male Tonkinese, who loves to climb and play in the Hagerman household.



This is not a good quality photo of Coco--the favorite in the Hagerman household. Coco is a 17-year old Burmese (chocolate brown) female who is loving, sweet, and playful. Recently recovered from an illness and now on medication for her thyroid, Coco weighs about 4 pounds. She was always a petite cat--5+ pounds at most. She always finds a comfortable spot on my lap while I'm reading, eating, or working at the computer



Here is an update regarding St. Louis Children's Hospital (St. Louis, MO). We have a new contact person, e-mail address, and telephone number for that hospital.

Dear Betty,

Thanks for thinking of the babies at St. Louis Children's Hospital. We would love your knitted and crocheted items for preemies and small infants. We have a newly expanded newborn intensive care unit - 75 beds - which means we have lots of babies. My contact and mailing information is below. Thanks so much.

Karen Ricker

St. Louis Children's Hospital Foundation
One Children's Place, #E254
St. Louis, Missouri 63110
Phone: 314.286.0995
email: krierker@bjc.org

Baby Dani

will soon arrive!

By the time most of you read this newsletter, she may already be here!

We are expecting our very first child this September. I am Margie Hunter and my husband is Dan Hunter. It is a very exciting time for us both. You might recognize my name. I am the designer who puts together this newsletter. I started volunteering for this wonderful cause at the beginning of the year.

Since my first article appeared on the front page of the March 2007 newsletter, many of you have asked if the photo with that article was of me or my friend, Ann. Well, it is me. Right after I found out I was pregnant!

A more recent picture shows me seven months pregnant and anxiously awaiting Dani's arrival.

My husband and I struggled over naming our baby, as I am sure most couples do. We finally decided to name her after her daddy. After all, I was a daddy's girl when I was young. My husband actually came up with the name Daniella. We will call her Dani, just like her daddy was called Danny when he was young. Her middle name is Marie, named after her great grandmother.

When I was sixteen years old, I was hit by a car (I was walking on the side of the



Daniella Marie Hunter



Margie Hunter



Margie Hunter
Seven months pregnant!

road). This accident broke my pelvis. So having children has always been the scary unknown for me. I waited until I was almost 40 years old (I'm 38 now). To attempt such a thing. Here I am now, eight months pregnant. Because of the injury, I will not be able to deliver naturally. It

is a very strange experience to actually *choose* your child's birthday. That is exactly what we had to do. We chose September 11th. Maybe having a new life on the 11th will be something good to remember on such a horrific day. I will always remember where I was on 9-11, nothing will erase that day. But, maybe having new life will make it easier to have different memories. Daniella is already my miracle, my hope, my future. September 11th has already changed our lives forever. This September 11th will change me and my husband lives again, replacing some of the sad memories with memories of life and hope.

Thank you for letting me share my story with each of you. On this September 11th, as each of us pause to reflect and remember, I hope that my story of Baby Dani will bring each of you a small amount of hope for our future.

Margie Hunter

A baby asked God,
"They tell me you are sending me to earth tomorrow, But how am I going to live there being so small and helpless?"

God said, "Your angel will be waiting for you and will take care of you."

The child further inquired, "But tell me, here in heaven I don't have to do anything but sing and smile to be happy."

God said, "Your angel will sing for you and will also smile for you. And you will feel your angel's love and be very happy."

Again the child asked, "And how am I going to be able to understand when people talk to me if I don't know the language?"

God said, "Your angel will tell you the most beautiful and sweet words you will ever hear, and with much patience and care, your angel will teach you how to speak."

"And what am I going to do when I want to talk to you?"

God said, "Your angel will place your hands together and will teach you how to pray."

"Who will protect me?"

God said, "Your angel will defend you even if it means risking her life."

"But I will always be sad because I will not see you anymore."

God said, "Your angel will always talk to you about Me and will teach you the way to come back to Me, even though I will always be next to you."

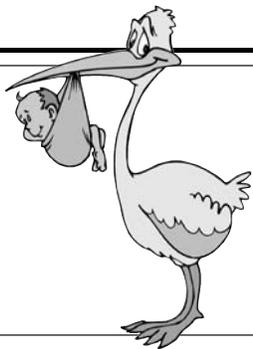
At that moment there was much peace in Heaven, but voices from Earth could be heard and the child hurriedly asked, "God, if I am to leave now, please tell me my angel's name."

God said, "You will simply call her,

Mom

Hospital List Revisions Since the June Newsletter

State	Hospital Name	Address	Phone	Needs
AL	University of Southern Alabama Childrens & Womens Hospital	Attn: NICU 1700 Center Street Mobile AL 36604-3394	251-415-1270	Preemie and full-term hats, booties, sweaters. Quilts & positioning snakes. Contact Renee Rogers, RN or Laury Byrd, RN, NICU.
FL	South Lake Hospital Attn: Volunteer Services	1099 Citrus Tower Blvd Clearmont FL 34711	352-241-4071 x8206	Contact Mary Ellen Tucker, Manager, Volunteer Services. Let me know what is needed.
FL	Peace River Regional Medical Ctr Clinical Coordinator, Women's & Children's Services	2500 Harbor Blvd Port Charlotte FL 33952	941-766-4415	Preemie (a few) & full term hats, Booties (need lots!), blankets (30 inch square or larger), a few micro preemie burial garments Contact: Susan Phillips, RN or Camille Robertson, RNC camille.robertson@prrmc.hma-corp.com
GA	Medical Center of Central Georgia	Attn: Manager- NICU 777 Hemlock Street Macon GA 32108	478-633-1450	Preemie and full-term hats, diaper shirts for babies of all sizes. Sleepers, gowns, etc. in preemie and newborn sizes. Contact JUDY DANFORD, NICU Manager
IL	Ronald McDonald Children's Hospital of Loyola University Medical Ctr	NICU, Russo, 5th floor Attn: Joan Townsend 2160 First Avenue Maywood, IL 60153	708-216-8621	(Most needed: Blankets & Booties. LOTS of hats on hand.) Hats, booties, kimonos, blankets/afghans/quilts 30 inch square and larger, mittens, burp cloths for 1.5 to 7 lb infants. Contact Joan Townsend, RN rockyrn53@hotmail.com
IL	LaRabida Children's Hospital, Attn: Volunteer Manager	East 65th St. at Lake Michigan Chicago, IL 60649	773-363-6700 x248	NO PREEMIES HERE. Full-term hats, booties, sweaters. Afghans for infants to teens. Blankets, fabric toys. Contact Judy Blakemore. Fax 773-363-0425. E-mail jblakemore@larabida.org
MD	Frederick Memorial Hospital Attn: Volunteer Services	400 West Seventh St Frederick, MD 21701	240-566-3567	Blankets/quilts, NEW fabric/knit/crochet-fiberfill toys, kimonos, hats & booties (2-12 lbs). A few 9 inch burial garments. Preemie positioning devices, Nursing, neck, & cough pillows, walker caddies, adult chemo hats. Contact Sharon Hannaby.
OR	Rogue Valley Medical Center, Family Birth Center	2825 E. Barnett Rd. Medford, OR 97504	541-789=4218	Preemie apparel & blankets, burial garments, single layer printed flannel squares-16x16, 14x24, or 12x16. Low supply of hats for 3-4 lbs. Contact: Cheryl Lewis
PA	Berwick Hospital Center OB Dept Nurse Manager	701 East 16th Street Berwick, PA 18603-2397	570-759-5180	SMALL Hospital. Well stocked at this time. Contact before sending. FT hats, small fabric toys/bears, burp cloths. P/FT booties. A few burial gowns & caps for stillborn infants. Call Judith H, RN. Fax 570-759-3473.
TX	St. Joseph's Medical Center NICU, 1st fl Womens Bldg	1819 Crawford Houston, TX 77002	713-756-8500	LARGE NICU. Baby hats, mitts, booties, burial gowns, bears, quilts, finger puppets, heart pillows (9x12), knit blankets (13x15" -pastel colors). Contact Melissa Rothmund, RNC or Lori Ward. Fax 713-657-7183



Wishing everyone a healthy and happy fall! Thanks for all that you do.
The next newsletter will be the DECEMBER 2007 issue.
Please be sure to send me address changes so that you receive the newsletter.
Also, note that bulk-rate mail has a high loss rate. Contact me if you don't
receive an issue. I have extras.
With best wishes, Bonnie



From:
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